Word Search

Mindful & Stoic

120 Puzzles

1200 Words

LARGE PRINT

For Adults and Teens

120 Motivational Phrases

Mindful Roots

PURPOSE OF THE BOOK

Discover an oasis of serenity with "Mindful Stoic Word Search," a book that blends mindfulness and stoicism. Each page offers more than just the search for letters; it's an invitation to tranquility.

Words weave into stoic quotes and principles, guiding you toward a strong and resilient mind. Immerse yourself in the magic of getting lost in the present moment while searching for words, finding a refuge of peace amidst daily chaos.

This book not only challenges your mind but also gifts moments of self-connection.

Every letter is a reminder of the importance of the now. Mindful Stoic Word Search is a soulful gift, providing the opportunity to disconnect and find inner peace.

Ready for the journey to tranquility?

At the end of the book we give you a Meditation Bonus.

¡¡Don't forget to find a quiet place to complete this book!!

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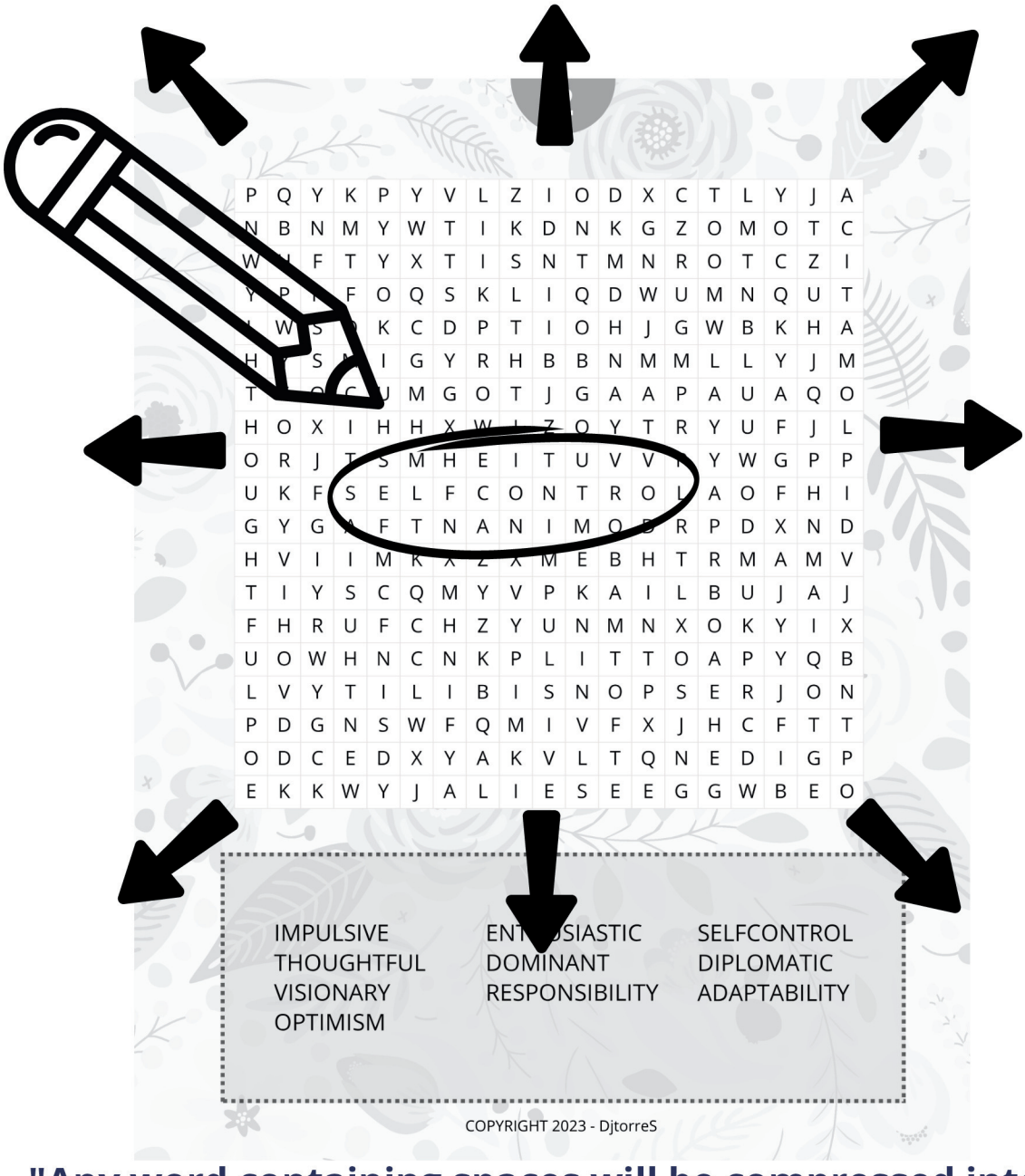
Music for relaxation

SCAN ME

"Find the words in the following directions"



"Any word containing spaces will be compressed into a single word in the puzzle. For example, 'MENTAL CLARITY' can be found as 'MENTALCLARITY'."

1

F	Q	Z	K	F	I	N	N	O	V	A	T	I	V	E	V	G	I
O	M	D	H	C	Q	K	T	H	J	I	U	R	I	G	F	V	I
U	Z	L	Q	A	C	P	Y	T	I	S	N	E	T	N	I	F	E
S	V	K	E	K	Y	D	C	S	S	A	G	V	B	R	N	C	J
G	Z	F	Y	L	Q	T	B	L	I	T	Y	O	M	P	D	T	J
E	R	G	M	L	W	X	D	A	X	L	D	S	D	H	I	H	W
L	H	P	B	Y	A	M	Y	C	H	Y	I	Z	R	B	V	K	W
P	R	V	J	U	A	N	E	I	G	N	W	G	G	M	I	A	B
Q	Z	N	M	O	Q	B	O	T	O	L	A	I	Q	X	D	E	C
W	P	R	O	T	E	C	T	I	V	E	O	E	J	O	U	M	V
K	Q	I	E	Q	K	M	T	R	T	E	T	Y	C	V	A	P	W
V	C	A	T	S	R	C	J	C	D	O	F	R	A	M	L	A	C
Z	X	D	J	A	E	W	M	F	D	W	M	A	L	L	I	T	H
F	P	U	Q	F	H	R	E	L	K	B	P	E	M	D	T	H	Y
E	Q	A	R	R	C	P	Q	E	L	F	V	Y	L	H	Y	Y	N
Y	N	E	D	F	A	Z	C	S	A	O	M	B	B	D	W	A	E
A	P	Z	T	V	R	E	V	R	E	S	B	O	U	Z	G	N	K
X	A	Z	Q	P	N	U	W	M	R	A	Y	S	Q	H	K	S	T

Live in the present moment

PERFECTIONISM
PROTECTIVE
SELFCRITICAL
EMPATHY
LOYALTY
INDIVIDUALITY
OBSERVER
EMOTIONAL
INTENSITY
INNOVATIVE

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P	Q	Y	K	P	Y	V	L	Z	I	O	D	X	C	T	L	Y	J	A
N	B	N	M	Y	W	T	I	K	D	N	K	G	Z	O	M	O	T	C
W	H	F	T	Y	X	T	I	S	N	T	M	N	R	O	T	C	Z	I
Y	P	P	F	O	Q	S	K	L	I	Q	D	W	U	M	N	Q	U	T
L	W	S	Q	K	C	D	P	T	I	O	H	J	G	W	B	K	H	A
H	Y	S	M	I	G	Y	R	H	B	B	N	M	M	L	L	Y	J	M
T	E	O	C	U	M	G	O	T	J	G	A	A	P	A	U	A	Q	O
H	O	X	I	H	H	X	W	I	Z	O	Y	T	R	Y	U	F	J	L
O	R	J	T	S	M	H	E	I	T	U	V	V	P	Y	W	G	P	P
U	K	F	S	E	L	F	C	O	N	T	R	O	L	A	O	F	H	I
G	Y	G	A	F	T	N	A	N	I	M	O	D	R	P	D	X	N	D
H	V	I	I	M	K	X	Z	X	M	E	B	H	T	R	M	A	M	V
T	I	Y	S	C	Q	M	Y	V	P	K	A	I	L	B	U	J	A	J
F	H	R	U	F	C	H	Z	Y	U	N	M	N	X	O	K	Y	I	X
U	O	W	H	N	C	N	K	P	L	I	T	T	O	A	P	Y	Q	B
L	V	Y	T	I	L	I	B	I	S	N	O	P	S	E	R	J	O	N
P	D	G	N	S	W	F	Q	M	I	V	F	X	J	H	C	F	T	T
O	D	C	E	D	X	Y	A	K	V	L	T	Q	N	E	D	I	G	P
E	K	K	W	Y	J	A	L	I	E	S	E	E	G	G	W	B	E	O

Mindfulness begins with the breath

IMPULSIVE
THOUGHTFUL
VISIONARY
OPTIMISM
ENTHUSIASTIC
DOMINANT
RESPONSIBILITY
SELFCONTROL
DIPLOMATIC
ADAPTABILITY

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D	R	Q	D	J	J	W	M	S	J	B	D	H	V	L	O	M	P	E	U
P	W	U	J	G	M	T	L	B	S	B	J	Q	A	V	V	G	W	J	U
J	Q	S	Y	T	Z	R	E	O	L	L	V	T	Y	A	A	A	E	T	J
P	H	T	S	W	Z	O	P	I	M	R	P	T	U	W	A	B	U	P	X
U	D	D	A	E	J	N	Z	I	T	G	I	K	A	U	R	V	V	W	S
G	R	O	L	K	N	Q	Y	Y	S	V	G	R	T	Q	E	D	U	H	M
L	K	D	R	N	D	E	A	N	I	U	E	H	M	R	E	E	K	J	X
Z	X	L	S	J	L	X	V	T	G	N	E	D	J	I	G	L	Q	F	A
R	L	N	G	O	D	J	A	I	E	N	C	Z	S	G	Y	I	A	C	V
I	T	R	U	S	T	E	D	S	T	A	L	X	R	O	E	V	Z	W	X
B	C	C	C	C	R	X	S	I	A	I	O	F	T	R	T	E	Q	M	A
B	D	G	O	C	V	W	C	R	R	G	T	R	B	O	D	R	J	P	B
H	T	K	N	N	K	I	G	E	T	M	F	E	N	U	F	E	U	V	E
F	J	D	J	I	T	H	E	N	S	P	K	R	P	S	K	D	F	G	P
X	H	I	F	Y	D	T	W	O	K	R	K	I	O	M	A	P	C	M	G
U	B	S	O	R	P	N	O	I	T	A	R	E	P	O	O	C	X	Q	T
S	F	O	Z	B	M	A	A	H	F	Z	D	W	N	C	J	C	W	T	V
V	T	C	W	D	B	F	E	M	T	P	Q	N	A	P	C	J	T	P	P
X	J	A	Y	S	M	Y	S	W	E	B	K	O	O	J	G	X	Z	G	K
G	Z	X	Y	N	A	R	A	Q	G	D	S	N	G	O	H	N	F	U	Y

Be aware of your thoughts, but do not cling to them.

COMPETITIVENESS
COOPERATION
RIGOROUS
AWARENESS
DEMANDING
CREATIVITY
TRUSTED
STRATEGIST
AUTHENTICITY
DELIVERED

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4

G	Y	T	I	L	L	I	U	Q	N	A	R	T	A	Q	J	O
X	X	D	E	T	A	C	H	E	D	E	T	D	B	E	M	W
N	H	X	H	H	I	U	T	K	R	K	C	P	P	M	E	V
O	C	D	V	F	M	P	T	A	L	Q	I	S	Z	Z	B	I
I	X	I	A	P	F	S	U	P	R	D	O	Q	Z	W	N	A
T	I	D	T	E	D	T	G	U	E	C	B	Z	S	Q	L	A
A	J	N	E	E	B	M	V	W	I	C	D	U	U	C	I	Y
V	N	B	F	N	J	W	V	A	G	U	R	I	P	H	X	J
O	F	H	W	O	I	C	B	T	Q	K	S	E	P	Z	E	A
N	Y	D	B	C	C	L	L	W	Y	I	U	D	P	V	V	G
N	S	A	Q	F	E	U	P	F	T	P	M	H	I	W	L	A
I	P	E	R	S	U	A	S	I	V	E	B	T	K	D	X	O
O	O	M	X	E	W	M	V	V	C	L	I	V	C	U	O	A
X	K	L	C	D	P	E	Z	R	U	S	B	E	D	N	H	J
J	T	H	Y	K	R	P	V	Y	N	Y	I	V	S	O	U	M
C	W	O	N	F	I	G	W	E	J	D	R	D	O	N	X	X
R	W	N	U	F	V	G	S	F	X	W	G	Y	P	N	G	O

Inner peace begins when you choose not to allow another person or event to control your emotions.

SENSITIVE
IN FOCUS
TRANQUILLITY
SOCIABLE
PERCEPTUAL
PERSUASIVE
INNOVATION
DETACHED
DISCIPLINED
INQUISITIVE

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R	G	G	K	T	O	H	I	D	I	N	N	Z	J	N	Q	A	U
T	B	I	M	Q	G	Q	M	A	O	B	E	R	U	R	Q	S	U
L	A	Z	M	Q	H	E	C	I	F	X	C	K	N	L	M	S	W
L	S	P	P	A	N	A	L	Y	T	I	C	A	L	M	M	E	W
A	S	G	E	S	G	U	C	H	R	E	M	R	O	F	E	R	V
F	E	V	D	L	U	I	Z	F	Y	Y	O	M	Y	E	Q	T	A
X	R	R	Q	L	K	O	N	Z	O	W	E	G	N	E	C	I	N
N	T	W	F	W	F	K	R	A	X	E	O	S	C	C	Y	V	O
D	I	T	L	E	U	P	L	U	T	P	Y	B	H	N	Z	E	Y
B	V	C	B	N	O	X	U	S	T	I	N	W	E	A	D	O	U
P	E	H	Q	E	P	L	E	I	I	N	V	X	C	E	T	S	Z
D	N	E	J	R	R	F	M	T	F	U	E	E	K	T	E	M	P
L	E	I	F	G	L	I	D	A	M	A	G	V	E	V	Q	S	C
G	S	Z	P	E	S	O	W	N	C	W	Y	Z	D	V	B	R	K
I	S	H	S	T	F	B	Z	Y	U	C	F	N	T	A	G	T	M
C	H	B	I	I	S	F	U	W	Q	B	T	H	B	F	M	B	V
J	M	C	B	C	Z	P	L	E	J	E	W	U	C	N	N	R	X
A	C	F	H	O	B	B	V	G	T	V	M	P	S	P	A	R	G

Breathe deeply. Inhale calm, exhale stress

IMAGINATIVE
REFORMER
ANALYTICAL
ENERGETIC
ASSERTIVE
ASSERTIVENESS
ADVENTUROUS
CHECKED
SELFESTEEM
OPTIMISTIC

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U	W	Z	L	I	A	W	M	N	S	Z	Y	Z	O	U	O	K	B
Y	B	D	C	Z	N	M	S	M	E	H	F	H	G	D	I	R	W
L	T	E	D	X	B	T	I	E	L	Y	W	Y	L	P	D	T	K
G	U	N	T	I	W	Q	R	U	B	Z	H	N	K	V	Y	N	S
I	T	M	W	A	D	Z	M	O	I	L	X	Q	V	X	T	Z	E
S	G	A	F	E	N	N	X	N	S	R	J	G	Y	I	I	J	O
S	L	K	M	K	V	O	P	A	N	P	N	S	D	Y	N	T	Z
E	V	Y	C	G	O	I	I	I	O	J	E	M	Y	X	E	D	G
U	Z	D	I	C	T	E	T	S	P	Q	H	C	O	H	R	V	Z
O	A	B	T	Y	X	H	W	P	S	E	V	I	T	A	E	R	C
Z	F	H	A	U	I	R	B	G	E	A	M	D	P	I	S	F	A
X	C	O	M	W	U	J	F	B	R	C	P	A	Q	Z	V	H	X
M	L	W	G	T	I	C	I	Z	A	Q	R	M	A	E	V	E	M
I	D	E	A	L	I	S	T	I	C	M	A	E	P	H	I	N	D
B	L	S	R	F	U	I	D	D	C	B	O	T	P	A	K	V	K
J	N	L	P	L	S	M	N	O	M	X	U	B	B	Y	W	Z	N
O	O	M	U	J	Z	K	E	H	M	U	D	E	W	V	D	L	D
Y	P	Y	S	L	Y	T	R	E	S	O	L	U	T	E	K	K	U

Find serenity in chaos

CREATIVE
PASSIONATE
RESPONSIBLE
PERCEPTIVE

PRAGMATIC
IDEALISTIC
RESOLUTE

SERENITY
WISDOM
INTROSPECTIVE

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C	Y	H	C	C	B	Z	X	H	R	Y	P	A	T	I	E	N	T	T	I
X	S	R	W	C	F	W	G	I	O	T	U	X	Q	O	H	N	J	R	O
O	J	A	C	I	W	B	X	L	N	Y	N	D	B	L	O	O	D	U	Y
N	H	L	E	T	T	O	O	O	Y	Q	X	H	J	I	Y	T	A	K	N
K	C	L	Q	S	L	Y	I	L	R	U	M	W	T	L	Q	I	X	B	S
A	T	Z	Q	I	A	S	U	T	D	C	N	A	T	Z	Q	S	J	E	G
Y	V	E	I	L	S	V	I	X	D	Y	N	O	H	T	M	N	O	B	W
L	J	G	J	A	G	K	Z	G	P	I	B	V	I	O	F	N	A	I	I
K	D	J	P	U	Q	I	I	U	M	Q	J	L	E	T	E	G	G	T	N
R	H	M	W	D	B	Q	C	R	G	N	K	P	K	Z	I	Y	Z	G	C
Y	O	V	R	I	A	E	E	S	K	X	N	V	Y	W	S	B	F	Y	Q
C	D	L	G	V	J	T	S	X	Q	G	I	O	H	T	I	N	M	S	T
F	M	N	V	I	E	V	I	T	A	C	I	N	U	M	M	O	C	A	J
N	H	Q	A	D	N	W	Q	E	E	D	B	C	T	P	P	A	D	H	T
U	Y	W	D	N	E	H	Q	O	B	H	Z	H	O	Z	J	D	R	X	I
E	T	N	E	I	L	I	S	E	R	F	R	F	I	Q	I	N	Y	K	Y
X	K	X	G	Y	F	E	I	E	N	L	R	V	N	V	E	X	U	Z	I
K	E	U	U	P	I	P	A	H	A	V	S	I	P	L	F	K	X	B	C
Z	K	G	M	B	H	Q	W	Y	W	J	L	G	W	O	A	E	T	L	O
A	I	N	S	P	I	R	A	T	I	O	N	A	L	L	M	L	U	W	J

Every moment is a new opportunity

PATIENT
COMMUNICATIVE
BOLD
RESILIENT

AMBITION
INDIVIDUALISTIC
INSPIRATIONAL

DETERMINATION
COMPASSION
LOYAL

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B	W	O	L	M	W	T	J	E	X	J	M	Y	O	B	B	R	K
I	L	W	Y	F	T	F	Q	H	M	W	N	A	Q	N	D	T	U
Q	L	Q	K	E	A	R	X	D	Q	P	E	L	Z	S	Y	O	H
P	N	R	P	Z	X	M	P	D	W	X	A	H	T	J	N	N	C
M	D	Y	Q	N	N	N	Z	B	P	S	Y	T	A	Y	A	V	N
W	S	J	X	C	P	H	I	L	F	J	K	I	H	J	M	I	A
L	A	T	Q	I	F	G	O	S	A	L	Z	R	R	I	I	I	E
S	X	N	O	X	E	R	N	L	F	N	E	Q	I	I	C	X	H
T	K	U	B	S	E	V	U	I	R	E	O	I	K	U	T	V	S
Z	H	V	P	R	A	C	T	I	C	A	L	I	E	T	J	D	Y
W	H	C	F	Y	Q	L	P	F	W	N	T	V	T	F	V	D	O
D	R	E	G	C	O	M	P	A	S	S	I	O	N	A	T	E	D
M	Q	R	S	X	R	T	T	T	G	T	U	V	I	J	R	C	L
J	C	S	J	G	S	S	O	M	I	S	E	S	N	V	B	N	U
X	V	A	A	V	I	E	Z	U	Q	T	O	H	C	O	E	G	W
G	E	N	U	J	U	X	T	I	O	P	Z	J	F	X	C	D	X
R	C	K	F	E	N	N	M	A	F	G	H	N	V	B	Y	S	L
L	O	R	I	G	I	N	A	L	F	A	D	K	H	W	C	J	Y

Life is a succession of present moments. Enjoy them

INTUITIVE
CONVINCING
EMPATHIC
COMPASSIONATE

EXPLORER
AIM
PRACTICAL

RATIONAL
ORIGINAL
DYNAMIC

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H	P	Z	B	P	C	B	Y	V	V	Z	G	R	H	S	V	Q	R
M	P	J	U	F	M	G	C	I	Q	P	G	M	C	Z	H	X	U
E	U	S	G	N	T	Y	J	I	R	Y	K	W	X	W	F	M	D
L	N	C	H	W	D	T	O	A	T	E	K	E	D	V	J	H	E
I	E	I	G	A	E	K	D	E	M	N	L	F	X	E	V	U	C
Y	B	T	Z	M	B	L	Q	C	S	G	E	I	D	I	Q	B	I
W	T	S	W	Z	O	G	P	V	C	F	O	H	A	J	F	N	D
E	V	I	S	N	E	H	E	R	P	M	O	C	T	T	Q	V	E
J	J	L	C	W	M	Q	B	N	C	C	G	V	N	U	E	K	D
P	E	A	D	A	P	T	A	B	L	E	Q	F	I	N	A	R	J
A	H	E	Z	S	N	H	O	A	R	A	C	R	L	N	C	W	V
P	C	R	D	J	C	E	C	E	U	E	E	K	K	Q	P	B	P
S	T	Z	I	W	N	S	T	Y	X	R	X	S	S	L	E	U	A
R	B	L	T	N	C	O	D	Z	B	C	Z	X	B	M	F	G	Y
R	E	D	A	E	L	B	B	Y	G	Y	Q	F	N	C	Y	V	Q
F	M	D	C	C	I	G	E	T	A	R	T	S	U	M	H	W	R
N	O	J	V	F	P	O	O	T	N	R	J	Q	E	T	G	D	J
P	V	A	R	H	X	Z	E	L	D	T	Q	X	F	R	V	H	P

Be kind to yourself

LEADER
INQUIRER
COMPREHENSIVE
STRATEGIC
REALISTIC
RETAILER
ADAPTABLE
DECIDED
TENACITY
AUTHENTIC

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F	U	N	U	Y	E	L	R	E	S	E	R	V	E	D	M
Y	D	L	W	T	P	V	J	J	D	D	O	J	A	I	M
X	F	F	Z	M	N	N	I	I	I	U	X	J	V	H	B
U	T	A	Q	H	W	E	S	T	L	Y	I	X	X	Y	S
O	C	T	M	E	W	U	D	O	I	W	L	Y	P	U	U
I	S	E	M	V	S	P	R	N	G	S	N	T	R	W	J
O	E	L	N	I	Q	K	V	K	E	T	O	X	N	T	J
S	H	R	Z	T	J	S	N	M	N	P	I	P	H	N	F
Q	K	J	N	A	E	J	G	Y	T	G	E	G	Y	E	Y
T	C	O	I	R	K	R	H	O	Q	S	I	D	J	T	G
F	L	X	K	E	K	J	E	K	A	A	L	E	N	S	V
R	E	H	Y	P	P	S	W	D	R	U	J	E	I	I	Y
Z	O	D	X	O	C	C	C	T	C	V	M	V	S	S	J
B	C	K	O	O	C	U	S	X	R	E	M	A	E	R	D
G	Q	G	I	C	C	U	R	I	O	U	S	L	V	E	V
W	Z	Y	D	T	L	T	W	W	G	D	P	L	W	P	Q

Practice gratitude daily

CENTERED
CURIOUS
DREAMER
POSITIVE
COOPERATIVE
PERSISTENT
RESERVED
DILIGENT
STRAIGHT
INDEPENDENT

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Z	Y	C	D	D	O	P	E	G	X	S	D	I	R
U	S	G	W	E	F	H	K	R	C	G	T	Y	E
E	Z	N	H	H	D	E	C	N	A	L	A	B	V
Y	C	N	O	Y	X	I	Z	P	X	W	U	L	I
Y	E	E	A	I	Q	Y	C	L	Y	G	A	N	T
H	S	A	L	Y	S	N	S	A	S	C	F	T	P
Y	B	D	Z	M	H	S	W	I	T	T	Y	P	A
H	S	U	O	I	T	U	A	C	U	E	L	E	D
R	W	G	L	Q	S	U	Y	P	B	T	D	F	A
P	E	L	B	I	X	E	L	F	B	A	I	T	M
N	A	G	G	B	E	C	I	F	O	I	C	F	Y
H	R	E	S	O	L	V	E	D	R	L	E	W	G
R	J	W	U	A	X	E	F	B	N	H	X	G	B
S	I	T	O	C	R	P	F	B	W	K	W	I	Q

Observe without judgment

WITTY
AWARE
BALANCED
DEDICATED

STUBBORN
RESOLVED
ADAPTIVE

FLEXIBLE
CAUTIOUS
PASSION

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B	Q	R	S	C	C	I	C	V	Q	G	H	Q	S	H	Q	W	S
I	H	Q	U	V	W	P	Y	S	G	R	M	T	B	M	A	K	X
M	G	F	K	P	Y	J	P	B	L	C	F	C	W	D	V	J	P
O	Z	U	N	E	Q	W	J	H	T	C	F	D	O	U	J	M	F
R	E	G	Z	A	N	J	Z	L	M	P	X	S	P	H	V	Q	J
H	Y	B	J	C	Z	F	Z	Z	O	B	C	K	M	V	C	I	B
Z	U	A	L	E	N	B	P	D	E	N	I	F	E	R	Q	H	E
Q	V	M	T	F	R	G	K	W	R	Z	B	O	Y	A	D	Y	J
V	W	Z	B	U	N	L	S	R	E	S	I	S	T	A	N	T	W
W	S	X	D	L	N	U	N	W	U	P	Z	T	J	Z	R	O	V
Y	T	T	W	B	E	F	N	O	H	Z	K	V	H	D	M	L	D
Z	W	Y	L	W	C	T	I	X	V	D	E	T	H	G	I	E	W
P	U	D	Y	D	V	C	A	M	S	L	K	N	L	A	A	R	F
K	D	N	V	D	A	E	T	A	V	N	J	U	Q	W	C	A	U
C	A	Q	T	G	J	P	R	F	I	U	K	V	G	F	F	N	G
N	T	X	A	M	N	S	E	P	C	L	N	F	N	M	W	T	Z
V	I	S	R	J	W	E	C	M	N	I	V	U	N	T	P	S	D
F	E	V	I	T	A	R	O	B	A	L	L	O	C	J	D	C	O

You're not stuck in traffic; you are traffic.

REFINED
SAGACIOUS
PEACEFUL
HUMBLE

TOLERANT
CERTAIN
RESISTANT

COLLABORATIVE
WEIGHTED
RESPECTFUL

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Z	Z	A	Y	O	V	A	Z	W	B	C	V	X	G	E	S
C	G	G	Z	E	P	K	Y	F	S	A	O	X	H	I	R
M	Y	G	N	P	Z	U	X	N	K	G	R	M	J	D	O
Q	T	J	F	I	R	M	N	E	S	S	E	I	I	W	B
E	I	I	L	B	T	Y	Q	M	O	B	X	R	Q	T	T
V	C	N	G	F	G	A	D	W	W	H	C	J	U	N	M
R	A	S	D	G	G	F	L	C	Y	P	W	J	E	C	O
O	G	I	E	U	N	S	H	U	P	T	N	T	X	V	S
H	A	G	T	N	L	A	C	A	M	D	S	Z	K	B	Q
A	S	H	A	Z	R	G	M	N	T	I	F	S	F	V	E
U	R	T	V	M	M	B	E	U	S	E	T	F	C	Q	D
Z	L	A	I	D	R	O	C	N	H	D	T	S	U	S	F
U	R	N	T	C	D	O	O	A	T	D	C	U	G	U	R
Z	G	G	O	T	R	C	O	Y	H	T	L	Y	U	E	V
D	H	Q	M	H	I	S	W	F	F	V	C	W	O	U	Q
V	Y	T	F	T	P	N	M	R	X	M	O	U	R	Q	Q

Happiness is not a destination; it's a way of traveling.

CHARMING
FIRMNESS
MOTIVATED
CONSISTENT
SAGACITY
INDULGENT
INSIGHT
CORDIAL
HUMAN
STIMULATING

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R	V	L	W	B	Q	T	U	C	T	T	S	T	Q	C	W	P	T	H
S	U	R	G	B	G	T	X	B	T	J	C	Y	G	E	I	L	Z	S
X	W	R	M	N	G	M	D	G	Q	C	E	Y	J	M	Y	M	U	E
K	T	P	B	N	I	U	B	O	P	I	D	S	H	P	X	P	N	N
S	C	L	K	N	X	N	W	R	R	E	L	E	H	O	A	E	S	O
A	C	L	J	F	D	Y	N	V	O	Q	I	L	C	W	R	J	Q	X
Q	T	O	A	S	P	Y	Y	U	A	X	J	F	Y	E	H	Z	C	Y
Q	G	O	E	I	K	M	S	Y	C	U	U	S	S	R	V	G	C	A
H	R	O	J	T	T	G	U	L	T	N	P	U	E	E	G	F	U	G
J	S	B	Q	N	M	R	I	F	I	I	A	F	U	D	I	S	G	Q
E	C	E	Q	E	R	F	A	M	V	W	M	F	M	A	D	Z	U	E
G	F	T	Y	U	X	R	N	P	E	L	E	I	Y	C	A	W	Z	D
D	M	A	J	Q	H	T	N	J	M	V	J	C	N	X	Q	B	I	R
K	U	R	S	O	G	U	U	K	B	I	R	I	Y	A	G	G	O	E
A	V	U	C	L	D	A	H	E	W	C	J	E	U	B	U	X	M	N
C	W	C	R	E	A	T	W	I	C	Q	W	N	O	M	D	Q	D	L
G	U	C	T	E	K	H	O	J	C	L	G	T	X	B	M	Z	E	Z
C	R	A	U	U	Y	T	Z	B	T	O	U	P	X	A	R	A	Q	Y
H	N	P	Y	P	M	U	Y	J	M	Y	S	H	Y	J	C	O	E	H

Mindfulness is the path to freedom.

PROACTIVE
EQUANIMITY
FIRM
EMPOWERED
IMPARTIAL
ACCURATE
ELOQUENT
SELFSUFFICIENT
CUNNING
SERENE

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A	R	O	T	A	R	G	E	T	N	I	V	E	B	N	L	E	F
U	G	C	V	R	H	O	K	V	M	W	B	S	E	O	A	P	M
C	V	B	R	O	F	E	Y	M	I	J	P	U	Z	G	C	T	Y
X	V	Y	F	T	U	K	D	R	H	Q	D	O	N	Z	I	G	T
D	E	N	I	A	R	T	S	E	R	L	K	I	G	H	D	N	Z
Y	H	C	E	I	M	E	N	B	Y	B	T	N	X	Z	O	W	G
J	N	M	L	L	Q	O	V	X	O	A	T	O	L	R	H	S	W
Y	Y	D	V	I	L	H	I	A	D	S	O	M	N	P	T	H	E
T	U	B	X	C	F	K	F	O	R	H	O	R	O	J	E	O	F
E	Z	D	S	N	V	S	M	B	J	B	Q	A	Q	D	M	N	M
F	L	C	T	O	W	M	I	N	J	E	J	H	T	V	G	E	B
N	D	G	D	C	O	N	S	C	I	E	N	T	I	O	U	S	E
M	N	Q	U	C	H	A	R	I	S	M	A	T	I	C	P	T	G
Y	P	M	C	W	F	H	G	X	K	O	H	O	Y	L	S	G	O
W	S	A	O	X	Z	Y	E	D	F	R	X	Q	G	J	M	Z	Y
Z	I	F	J	J	G	L	C	K	I	D	U	X	Z	P	B	X	J
R	I	E	W	A	K	R	Q	P	N	J	O	G	Y	U	Q	W	P
A	T	N	Z	X	C	A	A	K	U	B	E	E	R	H	F	U	H

Appreciate the beauty in simplicity.

BRAVE
RESTRAINED
HARMONIOUS
ACCOMMODATING
HONEST
METHODICAL
INTEGRATOR
CHARISMATIC
CONSCIENTIOUS
CONCILIATOR

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T	X	N	A	J	G	E	D	V	I	B	E	Y	Z	A	U	H
Q	G	C	U	Q	J	L	P	J	P	G	P	F	P	W	Z	Y
N	W	D	V	A	E	B	Z	S	R	M	M	O	V	E	I	C
U	D	F	U	P	K	A	O	H	O	R	C	Q	L	A	D	H
Z	B	Y	R	Q	I	T	D	M	G	P	Y	C	J	G	Z	M
X	K	O	H	Q	L	I	S	K	R	K	M	G	C	X	S	M
N	Y	X	O	C	Q	U	U	Y	E	C	V	V	E	Z	L	P
I	J	X	K	C	M	Q	O	W	S	S	E	D	A	T	E	D
A	M	Q	Q	I	H	E	U	W	S	Q	R	I	Y	W	V	Q
T	N	E	M	N	R	E	C	S	I	D	S	P	V	R	S	K
Y	C	A	M	O	L	P	I	D	V	S	A	I	P	V	C	D
Y	D	Y	G	I	M	X	P	S	E	C	T	C	L	H	X	W
R	U	Q	X	W	Y	I	S	W	A	A	I	M	R	O	L	N
X	U	J	J	G	T	D	R	Y	L	G	L	B	C	A	U	K
R	U	E	N	E	R	P	E	R	T	N	E	D	H	A	Z	F
U	H	K	C	N	B	C	P	P	M	C	Q	V	W	U	V	L
C	L	O	E	R	G	T	D	E	U	U	X	C	T	W	T	M

Mindfulness doesn't mean you have to be happy all the time; it means you must be aware of your thoughts, feelings, and actions.

PERSPICUOUS
DIPLOMACY
DISCERNMENT
VERSATILE
EQUITABLE
ENTREPRENEUR
SAGE
VITAL
SEDATE
PROGRESSIVE

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X	Y	F	N	O	I	T	N	E	T	T	A	O	V	I	H	L
F	V	C	A	K	S	O	F	H	E	C	S	A	M	Q	Q	C
N	G	T	I	T	F	S	K	S	F	E	R	E	C	N	I	S
J	R	A	R	B	E	L	B	A	T	I	R	A	H	C	T	A
O	I	O	A	X	S	J	B	L	G	M	P	F	K	K	M	R
K	O	S	T	X	W	N	R	D	G	F	X	Y	E	V	G	J
Y	F	S	I	A	D	N	O	I	T	G	N	G	T	R	I	T
N	B	J	N	T	R	E	G	R	P	X	A	K	W	E	A	O
F	Y	V	A	C	O	O	R	D	I	N	A	T	E	D	C	C
R	G	Q	M	R	N	E	B	E	K	H	K	O	F	Q	B	F
N	N	U	U	R	S	K	B	A	D	U	Y	W	Q	Z	X	X
N	C	T	H	E	O	Y	Q	W	L	I	A	Z	N	Z	A	U
T	B	F	Z	V	P	E	U	T	Z	L	S	E	E	Y	Q	X
X	C	G	Q	G	A	Z	Z	S	F	Q	O	N	P	J	R	L
E	T	A	B	L	E	H	D	D	A	U	Y	C	O	U	M	J
P	U	I	E	Q	C	U	R	K	Y	O	B	O	A	C	R	K
U	Y	N	C	Q	F	E	F	C	O	A	J	W	J	I	Q	M

The answer often lies in silence

CAREFREE
COLLABORATOR
ABLE
ATTENTION
CHARITABLE
SINCERE
COORDINATED
IRON
HUMANITARIAN
CONSIDERED

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G	A	O	F	G	C	H	B	C	W	M	O	W	H	U	Z
B	A	B	F	N	Z	N	T	J	A	F	O	N	J	W	R
U	C	S	S	P	C	X	K	V	T	L	U	P	R	G	I
S	I	E	S	R	E	Q	D	P	D	G	M	B	Y	L	X
W	W	R	I	E	C	K	K	M	B	V	M	W	N	L	J
F	G	V	P	S	N	P	U	P	T	L	V	I	Z	B	P
I	S	A	N	E	A	L	V	T	R	S	Z	J	Y	A	P
P	B	T	U	N	T	M	U	R	X	Y	Z	O	T	E	N
E	K	I	P	C	P	O	Z	F	C	L	O	I	A	E	T
C	A	O	M	E	E	F	D	T	D	J	E	I	T	J	A
N	S	N	T	Q	C	K	M	A	E	N	Y	S	H	D	B
A	I	Q	I	R	C	X	Q	M	C	A	I	I	A	B	G
L	O	S	U	P	A	A	J	E	W	L	X	M	Z	Y	Q
A	I	G	B	R	E	A	T	H	I	N	G	Y	K	M	D
B	D	B	K	Q	S	L	W	V	E	T	M	E	F	O	D
U	T	X	I	R	E	L	A	X	A	T	I	O	N	E	L

Life is a series of natural and spontaneous changes. Don't resist; that only creates sorrow.

PATIENCE
ACCEPTANCE
MINDFULNESS
BALANCE
BREATHING
OBSERVATION
CALM
PRESENCE
LISTEN
RELAXATION

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S	N	J	I	C	T	W	V	O	Y	R	A	V	E	O	C	O	W
N	O	I	T	C	E	P	S	O	R	T	N	I	V	K	C	B	A
H	M	C	M	X	I	L	O	Y	V	P	S	P	N	S	L	J	I
J	C	W	H	H	B	J	P	P	E	Q	Q	O	O	Z	S	S	J
N	O	R	J	O	W	E	H	S	P	T	K	L	I	W	Z	S	M
F	O	W	I	B	Z	S	K	N	O	I	T	A	T	I	D	E	M
L	C	I	X	M	F	E	S	S	P	W	P	U	P	S	P	N	T
B	M	B	T	F	R	T	H	V	S	U	M	O	E	L	E	L	C
K	M	O	U	A	L	Y	C	A	R	U	T	P	C	N	V	L	C
O	U	C	F	F	R	E	O	L	A	B	P	K	R	E	V	I	H
Y	Q	L	D	Q	F	T	N	E	A	H	P	M	E	N	H	T	K
F	E	O	L	X	R	Q	N	J	W	R	Q	I	P	U	V	S	J
W	N	N	I	G	F	M	E	E	T	N	I	V	H	U	A	S	E
J	L	I	J	O	A	F	C	W	C	S	A	T	A	A	N	L	H
W	G	U	Q	I	K	C	T	U	I	N	S	R	Y	F	C	X	J
R	C	E	N	T	E	R	I	N	G	R	O	Q	Q	B	E	O	Y
H	Q	P	J	E	J	J	O	V	Y	F	M	C	T	V	Z	H	F
S	M	H	A	R	M	O	N	Y	K	M	L	I	K	K	C	Z	Z

The present moment is the only time over which we have control

CLARITY
CONCENTRATION
CONNECTION
HARMONY
STILLNESS
PERCEPTION
MEDITATION
CENTERING
WELFARE
INTROSPECTION

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A	O	I	T	Q	E	U	V	D	C	Q	H	Q	C	Q	K	C	B
J	Y	T	I	C	I	L	P	M	I	S	F	L	O	C	P	Z	N
V	U	R	Y	X	E	V	F	T	L	I	I	Z	N	Y	A	U	B
Z	F	I	J	C	H	G	H	A	C	G	H	T	T	V	X	N	P
F	D	K	A	R	N	Q	W	R	S	N	T	H	E	C	O	G	O
O	E	S	Q	U	F	E	O	K	S	E	L	G	M	K	H	G	H
E	L	R	Z	T	N	P	U	R	A	G	I	L	P	W	B	Z	Q
N	I	Y	V	E	R	C	T	L	R	S	W	F	L	Z	H	N	V
Z	V	M	R	D	J	F	Y	A	F	T	S	R	A	R	Z	K	K
Y	E	Z	I	Z	A	G	T	X	E	S	F	T	T	J	R	L	K
T	R	Z	R	E	S	I	L	I	E	N	C	E	I	Y	T	O	E
R	Y	Q	B	M	T	R	I	N	V	G	U	K	O	J	W	L	Q
Q	J	X	C	U	J	F	L	L	O	O	S	E	N	E	S	S	Q
N	N	E	D	U	N	L	K	A	V	M	M	E	Y	X	F	W	I
D	E	E	Z	J	U	P	A	R	V	Z	M	K	J	S	B	A	I
G	J	T	W	F	Y	C	J	J	R	J	P	I	Z	M	A	B	M
O	J	Y	U	A	R	P	U	B	W	K	T	I	J	S	F	J	I
U	D	W	L	N	J	F	D	Q	E	S	J	V	D	X	S	L	P

Patience is the key to solving many problems

FULLNESS
LOOSENESS
RESILIENCE
DELIVERY
SIMPLICITY
RENEWAL
CONTEMPLATION
GRATITUDE
FLUENCY
CROP

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F	Y	F	O	D	D	G	I	L	B	S	R	I	D	J	E	Z	U
S	P	T	U	L	M	Q	X	M	M	A	X	Z	P	Q	C	E	J
R	J	H	I	L	W	P	I	S	R	F	O	C	U	S	W	X	N
T	G	J	N	R	L	K	Q	A	A	D	B	H	N	Z	N	P	K
M	X	E	D	M	A	P	A	X	L	S	V	U	L	O	I	G	B
M	E	R	N	E	B	L	R	F	W	H	F	V	I	J	A	H	K
Q	F	A	H	T	T	K	C	E	H	B	C	S	M	C	I	O	I
X	P	W	Q	O	L	A	F	L	S	I	N	I	Q	N	P	Q	K
Z	S	A	P	E	P	E	C	Z	A	E	D	D	G	G	Z	Y	H
F	F	E	U	H	B	A	N	H	H	T	N	F	Q	S	W	R	J
E	D	B	X	S	S	X	V	E	M	L	N	C	D	W	J	W	A
I	I	O	F	U	E	K	R	L	S	E	Q	E	E	B	G	N	J
C	M	T	C	N	K	P	M	D	Z	S	N	P	M	M	D	V	I
R	I	X	F	W	M	W	A	N	N	Z	N	T	F	T	Z	L	G
L	Y	J	T	O	L	E	R	A	N	C	E	V	L	B	T	Q	M
D	C	K	C	O	S	A	L	Q	T	M	B	I	V	S	T	T	C
V	Q	F	N	O	I	T	A	I	C	E	R	P	P	A	A	O	W
F	Y	R	U	Q	Z	M	F	Z	L	Y	J	K	K	B	G	J	T

Your dreams are the fuel of your life

FOCUS
TO BE AWARE
TOLERANCE
GENTLENESS

APPRECIATION
PAUSE
DETACHMENT

FULL PRESENCE
COMPREHENSION
MENTAL CLARITY

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F C Z K R T Y F L M N P P T R G M U D T U C
P C S V J D O A H Q V O A Z M G R Z U K G M
F Z E T B G M M W H H R I L X Y E Z J I D Q
C X Q C S W X R B E F V G T A K Z D O X E I
K H G A A E E F G S Y Z Y C A N G S W F W N
Y U Y P M Q R V W N K T B O W R J N Y M X B
Z A O G N I P E W R I Q L S D U I Z U W J Z
B J H M J O C K N V T N U Y H M N M M I V S
T M J G T Y I E I E C Z E M Q P T O D G V T
A G X F M Z G T C R O G Z P W R E Y M A P R
D L T T I L P I A N N B T L O D R C X B M H
U M O U D E U B C L A I S O Z L N O Q M M F
C V D B C I A M N O I T N E T T A L L U F K
M B L E G F A F G O S M P U R R L T R F X C
C F R P O S V C M G E A I E T V B C N N X G
T F A R A Y W L U F W W S S C J A P A E W B
Z Y H E H D N J Z I Z P B E S C L T S F M H
L F J S Y R V C L V C J L W J A A A I P H M
C F R E I X G Z A I Z L D X I E N L X O T C
D F M N Z O Z Q W X P C D N Z B C N L E N P
M W H T Z H A C C O M P A N I M E N T U C Z
P E J S L C P U J D X V N H Z A Z B M F F E

Success is the sum of small efforts repeated day in and day out.

ACCOMPANIMENT
MENTAL OPENING
FULL ATENTION
SERENE OBSERVATION
ASSIMILATION
BE PRESENT
INTERNAL BALANCE
RECEPTIVITY
FULL ACCEPTANCE
ADMIRATION

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E F P P V D J V D Y L Z X I E T K Y V N W
S M O P V W M P B Q W A C L I P B D P M I
Q H Q C Q N X Y O C D O K K H S Z N J V N
I P A C U D W G D J S G V E G A Q F N C F
Y N H J N S F Y Y W N M K T F X K A E V X
G D N L R R E L A M C X R N U L S A G N K
Z T E E K I F D W F U T L N E K N R G H R
R E V I R O O H A D U X F Z Z B J Q U F I
P J M W H S R S R T O G F B I X C A A N Y
C R J O I C E T E E T B U Y P Z E J E X R
K M N U U L S R N U T E X W J X E E B N C
X T V P F D T N E H B W N F A E R Y H U B
D D R P B L R A S N F N Y T X M H O K Q T
H I I D J X O S S J I U B Z I N A Z E P E
Q T C V O R E M O U N T A I N O B U S R W
Y C B E K N T P Y N H H Y X B S N V M K G
V M X M H R D T Q D R S O H V B E R G G Y
H K K W R E F L E C T I O N F V R D J O S
N A A A B S N C L E A R M I N D K Y M R H
J X W O W N M G Q G F A B E R V E K H X R
H W H U Z F C X H Y S F M F S G I F J G X

The only way to do great work is to love what you do

BODY AWARENESS
FOCUSED ATTENTION
MOUNTAIN
FOREST
REFLECTION
INNER SERENITY
LAKE
SELFPITY
CLEAR MIND
RIVER

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O	V	M	T	T	E	I	T	M	D	F	M	C	K
J	M	Y	J	R	F	J	V	R	I	N	S	G	V
H	F	Q	E	I	K	U	G	A	Z	Y	H	V	A
T	W	E	M	M	D	N	X	R	L	N	Z	S	X
R	F	A	F	W	N	G	B	K	L	L	E	B	W
E	G	O	T	I	B	L	B	W	G	Y	E	N	O
U	W	U	D	E	S	E	R	T	E	I	O	Y	D
M	V	R	M	G	R	Q	O	M	I	Y	I	P	A
E	F	Q	V	O	L	F	N	J	N	Y	X	J	E
S	I	M	V	B	Z	A	A	A	K	R	J	U	M
N	F	D	E	G	H	W	C	L	C	N	L	T	P
Q	H	A	F	S	G	G	L	I	L	H	R	V	B
O	C	B	X	K	B	E	O	B	E	R	P	O	G
H	F	E	Q	W	Z	B	V	D	L	R	Y	I	G

Determination today leads to success tomorrow

BEACH
JUNGLE
MEADOW
CANYON
WATERFALL
VALLEY
REEF
DESERT
VOLCANO
GLACIER

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A	Y	O	I	L	P	F	P	F	L	O	R	A	J
N	F	J	A	H	O	O	Y	W	B	E	G	E	S
U	X	V	H	P	I	H	I	D	L	A	C	Z	D
A	O	N	L	U	P	C	N	M	E	O	I	Q	G
F	R	S	K	D	H	W	J	H	S	Y	N	J	I
S	W	E	B	L	A	W	D	Y	I	H	E	Q	J
N	R	F	S	D	T	U	S	F	R	M	Z	Z	C
H	I	K	B	Y	N	T	E	S	N	U	S	W	V
A	L	G	A	E	E	A	A	I	U	I	C	X	X
N	E	P	S	M	J	G	L	W	S	R	O	O	B
J	Z	W	A	K	K	Y	N	T	B	B	Z	H	Y
F	B	K	Y	K	Z	J	F	V	E	H	J	X	S
E	R	Y	X	Z	K	V	L	J	O	W	D	H	N
A	J	S	T	R	E	Z	X	S	O	L	G	C	Y

The difference between the impossible and the possible lies in a person's determination

DUNES
FAUNA
GEYSER
SUNRISE
DAWN
ALGAE
ECOSYSTEM
FLORA
WETLAND
SUNSET

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J	U	L	M	D	D	O	J	L	S	R	P	I	P
G	Y	R	N	X	M	E	J	B	Q	X	U	U	O
G	B	U	T	T	E	R	F	L	Y	M	F	J	Z
M	H	Y	N	Z	R	C	M	H	S	I	U	T	V
M	U	U	X	K	E	M	E	P	Z	D	C	F	T
I	Y	Q	R	V	T	D	R	I	B	K	H	E	T
J	E	G	E	R	S	A	L	O	A	N	Y	V	T
M	H	A	V	A	I	P	B	C	T	X	D	Y	E
F	Y	D	E	N	W	C	S	X	D	S	Y	S	E
G	Q	U	B	F	T	I	A	K	A	J	J	Z	R
N	B	O	Z	P	B	K	L	N	C	V	S	J	T
G	W	L	T	F	N	T	I	D	E	O	S	Q	T
Q	M	C	A	P	O	O	G	X	C	F	R	Z	R
H	Q	L	F	L	M	A	B	N	D	M	Z	W	U

The difference between the impossible and the possible lies in a person's determination

STORM
RAINBOW
ROCKS
BUTTERFLY
CLOUD
TWISTER
BIRD
HURRICANE
ICE
TREE

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S	B	L	A	C	K	B	E	R	R	Y	K	B	J	J
I	C	J	S	S	C	A	B	C	G	K	X	C	N	C
G	G	L	V	U	L	G	O	N	L	N	Q	T	K	Q
B	K	L	X	N	T	R	Y	M	B	Z	O	P	U	W
Y	Y	A	S	F	D	P	B	S	L	R	Y	I	U	D
F	L	I	R	L	L	J	Y	J	A	O	K	N	U	U
R	I	Y	K	O	P	U	H	L	R	Q	H	E	T	F
U	L	Z	X	W	S	U	T	C	A	C	X	T	R	K
Y	R	V	K	E	A	M	H	T	F	C	M	R	C	Q
V	E	P	A	R	E	I	C	D	M	E	U	E	V	U
Q	T	E	T	F	D	G	X	C	R	F	F	E	H	F
C	A	R	P	Y	K	T	G	I	F	P	C	I	K	T
F	W	O	A	L	A	R	R	A	P	A	H	C	R	P
G	B	U	M	Z	W	F	U	E	K	L	V	R	F	U
S	E	P	W	U	Y	G	E	F	J	M	L	I	U	T

Consistency is the key to success

ORCHID
WATER LILY
EUCALYPTUS
CHAPARRAL
CACTUS
BLACKBERRY
HOLM OAK
PALM
PINE TREE
SUNFLOWER

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O	F	U	C	Y	D	Z	Q	D	D	C	L	Y
N	E	N	L	K	L	T	E	E	H	S	U	B
Y	Z	K	S	N	A	I	L	M	S	L	B	W
L	J	S	J	H	L	E	L	A	N	D	J	R
P	O	E	Y	M	T	R	R	U	R	X	B	P
M	N	A	N	X	Y	G	I	B	E	Q	A	Z
R	X	H	N	K	H	N	A	U	T	B	M	T
Z	J	T	J	W	M	K	P	U	A	U	B	U
G	A	Y	V	T	J	Y	W	X	W	U	O	R
C	W	O	M	Y	X	E	S	V	D	G	O	R
B	P	S	G	H	U	I	I	Z	Y	U	V	S
E	R	L	X	Q	T	V	O	F	I	P	A	H
S	O	M	N	U	A	G	T	V	T	R	L	Z

Success is not the key to happiness; happiness is the key to success.

MOSS
BAMBOO
SHEET
LAND
SNAIL
LILY
WATER
GRASS
OUTBREAK
AIR

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J	Z	E	A	D	F	I	Y	W	D	U	N
J	N	D	E	E	T	Q	D	E	O	W	Y
U	X	P	N	R	M	Z	V	J	H	P	C
J	H	Y	I	I	T	A	X	R	G	U	T
N	F	U	A	F	W	O	Y	D	X	G	S
B	G	L	R	N	I	X	O	I	X	B	X
K	R	B	U	Z	U	S	E	R	H	A	Z
M	E	T	S	A	T	P	L	C	F	T	R
Y	F	H	S	E	O	A	N	P	X	P	H
P	I	S	I	E	T	A	M	I	L	C	Q
H	L	A	N	E	R	O	O	L	F	E	Z
K	I	R	P	B	M	E	U	Z	C	F	Q

If you don't like something, change it. If you can't change it, change your attitude

FIRE
CLIMATE
ROOT
RAIN

WIND
WAVE
PETAL

FLOOR
BRANCH
STEM

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S	P	M	A	W	S	N	Z	W	I	N	E	Q	Y	B
R	K	Z	N	Z	M	B	B	P	A	F	X	Z	Y	P
L	U	S	N	K	P	T	L	I	I	E	G	X	M	H
V	B	C	M	E	L	P	A	S	O	H	O	A	M	S
S	Y	I	Y	L	M	C	N	I	R	M	T	A	V	R
Z	A	L	O	I	S	V	D	E	A	U	E	J	M	A
O	P	O	S	T	T	B	S	H	Q	R	V	W	D	M
T	Q	O	N	P	Z	O	C	A	E	F	J	V	P	Z
T	R	C	Q	E	U	Z	A	H	L	F	I	O	G	L
N	I	A	Y	R	S	Q	P	J	T	I	G	Q	E	K
R	J	L	C	G	X	S	E	G	M	L	D	R	L	S
X	Y	E	D	N	O	O	G	A	L	C	Y	Q	T	P
B	S	K	W	M	R	I	F	U	N	G	U	S	C	N
V	D	I	T	J	Q	J	A	C	W	M	F	K	C	N
P	G	A	R	L	Z	Y	L	B	F	J	V	A	S	W

The path to success and greatness is paved with small steps

FUNGUS
MARSH
ATMOSPHERE
REPTILE
LANDSCAPE
SWAMP
BIOME
CLIFF
LAGOON
RESOURCES

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N	E	O	Y	T	U	J	D	Q	E	L	A	H	W	U	M	Z	L
Y	K	M	I	K	B	C	K	L	A	R	O	C	O	T	H	A	X
R	Y	T	G	F	I	O	K	R	W	J	S	K	B	S	B	E	Z
A	X	S	I	W	O	I	P	J	G	C	L	R	T	Q	R	C	U
X	I	N	P	K	B	T	W	A	Y	C	D	A	O	O	R	O	L
P	C	R	S	R	Y	Q	M	T	H	M	J	H	R	X	L	N	S
N	S	B	E	C	G	P	L	V	C	W	P	S	T	I	C	Z	H
F	E	U	P	T	H	V	Y	J	O	R	G	M	O	N	C	S	G
B	T	S	M	I	C	R	O	O	R	G	A	N	I	S	M	H	T
B	N	M	B	B	W	A	T	P	I	M	M	B	S	C	P	G	S
E	M	I	C	Q	Q	H	B	M	M	Q	L	Q	E	C	G	H	D
I	A	X	Z	V	T	S	N	A	L	S	A	P	L	A	I	I	F
N	H	J	W	E	Z	S	L	W	V	W	Y	W	P	H	J	E	W
S	Y	S	Y	E	X	E	S	V	O	H	U	K	K	A	Y	Q	D
E	D	O	G	C	L	T	M	K	N	U	S	A	L	K	I	J	A
C	W	O	K	J	D	R	V	Z	L	J	E	X	B	H	N	X	A
T	K	M	U	V	H	B	R	V	J	M	A	L	C	M	H	A	B
C	F	N	J	Q	L	M	S	V	Z	F	V	U	F	Z	N	Z	Q

Motivation gets you started; habit keeps you going

AMPHIBIAN
MICROORGANISM
CRAB
TORTOISE
MAMMAL
BACTERIA
WHALE
INSECT
CORAL
SHARK

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D	A	F	P	O	H	O	W	M	I	M	Z	C	H	F	P
F	P	L	L	A	O	Y	S	L	T	V	Y	V	D	G	Y
M	R	G	D	R	I	B	G	N	I	M	M	U	H	L	N
V	B	P	Z	E	B	R	A	C	V	O	T	P	A	S	R
M	Y	A	S	Y	E	H	T	I	R	C	N	G	G	S	G
Q	C	N	K	T	P	J	K	L	L	O	P	S	R	G	S
N	C	D	Q	E	T	F	S	W	V	Z	W	F	U	O	Y
T	S	A	L	L	I	R	O	G	D	K	N	Q	O	N	X
D	X	E	U	X	G	C	F	X	Y	X	D	T	Z	N	Z
F	Q	G	R	A	E	B	V	X	G	S	I	V	H	H	I
N	Z	G	C	V	R	A	T	T	E	G	K	J	A	Y	P
P	I	B	C	W	V	Q	Q	U	V	P	K	L	E	H	A
Y	O	Q	X	Z	E	I	R	H	W	J	Y	E	D	S	R
L	G	Z	O	Y	D	L	M	Z	D	M	K	U	U	B	J
I	R	S	V	O	I	E	F	J	Z	X	O	N	D	V	Z
Q	P	V	O	U	B	I	F	V	P	Z	K	N	I	W	T

Don't count the days, make the days count

OWL
ELEPHANT
TIGER
PANDA
HUMMINGBIRD
FOX
ZEBRA
LION
BEAR
GORILLA

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H	X	V	L	Y	D	S	Y	O	O	W	P	Q	L
I	T	D	F	O	O	U	Q	Q	F	P	E	Y	C
O	A	C	B	N	L	J	T	Q	K	T	G	X	F
T	O	T	G	K	P	T	L	G	C	X	C	M	H
T	G	H	I	N	H	E	S	W	E	T	R	T	D
E	Q	N	N	I	I	R	F	Q	R	J	O	F	V
R	V	X	F	H	N	H	C	F	U	L	C	C	C
M	C	S	U	P	O	T	C	O	A	I	O	D	R
C	W	T	O	W	S	Y	Q	R	O	R	D	P	Y
H	C	L	X	V	T	K	L	G	U	B	I	Y	T
R	V	S	N	A	U	O	M	H	M	A	L	G	Q
K	A	N	G	A	R	O	O	F	W	T	E	K	J
A	B	S	F	R	P	M	U	H	S	J	K	S	X
Y	G	M	M	T	M	B	A	D	D	F	E	N	F

Your limits are only your beliefs

GIRAFFE
OTTER
CROCODILE
DOLPHIN
GOAT
SEA URCHIN
OCTOPUS
KANGAROO
BAT
SQUID

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A	Q	D	J	B	R	N	K	V	N	A	J	Z	R	K
T	O	X	P	E	F	U	V	A	T	L	X	J	H	B
S	Z	B	V	D	D	F	Z	N	O	B	M	F	V	T
V	N	R	J	O	E	R	F	T	S	A	U	C	R	J
X	B	J	X	E	J	F	I	J	O	T	A	S	N	X
Y	Q	H	W	H	A	D	I	O	U	R	Z	H	Y	D
I	N	M	Y	S	D	Z	O	S	P	O	I	J	V	K
Q	V	S	T	A	F	K	T	E	H	S	U	R	H	T
N	B	L	A	O	C	O	N	Y	Q	S	N	Y	A	L
Y	S	X	T	U	R	T	L	E	D	O	V	E	W	X
R	W	F	C	K	E	R	P	G	E	O	P	U	K	N
E	G	D	I	R	T	R	A	P	G	O	Y	A	N	D
Y	P	P	A	N	U	U	N	P	I	I	S	B	Y	A
C	B	T	X	Q	D	T	D	G	S	C	X	V	E	N
L	E	D	Z	E	I	G	Z	X	Y	N	N	F	W	U

Attitude is the difference between an adventure and an ordeal

FISH
CUCKOO
TURTLEDOVE
ALBATROSS
CARPENTER
PARTRIDGE
PARROT
THRUSH
STORK
HAWK

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C	G	R	A	S	S	H	O	P	P	E	R	J	X	U	K
S	D	G	T	D	E	L	T	E	E	B	R	X	O	S	H
R	R	N	S	X	W	L	N	H	W	B	P	F	G	F	U
N	A	K	Z	I	M	X	A	P	O	S	Q	N	V	K	P
B	G	N	F	L	J	D	E	Z	R	G	V	I	F	K	Y
O	O	N	K	L	O	A	S	I	H	S	J	C	P	X	G
Z	N	H	A	B	R	P	A	R	W	U	X	D	B	A	M
T	F	C	B	X	C	X	B	A	M	P	Q	R	K	D	M
I	L	A	K	P	C	R	L	H	L	T	N	O	M	V	V
R	Y	Z	S	C	T	L	R	Z	I	D	G	U	U	T	X
X	Q	B	D	Q	O	G	Z	W	F	X	U	O	W	H	B
U	A	X	H	W	U	C	Q	K	C	N	N	G	Y	U	T
R	Z	O	Q	A	C	P	A	B	Z	O	D	K	L	I	H
U	W	D	V	E	A	L	E	E	C	C	A	I	Z	A	G
Z	H	J	X	S	N	E	H	W	P	K	J	R	T	K	W
K	C	J	Y	G	N	A	T	N	U	B	A	R	A	M	C

Don't wait for conditions to be perfect to move forward

PEACOCK
SWALLOW
BEE
MARABUNTA
TOUCAN
DRAGONFLY
GRASSHOPPER
HEN
BEETLE
ANT

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R	R	E	D	I	P	S	H	E	O	H	G	H	B
D	U	S	F	Z	E	J	A	O	W	A	S	P	U
L	M	U	C	B	Q	X	E	S	O	V	G	B	D
J	O	O	R	B	U	B	P	L	L	W	L	N	F
F	S	L	I	U	P	M	W	G	J	H	A	P	S
G	Q	Q	C	O	S	Y	B	X	Y	C	K	E	E
X	U	L	K	B	B	F	U	L	D	R	W	B	N
Q	I	H	E	S	N	C	F	Z	E	D	W	V	E
Z	T	K	T	U	M	C	O	B	F	B	X	W	P
H	O	U	W	O	F	H	Q	S	Y	M	E	W	O
H	A	B	R	T	M	Q	G	G	H	F	L	E	A
E	M	U	J	D	P	O	R	G	R	O	Q	X	F
I	Z	R	L	Y	C	X	N	I	H	P	S	B	V
T	N	C	R	R	M	J	J	E	E	U	M	G	R

Success is not final, failure is not fatal: It is the courage to continue that counts

SPHINX
CRICKET
FLEA
LOUSE
MOTH
MOSQUITO
WASP
SPIDER
FLY
BUMBLEBEE

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H	L	H	T	L	P	W	R	L	R	F	Y	F	A	L
Z	U	T	G	R	G	B	K	O	A	L	A	H	M	T
R	P	Q	Z	I	K	F	U	L	B	F	T	C	N	K
N	H	E	S	B	P	Z	G	C	B	X	E	L	D	N
G	D	I	T	U	V	D	I	Q	I	N	Y	M	I	X
X	F	J	N	D	U	T	L	Q	T	I	S	N	X	E
E	B	F	L	O	W	H	S	I	G	N	L	O	R	A
X	S	F	R	C	C	A	P	G	W	B	A	H	R	F
R	Z	B	H	A	J	E	C	B	R	B	J	R	D	U
L	N	O	F	N	D	A	R	O	O	I	T	F	I	W
F	Y	U	U	E	N	V	G	O	N	D	M	N	D	E
Z	V	P	L	A	T	Y	P	U	S	E	I	K	G	E
J	V	F	F	Z	C	P	A	O	A	E	G	Y	C	V
G	S	U	J	Y	I	L	Y	P	R	R	P	V	P	T
X	Z	N	B	H	Q	U	P	Q	B	S	X	G	B	I

The only way to do great work is to love what you do

CENTIPEDE
RABBIT
RHINOCEROS
KOALA
DEER
WOLF
JAGUAR
WILD PIG
HIPPO
PLATYPUS

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J	J	N	S	T	S	K	V	W	Z	R	K	L	G
T	T	G	L	E	R	R	I	U	Q	S	J	Z	O
O	S	A	U	D	S	E	R	A	S	C	U	Z	H
S	C	P	K	B	H	L	L	E	S	A	E	W	D
K	S	T	A	B	R	G	A	T	G	N	S	G	N
N	X	U	L	W	E	J	N	E	U	A	I	R	U
I	R	I	X	S	W	A	B	R	I	S	O	C	O
E	F	R	E	J	T	Q	V	R	E	X	G	S	R
R	Q	S	R	X	O	U	T	E	L	O	M	A	G
B	K	I	J	R	A	J	S	F	R	A	C	T	P
R	P	N	R	V	V	U	G	Y	U	C	B	R	H
H	X	K	I	O	O	T	A	O	O	U	M	O	E
V	G	A	I	M	S	Q	K	O	O	R	N	D	C
S	B	D	Z	V	L	F	N	I	I	Q	Y	B	G

Discipline is the bridge between goals and accomplishments

BEAVER
FERRET
MOUSE
GROUNDHOG
SQUIRREL
WEASEL
MINK
RACCOON
MOLE
SHREW

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N	N	A	M	P	D	X	Q	F	E	X	Y	V	G	I
J	C	M	A	E	O	Y	Q	C	L	R	B	F	G	L
U	T	S	I	G	P	E	V	H	T	W	A	O	I	X
N	S	R	G	W	W	G	B	F	R	T	Z	Z	U	C
U	M	E	U	N	Q	A	A	U	U	Z	A	C	F	H
U	R	K	A	U	B	B	N	W	T	R	Q	C	P	A
R	H	O	N	T	C	E	O	H	D	A	T	R	V	M
O	F	X	A	J	U	E	K	A	N	S	Q	X	P	E
E	Z	J	S	L	B	R	O	R	A	E	V	R	D	L
T	A	P	J	F	G	W	T	E	L	V	E	G	R	E
W	S	G	I	K	F	X	C	L	O	P	U	B	P	O
W	X	K	L	T	Z	M	H	T	E	A	O	Y	U	N
P	Y	S	M	E	O	I	E	Z	N	B	J	S	E	H
Q	N	N	D	Y	L	N	P	M	W	D	E	Q	S	L
V	Q	L	W	S	K	A	U	W	L	A	Z	R	L	Y

The only limitation you have is the one you place on yourself

HARE
IGUANA
SNAKE
EAGLE

SEA TURTLE
LIZARD
BOA

LAND TURTLE
CHAMELEON
PITON

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M	L	S	G	A	L	L	I	N	A	Z	O	C	U
J	C	E	S	S	U	E	X	E	M	P	S	O	L
J	C	G	N	Q	P	Y	R	Q	W	A	Q	C	P
N	A	M	C	Q	T	S	K	T	D	U	C	K	X
Z	Q	T	N	E	X	X	L	Q	S	D	P	A	O
G	U	D	R	U	I	B	B	P	E	E	A	T	W
Y	E	K	R	U	T	V	X	X	Z	M	K	O	G
G	K	E	S	I	E	N	B	O	I	F	S	O	C
Q	T	W	P	D	B	N	M	Q	M	B	A	L	J
L	A	M	M	O	U	G	B	B	I	F	R	P	E
N	K	F	E	J	K	O	N	M	N	P	T	O	A
H	G	A	N	Z	O	O	M	O	F	A	G	J	D
D	J	B	C	I	P	S	Q	P	S	A	I	X	O
C	X	X	G	H	W	E	C	J	C	F	P	N	P

The key to success is to start before you are ready

SONGBIRD
GALLINAZO
GOOSE
KESTREL
COCKATOO
ADD
DUCK
MACAW
SWAN
TURKEY

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Q	Y	J	U	Q	P	P	X	X	C	J	C	X	F
M	E	D	K	X	B	J	T	F	K	K	M	O	T
X	I	J	C	F	P	E	I	U	E	O	A	C	V
Q	D	W	O	R	R	A	P	S	M	N	Q	F	Q
S	J	W	C	L	V	I	I	P	H	R	W	H	B
Z	E	O	D	K	N	I	P	W	L	M	H	A	R
G	U	J	O	R	H	X	O	L	L	G	Z	J	M
G	L	L	O	V	I	C	I	G	Q	F	D	Z	C
Y	A	W	W	R	I	B	N	S	M	H	K	B	F
K	R	A	L	B	S	E	K	I	K	E	J	S	K
G	U	E	B	S	V	D	I	C	F	E	M	C	T
H	J	Y	O	A	E	R	L	S	A	G	G	S	K
O	Y	R	R	H	C	N	I	F	D	L	O	G	C
V	C	A	R	D	I	N	A	L	M	E	B	S	A

Do not be disturbed, do not be excited, maintain your inner peace

RAVEN
CARDINAL
CROSSBILL
WOODCOCK
SPARROW
BLACKBIRD
PIPIT
GOLDFINCH
FINCH
LARK

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C	G	L	J	L	R	Q	P	X	Z	I	T	K	O	D	I	F	D	T	Z
D	A	J	C	O	E	O	A	L	R	B	V	R	J	K	K	L	Q	R	G
B	U	Z	M	A	D	H	X	G	K	W	B	O	S	B	I	H	U	I	T
I	F	B	I	V	P	G	U	U	T	N	A	S	A	E	H	P	S	H	D
Y	V	O	F	V	E	E	N	W	A	G	U	L	C	P	X	L	Q	M	D
E	R	B	J	E	P	J	R	P	V	L	D	Q	Z	E	R	K	N	Z	A
S	D	Q	G	P	P	T	O	C	A	E	P	R	W	R	T	T	W	M	K
T	T	K	P	Y	E	M	M	L	A	I	L	P	M	E	K	N	A	J	N
V	Z	F	D	Q	R	X	T	G	Y	I	H	I	M	G	X	W	O	A	R
F	Z	S	I	F	S	T	L	E	H	T	L	K	F	R	Q	T	X	O	G
I	U	F	Z	W	O	E	T	J	E	N	V	L	S	I	C	I	F	Z	N
X	W	Z	P	C	S	Y	E	T	B	B	C	P	I	N	W	S	N	P	I
V	N	R	Y	O	L	Q	R	O	U	B	T	Q	A	E	H	V	Q	G	L
M	F	R	E	L	G	A	E	G	N	I	H	S	I	F	R	B	F	U	R
W	Y	F	P	D	O	G	R	S	U	V	A	R	E	A	D	I	Y	P	A
U	L	X	W	N	F	Z	H	J	R	C	H	W	L	L	Z	L	O	L	T
M	Y	W	I	E	O	I	S	G	N	K	L	D	P	C	K	Z	A	K	S
T	S	D	M	C	V	M	S	R	M	L	I	T	I	O	P	R	D	E	Z
U	E	L	R	G	B	D	Q	H	U	P	K	K	X	N	V	Q	P	P	D
J	W	N	A	O	J	K	G	X	D	O	U	T	B	X	K	E	G	Q	H

Happiness lies in the wise acceptance of reality

PHEASANT
REDPEPPER
BALD EAGLE
SWIFT

CAPERCAILLIE
REDFISH
PEREGRINE
FALCON

TETRAONIDE
FISHING EAGLE
STARLING

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Y	V	W	B	C	M	V	L	Z	R	Z	J	I	V	O	E
V	Z	K	N	X	V	P	V	V	R	V	D	F	Z	D	E
N	K	Q	E	T	M	X	O	N	X	M	L	J	U	P	S
L	A	I	F	T	H	E	Y	A	R	E	P	U	E	U	G
Z	G	M	M	U	D	X	K	G	N	I	W	P	A	L	N
W	U	N	O	X	D	K	N	I	V	W	E	H	U	W	O
W	F	W	C	W	V	J	O	K	R	I	Z	Z	D	O	Z
F	U	O	K	I	R	K	R	W	A	H	L	N	V	S	X
T	X	P	I	I	Q	E	E	X	Q	G	S	Y	B	P	H
X	P	X	N	W	A	E	H	G	E	K	W	Z	M	O	V
R	G	I	G	N	R	G	I	S	E	M	C	J	S	C	A
T	U	D	B	R	Z	N	G	E	A	P	X	M	Y	S	J
J	K	H	I	N	A	W	G	F	H	W	C	X	Y	Z	K
X	O	T	R	A	B	R	Q	R	Q	S	K	A	J	M	L
X	I	F	D	Z	E	A	Y	A	Z	S	H	R	D	O	G
P	L	U	O	T	R	A	T	S	D	E	R	W	B	V	R

Don't let others' behavior destroy your inner peace

EGRET
SCOPS OWL
REDSTART
PITIRRE
HERON
LAPWING
IF THEY ARE
SHRIKE
WASHERWOMAN
MOCKINGBIRD

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B	U	E	V	T	G	Z	R	A	D	G	F	T	L	Z
C	W	W	R	Z	K	X	O	O	Y	B	E	D	Z	V
M	V	G	E	E	Y	T	H	Y	R	L	D	F	A	Y
H	K	X	K	Y	K	R	R	U	A	U	G	L	Q	L
X	R	B	U	E	U	C	L	T	N	E	L	T	Y	C
W	R	C	C	V	S	R	E	M	A	T	I	B	V	Z
C	C	A	A	C	I	E	Q	P	C	H	C	C	P	F
H	A	W	C	L	X	Z	G	M	D	R	C	Z	H	Y
Z	N	R	J	L	E	Y	O	N	L	O	O	X	L	Q
P	A	V	L	N	I	B	O	R	I	A	O	V	C	Q
Y	R	U	U	A	F	M	T	R	W	T	Q	W	F	G
B	Y	J	G	U	C	S	B	N	G	O	N	V	Z	O
Q	X	B	A	N	K	I	E	E	S	P	N	U	T	T
L	T	E	N	N	I	L	Q	R	R	Y	O	H	B	D
D	N	Q	O	P	M	J	P	W	A	R	D	K	L	V

Choose what you can change and accept what you cannot.

CANARY
LUGANO
WOODPECKER
BUNTING
WILD CANARY
CLIMBER
WREN
LINNET
ROBIN
BLUETHROAT

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I	F	T	B	S	D	Y	S	G	V	W	E	O	G
O	N	O	B	K	P	N	Y	S	E	Q	J	S	R
O	O	L	Q	C	V	N	T	O	M	S	O	R	E
Q	R	D	Z	U	L	J	O	V	I	L	V	A	O
V	R	Y	V	D	O	S	T	R	I	C	H	N	K
T	O	R	G	L	C	Y	G	U	T	G	O	G	N
E	P	A	N	A	T	I	D	A	E	I	Z	K	W
B	A	T	E	E	D	R	B	V	X	P	U	Q	S
O	B	O	Y	R	A	T	A	R	L	P	T	B	Q
D	J	N	E	T	V	H	R	F	G	L	D	E	N
T	T	V	S	P	C	T	C	N	G	I	I	L	X
K	D	U	L	Q	R	W	D	O	D	K	L	V	A
Y	B	U	E	K	L	N	Y	O	F	W	U	Q	O
J	O	J	V	O	P	V	L	L	Z	W	T	H	S

Virtue is sufficient for happiness

VERDIGRIS
PORRÓN
REAL DUCK
BUSTARD
NOTARY
LOON
ANATIDAE
BUITRON
FOCHA
OSTRICH

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T	U	N	E	X	R	P	C	M	E	T	P	E	V	G
W	M	V	T	K	W	E	Q	M	Z	W	Y	T	L	E
N	D	V	D	C	K	C	U	H	C	D	D	Q	D	Y
G	G	S	W	A	S	S	Y	P	S	H	Y	P	K	A
I	N	B	O	O	K	U	K	M	Q	L	E	C	I	E
H	B	U	R	R	W	J	L	O	H	I	K	G	P	Y
N	I	R	A	M	A	T	S	B	V	B	N	N	R	A
A	A	T	N	R	U	M	E	L	F	A	O	C	R	D
T	B	V	G	J	I	B	V	T	F	B	M	J	H	R
G	Z	I	U	X	J	Q	K	A	B	O	L	B	L	K
W	T	W	T	S	F	G	K	I	A	O	G	J	M	H
B	Q	F	A	U	K	V	G	G	M	N	D	W	C	Z
E	E	Z	N	A	P	M	I	H	C	A	M	W	T	K
I	G	Z	A	Q	W	F	W	J	L	L	T	H	K	T
X	E	Y	H	N	J	D	A	B	M	Y	R	F	L	F

The greatest revenge is to be unlike those who try to hurt you

MUSKRAT
CHUCK
LEMUR
AYE AYE
ORANGUTAN
BABOON
GIBBON
CHIMPANZEE
TAMARIN
MONKEY

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C	X	E	O	G	R	Y	Q	C	D	V	T	W	I	J	T
Z	X	Q	G	O	J	V	I	R	O	J	J	A	K	Y	A
P	V	A	Q	T	O	S	Y	Q	G	C	O	L	A	Z	Y
T	U	Z	L	T	H	A	K	K	O	U	Q	L	Q	D	I
A	S	O	Y	S	A	O	A	L	N	L	X	A	B	F	T
O	N	R	J	M	N	B	R	O	Q	W	R	B	C	O	E
J	F	D	W	A	Z	Q	M	N	D	O	J	Y	L	K	W
P	S	W	I	Q	K	S	A	O	Y	E	O	O	B	Y	Y
S	V	A	U	H	J	N	D	B	W	D	V	M	N	E	T
R	F	J	Q	X	C	J	I	S	Y	L	E	E	I	Q	H
K	T	P	L	J	Z	E	L	K	C	D	Q	V	S	G	E
Q	N	D	I	A	J	Q	L	I	L	U	O	G	I	X	D
E	N	I	P	U	C	R	O	P	O	D	G	J	S	L	Y
Q	F	E	G	I	O	N	U	E	J	K	X	N	M	Y	A
A	X	G	O	T	Q	U	Q	S	O	S	L	H	K	X	B
J	G	S	D	M	U	W	O	L	P	P	P	V	L	W	Q

Do not be a slave to your desires; control your appetites

KINKAJOU
PORCUPINE
QUOLL
WOMBAT
LAZY
QUOKKA
THORNY DEVIL
ARMADILLO
WALLABY
ECHIDNA

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Z	E	C	F	P	A	X	V	E	T	I	U	W	S	J
A	S	Q	G	N	C	J	N	T	W	A	L	A	H	E
Y	A	X	R	W	W	C	I	S	U	M	O	P	H	Y
Y	A	R	T	J	U	P	M	X	F	E	A	M	H	T
L	W	U	R	R	I	U	E	W	R	N	E	Q	F	M
R	H	J	P	U	E	V	Y	U	C	I	X	I	J	L
Z	S	P	E	Y	B	R	T	V	K	C	F	U	A	M
H	X	O	F	T	R	A	D	I	T	I	O	N	X	P
F	I	C	T	G	R	H	K	X	W	P	L	W	Y	N
H	K	S	R	E	C	S	K	O	I	J	K	V	U	J
K	R	E	T	A	E	H	T	Q	O	H	L	K	Y	E
L	R	I	I	O	H	W	A	J	M	K	O	E	D	S
A	L	V	D	G	R	K	Q	L	A	T	R	A	K	U
J	K	Q	X	P	N	Y	J	T	A	U	E	U	M	I
Q	X	S	G	A	V	K	W	D	A	G	I	N	V	T

Happiness is a good disposition of the mind

KOOKABURRA
MUSIC
THEATER
FOLKLORE
GALAH
LITERATURE
HISTORY
ART
CINEMA
TRADITION

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O	I	N	X	V	F	C	V	L	P	W	A	Z	T	J	I	N	H	X
Z	P	D	N	P	I	S	D	H	D	A	N	C	E	Q	W	G	W	W
C	W	G	A	S	T	R	O	N	O	M	Y	G	B	Y	Q	O	Y	U
U	W	L	E	R	U	T	L	U	C	R	A	L	U	P	O	P	H	M
I	W	L	O	V	C	F	N	F	P	T	K	D	N	G	B	A	F	B
L	P	S	C	C	R	H	N	O	I	H	S	A	F	K	I	I	J	C
K	B	T	Q	I	F	F	I	R	Z	I	C	E	D	K	E	N	F	X
L	S	P	M	Q	T	Y	E	T	P	G	U	I	A	Y	Z	T	E	K
Y	E	X	L	D	H	H	J	R	E	C	L	G	Y	K	X	N	W	N
Q	I	J	P	U	W	P	X	B	A	C	P	M	X	N	K	Y	N	G
L	T	S	H	V	M	T	R	A	D	I	T	I	O	N	S	J	I	J
S	R	C	P	P	Q	R	O	J	M	V	U	U	R	N	A	B	V	Z
R	A	Q	Z	N	X	B	Y	P	G	T	R	M	R	W	L	H	Q	Y
K	P	X	D	M	J	N	B	M	V	I	E	Q	G	E	C	O	P	O
W	Z	V	C	I	H	A	P	T	I	J	C	K	K	L	B	G	C	Q
O	O	W	T	X	N	G	G	Y	U	C	S	F	M	P	D	B	E	A
D	Z	I	O	A	A	J	X	O	G	F	D	S	Q	R	L	Z	N	T
X	K	U	Y	C	T	M	V	S	D	S	K	S	M	X	V	Q	W	U
C	F	J	U	X	U	H	C	N	I	G	I	U	P	S	J	T	Q	S

We are not disturbed by what happens, but by our opinion of what happens.

GASTRONOMY
TRADITIONS
SCULPTURE
FASHION
HERITAGE
ARCHITECTURE
DANCE
PARTIES
PAINT
POPULAR CULTURE

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M	G	X	Y	A	P	Z	C	R	A	F	T	B	Z	K	R	Z
I	W	D	G	H	P	J	P	O	G	E	U	M	D	F	X	F
S	U	X	O	O	F	A	G	K	V	R	R	H	U	M	Q	C
Y	G	O	L	O	I	C	O	S	B	E	N	C	O	S	X	B
S	E	I	O	P	Z	K	Q	A	E	L	F	G	R	Y	Q	I
T	C	T	P	E	B	T	N	J	D	I	E	S	S	P	G	T
Y	O	S	O	I	Z	C	E	W	Z	G	N	B	D	S	B	V
E	D	Y	R	B	U	K	R	Z	A	I	A	K	H	K	B	P
E	C	D	H	L	D	L	G	U	E	O	I	V	H	N	A	K
F	B	O	T	P	T	U	G	G	R	N	P	S	X	I	D	U
L	T	U	N	Q	O	N	O	B	H	Y	W	C	G	A	E	O
O	R	X	A	O	A	S	H	P	B	Z	O	R	S	R	O	J
E	P	Y	J	L	M	N	O	T	V	S	O	E	R	O	R	V
U	P	R	Y	I	K	Y	B	L	E	M	I	R	C	O	P	V
N	O	N	N	T	Z	V	G	T	I	K	G	L	E	J	O	I
Y	E	F	Y	P	F	G	U	L	G	H	R	Y	T	P	F	C
N	O	I	T	A	C	U	D	E	Z	I	P	U	K	L	C	G

Patience is the companion of wisdom.

RELIGION
ANTHROPOLOGY
POLICY
CRAFT
LANGUAGE
SOCIOLOGY
EDUCATION
PHILOSOPHY
ECONOMY
URBAN CULTURE

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Z	N	T	T	U	D	G	M	G	I	B	F	T	D	P	F	F	N	N	E	K
D	P	K	U	T	K	X	P	Y	O	U	T	H	C	U	L	T	U	R	E	W
I	W	Z	T	R	K	D	L	D	T	H	C	Q	T	R	F	C	I	R	X	R
R	X	L	N	G	T	W	V	T	B	H	R	X	I	G	Y	B	U	Z	D	Z
M	C	W	D	W	P	N	L	R	Q	C	O	M	I	H	L	T	K	Z	H	W
E	Y	E	X	K	B	E	U	A	N	L	U	L	P	S	L	X	C	N	I	W
W	D	D	Q	N	X	K	F	T	P	C	E	A	O	U	C	O	C	O	D	N
D	N	N	M	L	M	D	P	E	D	M	R	N	C	G	H	S	Y	I	E	V
J	W	I	W	D	A	W	P	E	Q	G	Y	C	Q	C	Y	H	G	T	U	J
J	C	R	J	L	N	Y	V	R	O	O	I	I	N	K	O	I	O	A	K	B
T	M	U	D	C	P	C	L	T	V	S	I	E	G	S	T	Y	L	C	X	U
A	L	W	G	D	A	O	O	S	S	A	W	N	T	A	Q	D	O	I	L	G
X	K	E	C	D	I	H	T	A	O	P	J	T	L	M	J	R	N	N	D	A
F	P	R	F	N	P	J	L	D	N	V	J	C	M	D	H	T	H	U	Q	E
V	O	D	Q	M	U	C	X	P	O	S	U	U	P	W	N	G	C	M	X	D
X	U	B	T	P	Y	G	U	I	E	L	J	L	C	L	U	H	E	M	K	W
J	B	W	W	L	H	J	K	N	T	X	M	T	M	Y	L	Z	T	O	X	H
O	I	Z	M	L	B	O	X	U	T	U	Y	U	R	K	J	V	I	C	N	Z
T	E	E	G	A	T	I	R	E	H	L	A	R	U	T	L	U	C	U	P	N
T	X	M	Q	K	A	E	W	M	R	Y	L	E	Q	G	W	Z	X	D	C	S
V	C	L	O	I	O	T	H	D	P	F	G	I	Q	P	S	Q	A	U	Q	I

Face difficulties with courage

MYTHOLOGY
STREET ART
CULTURAL HERITAGE
CLASSIC CULTURE

DIGITAL CULTURE
COMMUNICATION
ANCIENT CULTURE

TECHNOLOGY
YOUTH CULTURE
PHOTOGRAPHY

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V	Y	C	O	U	C	N	C	F	O	D	E	U	C	J	D	A	T	U
G	S	O	L	F	C	J	T	P	K	S	C	D	Z	R	M	L	K	W
Q	A	N	D	G	E	R	G	D	G	H	E	K	Z	M	W	C	M	B
B	Z	Z	O	B	R	N	E	V	U	S	F	A	Y	E	Q	K	H	H
O	M	W	W	I	U	T	K	O	I	G	I	R	Z	T	D	P	T	A
F	N	F	G	F	T	S	X	G	L	W	Z	H	R	P	X	H	G	T
M	O	C	F	R	L	I	N	J	P	E	R	M	M	K	P	Z	D	X
O	M	R	B	L	U	E	D	O	Y	M	C	A	X	V	N	M	Z	P
F	X	K	G	G	C	S	S	A	I	T	E	U	E	N	O	L	F	L
V	E	R	V	M	O	L	M	C	R	T	K	G	L	D	A	G	Z	T
X	N	B	D	R	Z	A	B	G	H	T	A	J	E	T	G	J	T	X
T	V	L	E	A	I	V	H	F	F	U	L	R	I	T	U	A	L	S
Q	J	E	E	I	T	I	O	N	P	L	N	A	B	F	L	R	K	X
F	A	A	M	V	S	T	J	G	Y	A	T	O	R	E	O	D	E	G
J	H	U	F	Q	E	S	V	R	R	K	R	Z	M	O	L	P	O	E
N	O	O	Z	X	M	E	X	T	U	F	H	Q	P	S	T	E	N	S
A	Q	E	M	W	D	F	V	T	G	Y	Z	Q	D	D	A	Y	C	C
G	U	Q	V	X	G	L	O	B	A	L	C	U	L	T	U	R	E	N
J	F	P	H	E	Q	I	O	Q	E	Y	Q	L	N	X	E	G	Y	W

True happiness is enjoying the present, without anxious dependence upon the future

MODERN ART
ORAL TRADITIONS
FESTIVALS
BLUE
DESIGN
MESTIZO CULTURE
CELEBRATIONS
GLOBAL CULTURE
CREOLE CULTURE
RITUALS

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W	G	D	S	H	D	R	I	Z	N	Y	Q	G	O
O	R	A	N	G	E	H	Q	H	Z	H	C	T	N
K	E	Q	E	T	S	X	K	A	G	X	P	U	Y
C	E	X	I	R	I	X	J	M	X	X	C	D	A
C	N	H	Q	O	O	P	S	J	X	E	G	W	L
M	W	C	H	Y	U	U	C	D	K	W	E	Q	U
M	T	V	Q	W	Q	R	B	R	O	X	K	I	Q
M	D	D	Z	M	R	P	O	L	O	J	K	A	I
E	Z	O	Q	X	U	L	L	G	A	A	N	M	M
E	G	Y	J	S	T	E	G	L	A	C	E	X	X
P	F	U	C	P	Y	Y	D	P	I	N	K	V	T
T	D	L	K	L	U	E	E	P	H	L	Z	K	C
F	R	M	E	L	M	G	R	X	X	L	X	G	T
C	C	S	E	P	I	P	Z	G	Z	X	H	U	U

The quality of your life is determined by the quality of your thoughts

RED
WHITE
PINK
TURQUOISE
GREEN
BLACK
GREY
YELLOW
PURPLE
ORANGE

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E	F	Q	H	O	L	Y	G	V	N	A	B
B	E	I	G	E	Q	G	M	G	L	T	C
A	I	S	H	C	U	F	C	S	J	S	M
S	L	E	K	O	F	L	K	R	A	C	U
E	I	X	V	F	L	Q	B	L	N	R	N
A	H	L	F	F	Y	V	M	Y	R	I	V
O	U	C	V	E	M	O	Z	R	K	M	W
G	O	L	D	E	N	B	T	F	L	S	J
I	D	E	O	C	R	E	M	R	A	O	I
D	L	V	T	O	H	O	P	A	H	N	K
N	L	U	W	W	U	W	M	P	Q	Y	R
I	I	N	Z	B	Z	W	Z	O	A	V	V

Do not wish for things to be as they were before; Accept change

SKY BLUE
BROWN
CRIMSON
SALMON
COFFEE
GOLDEN
INDIGO
BEIGE
SILVER
FUCHSIA

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J	J	S	C	A	R	L	E	T	K	D	Y	Y	Q	S
I	I	C	A	F	G	F	T	I	M	Q	X	Y	H	Z
M	I	I	L	I	Z	H	V	B	F	J	Z	X	P	S
L	J	G	I	O	B	J	C	B	D	W	C	U	N	Q
E	X	D	L	T	J	L	P	O	E	O	U	Y	L	Y
V	S	Z	E	R	U	A	C	M	Z	Y	N	J	E	X
E	D	N	F	S	A	H	K	J	U	I	O	N	Y	K
H	D	X	O	Z	E	X	S	X	C	T	I	A	J	Y
Q	U	O	B	R	M	X	J	Y	F	R	L	Y	R	O
M	L	V	Q	A	F	M	Y	V	A	T	I	C	Y	N
E	M	R	L	I	D	F	Q	M	L	G	M	C	Y	Q
I	U	L	Q	M	Y	S	A	M	B	E	R	I	D	Q
O	O	D	A	P	P	U	P	S	G	J	E	T	O	J
W	Y	A	B	D	Q	V	C	D	W	Z	V	U	A	D
Z	P	W	L	A	M	X	P	C	P	Y	P	Y	S	V

Do not seek for events to happen as you wish, but wish for events to happen as they do, and you will be happy

LILAC
VERMILION
CYAN
JET
AMBER
SAFFRON
OCHER
AQUAMARINE
MALLOW
SCARLET

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Q	Y	R	I	B	T	L	H	M	B	Q	J	M
O	L	I	V	I	N	E	S	R	W	G	A	U
K	K	U	O	Q	G	A	N	N	E	I	S	S
P	Q	R	R	M	P	E	Y	R	U	B	Y	T
O	H	P	Y	P	W	P	M	E	A	Q	S	A
T	N	G	H	P	O	P	Y	Y	A	G	F	R
E	E	I	P	Z	N	V	J	V	Q	I	J	D
M	R	M	L	M	N	B	R	T	J	L	E	M
E	U	I	D	U	M	X	B	S	E	Q	O	E
R	B	A	E	L	Z	G	I	A	K	Q	A	A
A	H	Z	O	P	E	A	B	J	C	F	U	T
L	E	F	O	O	H	E	D	I	Y	M	N	V
D	Z	K	C	C	C	L	K	P	X	Y	O	U

Don't let the past and future steal your present

MUSTARD
RUBY
GARNET
SAPPHIRE

IVORY
SIENNA
PLUM

EMERALD
OLIVINE
AZULINO

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S	O	K	M	E	Q	N	E	H	M	C	T	Z
E	I	Z	H	I	N	O	W	O	C	E	F	R
C	C	L	L	V	A	O	N	H	N	D	F	K
X	F	I	Z	R	M	E	F	Q	I	A	W	I
U	G	M	N	Z	A	P	O	T	Z	J	B	R
N	E	E	Y	N	R	E	P	P	O	C	M	E
L	K	J	I	V	A	Z	P	E	Q	Q	E	L
C	L	D	W	B	N	M	H	I	L	E	C	Y
C	N	E	C	Y	T	X	O	E	Z	D	B	W
L	G	F	E	J	H	A	B	N	G	G	E	J
N	V	U	Z	S	O	B	O	Z	K	O	X	B
Q	W	X	A	T	O	R	Z	J	F	W	C	N
G	C	W	J	V	B	A	U	F	K	S	R	Y

What you cannot do is more important than what you can do

JADE
PEARL
ZINC
LIME
CINNAMON
COPPER
BRONZE
TOPAZ
AMARANTH
ASH

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Q	H	Z	T	V	P	E	Z	E	U	L	L	Q	J	S
Z	Z	Z	T	O	H	V	I	G	J	Q	K	H	A	A
Y	M	V	I	T	U	V	G	G	S	P	S	G	T	C
Y	Z	L	S	J	O	R	F	P	V	I	O	L	E	T
P	O	P	D	U	M	G	M	L	Y	U	U	N	L	L
U	W	Q	N	S	A	I	O	A	Z	P	O	Z	A	S
V	K	W	C	W	G	L	R	N	L	C	S	V	O	X
H	D	F	O	M	E	G	Q	T	P	I	J	F	C	W
N	U	L	B	M	N	F	S	I	T	S	N	K	A	M
T	D	A	A	Q	T	T	I	O	M	D	S	E	M	Y
F	D	N	L	M	A	H	O	G	A	N	Y	Z	H	U
U	E	T	T	M	P	V	Z	O	J	O	C	J	X	H
O	V	B	V	D	O	Z	B	Y	W	L	J	F	R	X
Z	B	N	E	F	V	N	X	W	E	Z	J	W	C	A
P	D	W	H	Q	O	O	D	B	I	S	P	R	G	R

Wisdom is the only freedom

ENAMEL
EGGPLANT
TOURMALINE
ALMOND
COAL
VIOLET
COBALT
GRAYISH
MAGENTA
MAHOGANY

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S	S	K	R	S	J	F	H	M	O	O	W	X	J
M	S	R	O	P	B	P	C	Z	M	S	N	D	P
H	X	E	D	E	V	P	C	D	W	G	I	Q	P
M	R	D	N	N	J	F	P	S	C	E	Z	L	S
U	P	N	E	I	S	T	E	Z	S	U	I	F	A
C	Q	E	L	M	P	R	E	M	P	K	V	Z	I
N	Z	V	P	R	C	P	I	T	Z	U	Y	D	P
Y	G	A	S	A	H	L	A	U	G	H	T	E	R
G	R	L	N	C	E	F	C	H	A	R	M	M	T
H	R	Y	O	J	H	V	O	G	X	I	S	Z	G
L	F	L	U	W	G	K	K	M	W	S	Q	B	C
X	R	L	U	S	Q	W	U	L	D	P	L	W	G
Q	S	M	Q	X	O	I	E	Q	Z	H	N	O	N
M	K	Q	R	P	F	K	Z	M	C	V	Z	Y	A

Control your impulses, and you will be the master of your actions

NACRE
HAPPINESS
GLOW
SMILE
LAVENDER
JOY
SPLENDOR
CARMINE
LAUGHTER
CHARM

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S	S	J	V	J	M	I	Z	W	P	R	I	R	X
B	Q	L	C	E	K	F	N	W	Q	N	S	R	E
Y	V	S	J	B	C	U	Y	Q	F	P	S	H	P
L	P	R	Q	W	H	N	S	R	A	C	E	D	O
I	Y	M	X	K	F	H	A	R	E	G	N	J	X
F	C	N	K	W	Y	D	T	I	A	P	H	F	F
N	R	N	U	I	I	Y	S	U	D	H	S	Q	I
N	F	J	H	A	R	X	C	P	O	A	E	U	H
Y	I	H	N	H	O	R	E	X	A	I	R	G	S
H	B	T	I	V	C	C	R	R	I	R	F	P	D
O	L	Q	T	R	M	L	O	U	Y	I	K	B	W
P	X	A	T	H	G	I	R	B	W	Q	L	L	W
E	B	E	G	C	C	A	N	D	O	R	J	N	B
J	B	E	Q	M	O	F	D	C	Z	Z	O	V	G

True greatness lies in being strong in virtue

RADIANT
PARTY
BRIGHT
HOPE
SPARK
FUN
FRESHNESS
CANDOR
ECSTASY
RADIANCE

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G	I	R	H	A	G	D	K	G	B	J	F	D	K	A	X
X	Q	D	G	U	S	O	E	D	A	Y	S	A	V	S	F
P	Z	A	X	I	H	M	V	A	J	I	Z	Z	B	X	M
A	R	A	E	C	D	J	O	D	R	H	Z	K	D	W	O
C	L	P	Z	P	E	I	L	F	X	X	K	S	V	N	L
A	U	Q	R	R	E	L	I	E	F	K	P	D	U	O	O
B	M	S	L	C	N	J	E	F	L	A	D	A	C	I	R
S	Y	V	M	S	R	M	C	B	P	R	E	I	S	T	R
N	L	R	I	M	Y	D	S	P	R	K	M	B	O	A	J
O	F	G	S	E	O	T	L	C	U	A	O	T	N	R	D
G	N	E	C	M	S	A	I	S	U	H	T	N	E	I	D
H	J	K	H	T	U	T	N	C	Z	A	I	I	K	P	A
M	N	Z	I	S	V	Q	F	N	A	R	O	X	O	S	X
E	D	V	E	Z	V	F	W	I	A	V	N	R	G	N	L
G	C	Q	F	H	H	N	E	I	Q	M	I	M	X	I	F
U	I	X	T	T	G	O	P	Q	I	J	W	V	N	M	V

Embrace uncertainty; It's the only constant in life

RELIEF
APPLAUSE
MISCHIEF
INSPIRATION
EMOTION
CELEBRATION
LOVE
DEAR
ENTHUSIASM
VIVACITY

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G	I	K	W	D	E	N	K	J	J	J	M	Z	U	I	U	Z
D	Y	R	B	B	K	G	U	F	E	M	Q	E	T	A	Q	O
E	B	O	E	J	R	Y	I	O	E	G	O	E	S	S	S	R
L	I	E	K	M	L	O	U	G	H	Z	J	X	S	T	I	H
U	P	G	B	Q	I	F	C	J	L	V	C	E	T	O	B	Y
S	N	Q	M	R	G	T	T	E	G	H	N	N	M	N	S	I
I	Y	C	M	R	H	L	Y	K	D	D	T	Z	I	I	M	B
O	Y	W	O	A	T	C	Z	A	N	B	S	C	Z	S	F	R
N	C	G	U	N	Y	Y	T	I	L	A	T	I	V	H	F	F
S	C	C	X	N	C	N	K	A	H	P	M	B	C	M	J	V
N	W	R	T	A	T	E	D	C	E	V	I	T	S	E	F	T
E	V	Q	H	J	A	I	R	O	H	P	U	E	P	N	O	F
Q	S	H	P	Q	W	O	N	N	F	V	G	D	R	T	V	B
V	Z	T	I	T	V	V	H	T	K	S	T	P	P	F	H	L
A	O	Q	L	R	P	T	Z	M	F	U	P	K	R	E	I	K
D	F	G	E	Z	E	Y	R	C	F	M	N	G	C	P	B	I
V	U	F	H	J	J	A	Y	Z	P	C	K	T	C	S	K	M

Your thoughts create your reality, so choose them wisely

FERVOR
KINDNESS
UNCONCERN
PLAYTIME

FESTIVE
VITALITY
EUPHORIA

LIGHT
DELUSION
ASTONISHMENT

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A	R	K	N	V	Q	K	P	J	R	X	S	X	B	M	O
N	F	C	P	M	Z	E	B	O	J	M	B	K	N	I	B
Q	Y	R	Q	O	G	Q	Q	P	I	Y	G	J	T	E	R
H	D	C	I	D	S	I	S	A	W	E	A	L	T	H	J
H	Y	Y	R	E	V	A	R	B	N	U	H	R	Z	G	I
S	B	O	R	E	N	E	O	C	H	N	V	X	S	H	X
I	I	B	L	R	T	D	H	J	I	P	W	V	Z	N	V
R	Y	Q	G	F	Q	A	S	X	Y	O	G	E	I	Z	W
U	Q	X	I	Z	N	E	W	H	N	N	I	Z	H	Z	H
O	Q	G	M	T	Y	D	U	D	I	W	Z	E	A	P	N
L	Y	Z	M	O	W	E	E	L	Z	P	N	N	W	E	W
F	H	E	N	V	N	R	Z	A	Q	B	H	Y	R	A	K
O	N	H	E	L	F	Z	O	F	K	S	S	K	Q	C	Q
T	N	G	M	U	A	G	A	H	E	P	E	E	D	E	U
K	V	J	L	D	Z	H	J	R	Z	A	X	L	M	T	U
Q	A	R	C	M	M	N	D	I	G	Z	T	M	F	C	K

In the dance of life, find your own rhythm

BRAVERY
FREEDOM
ENCHANTMENT
GIFT
FRIENDSHIP
WEALTH
WONDERFUL
DAZZLING
PEACE
TO FLOURISH

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Q	C	G	O	Y	J	I	X	P	D	J	Q	V	X	B	H	P
L	Z	Z	V	U	R	X	G	Y	B	Y	M	N	R	R	R	I
F	G	G	W	Z	Q	G	J	J	V	W	C	C	Q	I	O	Z
E	L	R	Q	N	C	O	G	H	D	A	U	R	P	L	T	N
T	S	Q	V	O	K	M	Y	O	S	L	V	R	D	L	O	L
N	L	A	S	I	E	P	Y	T	R	K	E	B	O	I	F	Y
N	M	D	W	T	Y	I	K	I	U	G	C	Z	Q	A	K	F
L	Y	C	E	A	U	T	N	A	S	A	E	L	P	N	K	H
K	S	Y	E	E	D	N	E	J	U	X	E	O	O	C	E	J
Q	P	D	T	R	O	C	P	W	H	H	C	B	U	E	K	R
K	T	V	N	C	N	E	N	L	I	I	L	J	C	S	C	B
V	N	W	E	E	Z	I	Q	U	T	O	K	A	T	V	J	J
R	M	N	S	R	A	I	X	J	Q	M	L	I	I	Y	V	M
P	C	S	S	C	G	A	M	T	V	O	Q	R	V	L	R	K
E	E	P	E	B	H	W	L	B	S	E	P	C	D	W	V	V
P	K	H	B	Y	L	E	X	D	L	K	C	K	V	C	R	F
P	B	G	K	N	O	I	T	C	A	F	S	I	T	A	S	H

Let go of what you can't control; Focus on what you can change

INNOCENCE
GORGEOUS
BRILLIANCE
SWEETNESS
PLEASANT
SATISFACTION
ESSENCE
BEAUTY
SOLACE
RECREATION

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W	U	N	L	T	E	T	U	G	D	K	K	Z	L	U	A
T	B	Z	E	A	V	M	O	B	O	G	D	J	N	G	M
N	S	J	G	E	S	C	B	R	O	L	T	E	Z	Y	S
B	M	U	O	W	W	A	W	H	P	X	U	U	H	H	M
I	C	X	F	Y	B	P	G	I	Q	X	N	K	I	W	A
B	J	B	H	U	T	T	A	N	W	P	S	Y	K	V	R
U	F	Z	A	G	F	I	V	G	I	S	X	C	B	E	V
V	E	J	L	F	U	V	L	Q	G	Z	P	C	U	X	E
K	S	G	A	O	A	A	Z	A	N	U	A	G	F	C	L
K	T	N	V	R	N	T	L	I	I	Z	H	M	N	I	O
S	I	H	R	T	J	I	G	W	U	D	J	E	A	T	U
H	V	W	F	U	N	N	T	J	H	I	R	G	O	I	S
I	I	W	Q	N	Y	G	W	W	L	E	F	O	S	N	I
G	T	T	W	E	F	F	Q	Q	V	Y	P	U	C	G	W
I	Y	Q	R	E	T	B	D	E	K	K	V	H	C	P	I
U	S	K	L	F	C	E	R	U	S	A	E	L	P	K	R

The present moment is a gift; that's why it's called "the present."

MARVELOUS
AMAZING
CAPTIVATING
PLEASURE
REVERENCE
EXCITING
LAUGH
CORDIALITY
FORTUNE
FESTIVITY

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P	X	B	O	P	P	J	L	R	L	K	C	I	U	F
C	H	A	R	A	C	T	E	R	L	K	S	M	F	I
V	Y	X	B	F	R	T	C	J	N	S	D	Z	N	B
U	U	F	A	F	R	G	A	U	E	E	X	G	E	F
N	V	T	K	A	V	Q	E	N	G	Z	T	X	N	Y
O	J	G	V	B	P	E	T	Y	Q	O	B	O	E	O
I	T	O	J	I	O	H	I	W	N	U	H	F	R	K
M	N	L	V	L	G	U	P	J	V	N	Y	F	G	E
R	S	I	H	I	R	F	S	O	F	U	N	N	Y	E
E	J	F	R	T	A	L	E	Z	B	S	F	P	O	N
F	J	B	W	Y	F	L	R	O	T	T	J	D	V	C
O	Z	N	O	X	W	O	I	F	O	R	C	E	G	I
H	C	L	S	Y	M	P	A	T	H	Y	Y	Z	A	H
Y	M	S	Z	F	K	B	Z	O	Y	W	Y	Y	G	K
I	E	J	W	I	U	O	I	D	Q	N	L	V	T	G

Strive for progress, not perfection.

RESPITE
CHARACTER
AFFABILITY
KEEN

FUNNY
ENERGY
JOVIALITY

BRIGHTNESS
FORCE
SYMPATHY

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L	N	O	H	C	R	P	R	B	S	A	R	J	J	B	S
F	F	Z	E	G	P	Q	F	Y	A	V	U	J	U	G	L
J	G	A	I	B	L	I	A	M	P	R	I	V	A	C	Y
A	U	X	M	V	N	A	S	T	T	C	O	Y	T	X	M
S	M	F	L	S	O	F	C	A	G	O	C	F	T	B	C
E	S	R	Y	T	I	C	I	L	P	M	O	C	R	O	S
N	R	E	S	Y	T	R	N	T	W	M	U	C	A	G	O
R	O	I	N	T	O	T	A	V	D	I	G	J	C	R	M
Y	M	B	S	R	V	V	T	H	Z	T	O	D	T	A	U
D	J	B	O	E	E	Y	I	S	C	M	T	J	I	L	O
W	F	M	T	P	D	D	O	W	T	E	P	L	O	C	D
M	R	U	I	P	Y	S	N	O	I	N	K	W	N	P	N
V	T	M	L	C	O	D	S	E	O	T	C	X	Z	W	K
S	Z	V	P	U	O	M	L	Y	T	F	R	Z	O	N	X
L	E	D	G	B	V	E	A	T	E	J	E	T	O	H	X
O	I	C	N	O	I	T	C	U	D	E	S	C	X	K	W

Acceptance doesn't mean resignation; it means understanding.

CHARISMA
DEVOTION
ATTRACTION
COMMITMENT
TENDERNESS
DESIRE
PRIVACY
COMPLICITY
FASCINATION
SEDUCTION

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M	E	C	B	P	S	P	V	Y	B	B	U	H	B	J	Q
K	X	P	O	T	G	I	L	F	A	S	R	L	C	A	C
O	K	T	P	D	J	J	Y	L	F	N	Z	R	K	F	O
U	N	S	U	O	B	H	J	H	F	V	H	N	A	U	T
Q	U	E	I	N	A	K	V	M	E	E	T	S	E	Q	W
E	F	S	U	S	I	D	B	I	C	E	K	D	K	S	G
N	I	W	Q	O	P	N	P	R	T	R	E	F	U	Z	S
H	M	Y	R	O	J	D	G	N	I	U	R	A	Z	Z	M
Z	Z	Z	Q	E	Y	A	E	W	V	T	Q	L	N	U	Z
W	D	H	Y	S	J	M	F	D	I	P	S	L	P	V	V
O	X	W	X	J	H	N	O	I	T	A	C	I	D	E	D
T	P	I	Q	C	V	T	N	M	Y	R	R	N	S	I	T
C	C	B	A	F	S	N	T	M	N	B	G	L	X	L	R
N	O	T	P	N	J	W	S	J	J	R	V	O	C	Q	R
I	T	C	E	P	S	E	R	I	Y	U	L	V	R	M	O
A	R	D	S	I	N	C	E	R	I	T	Y	E	K	S	J

Your attitude determines your direction

I RESPECT
DEDICATION
AFFECTIVITY
FALL IN LOVE
ATTACHMENT
HUBBY
RAPTURE
SINCERITY
ESTEEM
TUNING

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O	R	F	N	R	A	W	I	G	K	G	R	C	Y	V	B	J
R	K	N	R	A	G	Y	R	S	E	R	S	E	J	V	R	E
A	Z	B	X	L	F	D	D	Q	R	T	B	O	N	S	T	P
S	E	G	O	J	C	F	U	E	A	Y	N	Y	F	X	Q	Y
G	B	O	P	L	W	A	E	U	L	T	B	A	N	W	Z	T
V	E	R	A	J	H	F	T	C	G	I	D	A	A	J	Q	I
K	M	L	M	E	C	R	E	F	T	V	R	R	S	B	P	L
H	S	M	B	T	C	R	T	L	P	I	M	I	J	E	M	A
T	V	I	Y	H	A	I	B	V	L	T	O	E	U	U	K	U
K	X	F	E	L	L	O	W	S	H	I	P	N	T	M	O	S
I	E	Z	B	X	N	R	R	A	N	S	N	F	A	L	O	N
D	P	L	G	D	M	G	L	D	K	N	I	L	X	T	Z	E
H	U	M	F	U	E	Y	K	L	W	E	A	N	O	C	E	S
P	F	K	G	E	J	K	W	E	I	S	N	C	O	V	S	J
D	W	R	P	M	N	K	H	N	S	L	R	S	J	S	E	M
K	W	U	B	E	V	K	Z	B	Z	O	V	D	L	Q	O	F
F	Q	P	N	Y	S	S	N	J	B	T	W	T	N	O	H	S

Kindness is a language that the deaf can hear and the blind can see.

DELIRIUM
BOND
GLARE
AFFECTIONATE
FELL IN LOVE
SENSITIVITY
SENSUALITY
FELLOWSHIP
LINK
WARMTH

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A	F	N	V	H	Q	E	G	M	P	J	W	F	J	R	Q	G
J	P	T	A	J	V	P	N	L	I	J	H	O	A	Y	F	S
L	I	X	M	A	T	X	I	T	M	T	Z	M	F	I	T	I
F	G	V	O	U	N	S	T	Q	F	T	S	G	O	M	O	D
W	F	P	O	G	E	N	A	R	K	I	J	G	Y	L	E	T
R	A	S	C	J	V	O	N	T	R	F	K	K	O	L	W	K
O	T	T	A	G	Z	I	I	D	T	H	L	M	Z	I	H	Z
H	A	G	P	C	Q	T	C	I	P	R	N	Z	Z	L	H	D
R	H	E	T	V	F	C	S	B	U	E	A	L	O	S	P	N
M	M	H	I	D	X	E	A	G	T	D	M	C	D	N	I	X
X	L	O	V	E	A	F	F	A	I	R	Q	I	T	J	Z	L
D	S	L	I	L	X	F	R	W	T	I	Q	Z	H	I	Q	K
Y	E	V	T	L	B	A	F	F	I	N	I	T	Y	A	V	J
V	D	R	Y	M	L	K	V	D	I	H	J	C	I	N	Q	E
Y	U	P	J	P	Q	E	M	E	G	Z	E	G	P	L	V	K
V	C	S	Z	M	G	Q	P	V	N	R	Q	X	C	B	J	B
R	E	L	A	T	I	O	N	S	H	I	P	J	Z	R	X	E

Success is not about the destination; it's about the journey.

ATTRACTIVE
DAZZLE
LOVE AFFAIR
AFFECTION
CAPTIVITY
SEDUCE
RELATIONSHIP
AFFINITY
SPELL
FASCINATING

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W	J	M	N	G	P	H	U	R	T	L	V	P	X	D	D
E	Q	X	H	S	U	O	R	O	M	A	Y	V	G	Z	D
T	E	P	X	W	J	Y	A	F	W	U	F	N	E	Y	Y
R	Y	O	O	C	W	I	W	D	Z	S	I	S	Q	K	V
B	Q	C	P	F	N	E	Y	O	P	N	I	Z	N	H	V
D	B	N	N	P	T	N	E	V	R	E	F	N	M	Q	Y
W	E	J	Y	E	H	D	K	U	L	S	G	P	K	N	C
D	L	G	C	H	C	E	B	K	O	N	H	Z	M	B	H
Q	A	G	A	J	L	A	X	U	I	A	L	I	P	P	S
I	H	T	T	G	W	R	L	T	L	R	I	S	P	A	P
V	P	K	E	E	N	M	T	P	Y	I	M	B	W	C	T
V	S	F	K	L	R	E	S	I	M	M	I	E	N	W	J
E	P	F	R	S	P	N	X	D	V	O	M	A	W	O	D
Q	C	Z	M	U	I	T	A	S	X	A	C	O	H	M	J
V	K	Y	J	V	H	C	B	R	F	J	I	H	H	Q	Z
Q	M	A	Z	U	I	C	C	S	Y	P	P	C	X	Y	V

Mindfulness is the key to unlocking the fullness of life.

ENGAGED
PETTING
TERNARY
BURNING
COMPLACENCY
FERVENT
AMOROUS
ENDEARMENT
SENSUAL
WORSHIP

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W	X	R	L	L	U	E	B	S	H	I	U	S	G	L	U
A	U	G	Z	D	N	G	Y	S	H	R	H	H	R	W	S
T	Z	A	E	E	V	Y	G	E	P	G	Q	G	H	U	U
P	E	N	C	H	A	N	T	R	Y	G	W	O	N	I	N
O	E	F	X	C	I	P	R	A	R	N	G	L	P	N	F
M	H	N	C	A	H	E	I	C	Y	I	N	L	A	L	V
F	M	T	E	T	R	H	H	J	E	G	I	S	R	S	U
I	M	I	I	T	L	U	J	C	B	A	V	I	O	O	B
G	V	R	H	A	A	Y	H	A	T	R	O	F	M	O	C
H	S	L	P	M	F	M	H	T	H	U	L	H	A	U	V
M	D	E	Y	P	H	F	I	D	X	O	J	R	N	C	I
J	F	T	J	U	F	G	A	T	Y	C	D	O	C	L	N
L	Y	I	F	V	I	C	X	B	S	N	V	L	E	A	K
X	P	Z	Q	F	W	R	E	J	L	E	V	J	Z	J	K
Q	D	O	Z	O	W	O	N	W	O	E	Y	G	X	B	Y
G	P	G	V	M	Z	N	A	L	V	A	W	Y	W	J	W

Courage is not the absence of fear, but the triumph over it.

LOVING
ROMANCE
ATTACHED
FAITH
COMFORT
ENCOURAGING
CARESS
ESTIMATE
AFFABLE
ENCHANT

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J	H	E	A	L	I	N	G	Z	A	G	A	F	D	I	O	B	Z	T
W	D	H	T	M	R	F	K	J	E	M	X	W	B	V	O	H	M	Y
A	I	K	R	S	Z	G	G	V	F	W	J	P	Y	T	O	M	P	I
A	L	G	A	M	S	P	N	W	V	H	H	H	F	R	K	F	T	D
I	P	N	N	O	G	E	I	C	X	S	H	N	Y	A	R	D	I	Z
O	S	I	S	W	C	Z	N	Y	M	X	F	Z	M	N	P	E	V	O
M	S	S	F	B	S	N	T	S	X	D	S	B	A	S	Z	Y	G	O
D	A	S	O	X	O	B	H	P	U	Q	E	N	O	C	A	T	F	S
F	B	E	R	T	M	B	G	K	Y	O	K	W	P	E	J	F	G	O
V	P	L	M	R	W	S	I	X	D	K	I	X	C	N	U	B	J	Q
L	Y	B	A	U	U	S	L	B	T	K	A	C	Q	D	S	I	M	Y
Z	S	K	T	U	C	Y	Q	D	G	X	V	J	S	E	A	J	K	A
N	Y	T	I	L	A	U	T	I	R	I	P	S	L	N	Y	A	Y	Y
Y	X	H	O	L	S	U	D	L	Z	L	L	E	S	C	O	T	U	I
P	L	C	N	V	L	Z	O	U	Q	B	I	T	A	E	Q	C	G	N
T	R	A	N	S	C	E	N	D	E	N	T	A	L	Q	I	P	K	H
N	S	E	B	Q	B	I	E	Q	O	D	L	N	Y	Y	A	T	V	F
G	Q	S	P	H	T	T	B	E	C	K	C	U	A	J	O	U	Z	Z
Q	G	A	A	W	T	K	U	P	P	T	H	F	K	L	P	L	D	P

Find joy in the ordinary

LIGHTNING
UNIT
HEALING
TRANSCENDENTAL
TRANSCENDENCE
BLESSING
SPIRITUALITY
BE
TRANSFORMATION
CONSCIOUSNESS

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M	U	N	O	I	T	A	V	E	L	E	D	H	N	M	T	K	F
T	C	F	F	B	V	T	Z	K	U	I	Q	H	O	Q	Y	G	M
P	W	Y	N	F	O	I	X	J	G	D	Y	Z	Z	K	G	W	A
F	P	X	J	G	L	I	B	V	J	M	K	F	F	X	X	R	O
V	T	X	W	Q	N	E	W	R	E	V	O	Q	B	E	K	Y	H
P	L	N	L	G	K	C	S	Z	A	N	Q	W	V	Y	E	X	B
U	Q	M	Q	U	P	N	P	R	C	T	C	O	N	X	O	Q	B
R	W	O	Z	R	S	A	M	I	U	V	I	L	F	G	L	A	C
I	B	Z	Y	F	B	S	C	C	Q	O	B	O	F	O	A	R	M
F	N	S	D	I	E	S	Q	V	E	P	Y	L	N	S	S	H	T
I	R	P	C	I	R	I	O	Z	R	J	U	W	Q	G	L	K	U
C	R	O	Y	X	E	A	I	A	L	F	P	U	E	K	A	W	Q
A	K	S	U	D	B	N	Y	D	Y	B	G	N	G	N	A	C	N
T	S	W	Q	K	O	E	V	V	C	N	I	Y	M	B	E	A	P
I	Y	O	T	M	R	R	J	A	X	O	C	H	K	O	P	R	Q
O	Q	E	R	W	N	A	U	W	L	I	V	F	E	D	X	Y	B
N	Z	A	H	J	R	E	U	W	D	E	O	C	Q	V	O	K	O
X	H	H	F	X	C	E	D	N	E	C	S	N	A	R	T	R	G

Your mind is a powerful tool; train it well

ELEVATION
PRAYER
WAKE UP
VIBRATION
RENAISSANCE
BE REBORN
RENEW YOURSELF
HARMONIZE
TRANSCEND
PURIFICATION

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S	D	H	O	D	C	N	O	I	T	U	L	O	V	E	P	B	Y
Z	U	O	F	C	U	R	W	T	A	S	W	J	Z	G	X	H	F
D	D	G	M	A	I	N	T	U	I	T	I	O	N	K	M	T	M
C	Q	N	U	R	Y	M	K	A	G	R	S	I	P	V	M	W	S
N	J	T	Y	P	V	C	F	M	T	E	D	V	W	Y	O	O	I
X	Y	Q	O	G	U	I	H	E	M	N	D	R	S	Y	H	R	C
J	O	Q	K	U	J	N	G	O	A	G	E	Y	F	N	C	G	I
W	F	H	L	F	L	N	D	T	W	T	B	U	H	W	W	Z	T
F	T	T	J	L	A	E	S	C	M	H	P	H	I	Q	Q	F	S
Q	J	U	U	H	S	R	U	A	M	C	R	O	G	A	G	K	Y
L	D	F	C	T	E	P	K	E	C	D	D	S	V	A	G	M	M
P	Q	K	Y	D	N	E	E	J	R	R	B	F	L	W	A	V	N
P	Q	I	N	J	W	A	B	O	H	T	E	F	G	I	Q	X	D
X	O	U	D	R	S	C	V	D	L	V	U	D	W	I	E	H	U
G	N	R	Z	I	G	E	Y	M	Y	P	E	T	E	T	M	A	P
Y	L	U	O	Q	Q	K	C	T	J	B	G	F	G	E	C	O	Y
N	X	Q	Z	K	G	F	B	B	M	P	X	C	K	G	Y	Y	S
S	L	N	W	Y	K	K	O	P	G	E	K	T	F	E	P	W	W

The only limit to your impact is your imagination

SACRED
GROWTH
STRENGTH
MYSTICISM
EVOLUTION
CHANGE
UNDERSTANDING
INNER PEACE
INTUITION
MODESTY

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Z	R	S	H	A	P	M	I	E	K	Z	D	U	X	V	C	F	F	G
H	L	D	S	X	Y	C	R	M	T	G	V	D	X	J	O	R	G	S
L	Y	H	Y	S	U	A	S	T	R	O	N	O	M	Y	A	Y	L	E
W	R	F	W	C	C	P	P	V	U	I	D	K	Z	R	C	P	V	K
D	W	Y	S	V	J	E	E	L	S	R	B	H	D	T	C	U	X	K
W	E	C	A	E	P	L	A	U	T	I	R	I	P	S	T	B	C	B
T	C	N	K	V	Z	V	C	S	M	A	P	Y	N	I	S	E	N	B
N	U	Y	T	I	R	G	E	T	N	I	G	G	R	M	G	G	R	H
K	O	C	P	B	R	S	O	Q	N	O	E	H	P	E	W	N	F	Y
X	Y	I	D	D	E	P	F	Q	L	M	Q	O	D	H	K	Q	I	M
Q	P	O	N	G	A	L	M	O	X	I	O	A	M	C	U	K	A	X
T	X	H	B	U	C	D	I	Q	E	U	L	W	K	I	Z	P	W	O
O	C	H	Y	G	M	B	N	V	R	O	Y	I	U	E	G	T	G	S
W	N	G	Y	S	T	M	D	O	F	B	P	T	I	M	N	I	N	L
U	U	W	S	Z	I	D	O	U	I	M	N	B	H	W	E	D	Z	F
H	P	K	W	L	W	C	Q	C	S	N	I	U	S	A	F	V	L	O
A	W	X	X	B	A	Y	A	V	O	P	U	K	O	Y	V	B	E	Q
B	K	W	H	I	W	G	V	L	X	A	A	O	I	K	V	B	Q	S
K	N	S	O	O	D	W	O	G	Y	R	A	V	F	Q	U	Z	Q	E

Resilience is your greatest strength in adversity.

PEACE OF MIND
TRUST
BIOLOGY
ASTRONOMY
SPIRITUAL PEACE
COMMUNION
CHEMISTRY
INTEGRITY
UNION
PHYSICAL

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B	G	R	F	A	U	G	S	V	Y	T	H	E	Q	J	Y	Z
R	E	E	H	Q	M	G	C	Z	K	K	L	T	T	N	H	B
Y	Y	N	N	L	Z	Y	I	I	N	S	Y	S	U	W	O	H
G	D	G	H	C	P	E	T	X	E	Z	J	U	Z	T	U	Z
O	S	J	O	R	D	G	E	K	U	X	W	K	A	E	H	P
L	G	G	G	L	G	G	N	I	R	E	E	N	I	G	N	E
O	N	B	E	A	O	H	E	Z	O	J	Y	G	E	I	G	B
R	U	U	O	O	U	T	G	B	S	Y	J	Z	E	C	M	O
O	C	Y	O	C	L	O	N	M	C	A	E	A	Q	P	E	E
E	S	H	V	Y	G	O	L	O	I	B	O	R	C	I	M	M
T	S	Q	I	L	N	Q	G	C	E	W	C	N	Z	S	U	B
E	M	S	Q	K	P	J	H	Y	N	L	C	V	Z	Y	X	V
M	T	M	L	Y	G	O	L	O	C	E	A	N	B	E	N	S
Z	Y	Z	Q	M	C	K	N	U	E	M	S	P	V	D	G	T
L	C	Q	U	A	N	A	T	O	M	Y	W	L	M	Q	F	Q
K	S	C	Y	T	Y	N	F	T	I	U	U	D	J	A	I	G
B	E	K	N	P	R	I	G	T	V	C	X	T	P	Y	G	U

Every setback is a setup for a comeback.

GENETICS
ECOLOGY
PALEONTOLOGY
METEOROLOGY
BOTANY
ANATOMY
ENGINEERING
GEOLOGY
MICROBIOLOGY
NEUROSCIENCE

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K	J	W	B	G	J	A	Y	G	O	L	O	E	H	C	R	A	F	R
E	K	N	S	E	U	N	W	V	K	G	T	R	S	F	T	V	R	W
O	I	N	M	C	Y	B	E	R	N	E	T	I	C	S	O	F	X	T
I	K	U	X	L	I	G	G	Y	Q	O	P	O	I	L	R	R	O	C
U	T	E	X	A	E	M	O	R	W	H	H	G	T	R	U	U	H	O
M	F	Y	W	O	Q	X	A	L	Y	L	I	T	P	Z	Y	P	M	Y
Y	A	G	J	A	N	W	A	N	O	G	B	M	O	G	L	C	O	P
G	P	S	I	A	I	J	B	I	Y	C	O	Z	O	J	X	H	K	D
X	S	R	T	T	D	X	V	S	R	D	A	L	C	D	R	M	L	O
S	T	Q	P	R	W	K	M	R	C	D	O	M	O	S	K	G	C	E
Y	G	O	L	O	O	Z	R	B	D	N	N	M	R	M	M	H	B	B
Y	I	D	B	K	V	P	D	Z	H	G	G	L	R	A	O	G	I	W
L	P	T	T	J	W	U	H	C	G	E	C	G	N	E	H	T	F	V
E	R	F	E	G	W	P	E	Y	A	F	P	U	Z	T	H	P	N	J
Y	S	F	P	K	N	T	H	K	S	Y	F	B	R	Q	T	T	K	E
H	Y	O	B	I	O	C	H	E	M	I	S	T	R	Y	O	L	H	C
F	M	M	R	N	I	J	E	X	W	D	C	P	A	G	J	M	I	R
S	P	U	A	T	Y	H	C	H	F	K	F	S	G	Y	S	S	C	Z
V	Z	N	X	K	G	F	F	M	M	Y	D	B	O	Q	Q	T	D	D

Be the energy you want to attract

PHARMACOLOGY
ENTOMOLOGY
THERMODYNAMICS
ASTROPHYSICS
ZOOLOGY
ARCHEOLOGY
NANOTECHNOLOGY
OPTICS
CYBERNETICS
BIOCHEMISTRY

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M	E	U	L	I	R	G	H	G	P	B	D	S	N	G	A	A	D
I	F	W	W	Z	Q	M	J	K	Y	I	A	H	X	W	E	M	S
N	E	J	W	Z	U	E	P	G	S	O	V	N	Q	G	A	C	G
E	Q	C	L	H	V	O	O	K	Z	T	Z	M	U	J	E	U	E
R	M	E	Y	G	O	L	O	I	M	E	D	I	P	E	S	Y	M
A	C	L	E	Y	O	Z	J	U	L	C	O	G	I	D	H	L	B
L	G	W	P	N	D	K	P	U	C	H	W	I	K	P	Y	H	R
O	N	X	U	A	F	N	G	I	L	N	C	O	A	H	O	A	Y
G	H	M	G	T	T	U	A	N	I	O	V	R	P	W	Y	Y	O
Y	M	Z	C	T	H	H	G	O	M	L	G	A	T	I	H	R	L
I	R	G	E	C	Q	K	O	C	A	O	R	V	L	J	P	J	O
P	L	W	K	P	T	R	Y	L	T	G	N	R	F	V	A	Q	G
T	C	B	F	S	U	I	W	P	O	Y	O	S	Q	W	R	O	Y
G	T	L	S	S	H	A	Y	N	L	G	Y	T	R	Y	G	R	U
T	D	W	G	B	U	R	A	R	O	V	Y	B	D	W	O	U	V
A	B	V	K	L	C	E	K	X	G	M	A	D	H	V	E	W	M
V	E	G	A	P	C	Q	I	L	Y	Q	V	U	K	R	G	I	X
G	V	V	C	O	B	O	R	E	G	E	R	E	J	P	U	E	Z

Let your actions speak louder than your words

CRYPTOGRAPHY
EPIDEMIOLOGY
BIOTECHNOLOGY
MINERALOGY
GEOGRAPHY
CLIMATOLOGY
IMMUNOLOGY
PATHOLOGY
OCEANOGRAPHY
EMBRYOLOGY

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J H H B J V G V K U Z M H I J I B N I J Y Q
Q Z I S L U Q L Q I V R W U N R B U X L C M
W E T Z C Z M O R S K L C F Y W Y V H D Z J
N R N L L I C G P P O Y Y B W H Q E K C X Q
P M O X L G T P I Q G S T A T I S T I C S Q
J T V M E C H A N I C S Y G Q V U H J K P S
P O L H K O G L M U G W G N R P R N D G K I
Z W G X R M J E F R X P O V A W D O I Q I E
S R W F I F A O E K O B L X D D T G C W A S
O O G S N F A A E F F F O F I M U R B N C X
C C H J O S U N Y W U B N F O E J A L I V A
D U Y G O L O T Y C M C I I L W D P N R B X
Z O P E D F D H B D G H R N O I Q H S X S X
O L J W L X P R U L Y Z C G G I C Y G G Y H
A L X T E U R O L D G I O X Y E B B O J C U
V Y H Y Q C I P R N I E D H T F K S O Y O B
S O F U E Y I O X J C Y N O Y Q E S J Q X X
M G R W B G L L Q N T K E Y N Y E U D Y G U
U L L W S O R O T Y B G H W Z R V M T G E W
O Y E M G D H G I F T A Z J P P F N E S X T
V A K Y A P J Y A T I P F D Z G U T V H I B
L U Z R C S Q C L V W F T F W B M O Z Q U M

Patience is not the ability to wait, but how you act while waiting

STATISTICS GEOTECHNICS HYDROLOGY
ETHNOGRAPHY CYTOLOGY ENDOCRINOLOGY
BIOINFORMATICS RADIOLOGY MECHANICS
PALEOANTHROPOLOGY

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O	S	N	X	B	S	H	E	H	T	A	V	P	M	I	N	T	J
S	K	I	N	E	M	A	T	I	C	S	E	S	H	D	Y	S	R
S	X	R	P	L	R	L	E	P	A	T	C	U	T	P	C	A	N
W	C	N	U	T	J	K	I	N	W	R	A	D	O	I	P	A	Y
W	Y	I	I	A	I	V	E	M	K	O	E	R	N	G	M	F	G
Y	B	G	S	H	E	L	E	I	B	B	N	O	P	C	M	Z	O
S	D	C	O	Y	K	G	B	T	Q	I	T	R	E	K	F	C	L
T	E	E	B	L	H	I	O	M	T	O	J	Z	A	K	F	P	O
K	M	Q	R	Y	O	P	S	H	H	L	L	W	C	R	P	W	M
T	Q	T	Y	M	M	C	O	P	P	O	C	Q	M	I	Y	M	U
Q	V	M	A	G	A	L	I	I	Q	G	Q	D	C	Z	K	L	E
X	I	S	K	Q	O	T	W	X	B	Y	T	Y	N	C	X	O	N
B	S	W	I	G	X	L	O	Y	O	P	S	R	K	C	B	T	P
D	Y	E	Y	L	Z	J	O	L	W	T	L	I	Q	N	F	F	Y
Z	F	G	P	Z	T	E	I	R	O	B	O	W	M	T	Y	T	F
K	X	I	M	A	Y	H	M	E	I	G	E	C	U	I	S	D	Y
E	K	O	K	L	E	D	Z	S	H	V	Y	T	E	D	P	Z	C
H	W	O	K	X	O	D	D	L	Z	Z	L	T	L	X	W	M	C

Gratitude turns what we have into enough

ECOTOXICOLOGY
DERMATOLOGY
ASTROBIOLOGY
BIOMASS
VIROLOGY
KINEMATICS
PNEUMOLOGY
BIOPHYSICS
PHOTONICS
ORNITHOLOGY

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X	U	K	J	O	B	C	W	U	E	M	Y	B	O	O	X	P	Q	B	F	B
W	P	H	K	X	C	S	C	I	H	T	E	O	I	B	Y	Y	Q	M	F	Z
B	D	H	T	Q	D	Q	X	J	Y	C	I	T	W	P	X	M	S	J	N	E
W	N	C	A	E	Q	I	J	J	Y	S	Q	U	A	C	U	G	M	M	G	E
G	A	H	T	R	E	J	J	Y	Z	J	Y	R	G	L	O	M	J	D	O	J
J	I	W	D	Y	M	K	O	E	B	K	E	E	X	S	L	D	T	I	A	C
C	E	E	X	K	N	A	F	W	A	H	W	V	Y	Z	M	U	T	C	P	V
V	U	B	L	Q	B	N	C	M	T	S	X	G	B	H	S	R	R	Y	H	J
I	X	S	Y	O	D	M	D	O	V	T	O	E	F	C	V	G	L	G	E	E
E	F	H	G	H	Y	N	N	D	K	L	Y	P	U	A	N	P	M	O	Y	J
R	B	P	Z	B	X	U	Z	A	O	I	Z	I	V	B	S	X	T	L	T	P
Y	I	D	T	H	M	M	S	I	T	E	N	G	A	M	O	I	B	O	Q	A
E	A	G	M	M	V	R	S	W	A	Y	I	E	S	M	S	Z	I	N	J	Z
M	T	Q	I	W	C	Y	N	X	N	R	V	N	T	Q	H	X	C	M	F	L
F	T	V	N	C	H	J	A	A	K	J	M	E	Z	I	Q	U	R	I	D	N
T	H	G	Z	P	F	R	D	O	A	D	Q	T	X	D	C	H	G	L	M	H
E	L	D	O	N	Y	I	A	F	M	S	B	I	J	M	Z	S	F	X	T	N
L	W	M	J	N	X	V	A	G	R	O	E	C	O	L	O	G	Y	O	K	E
N	S	W	V	D	T	Z	O	A	G	W	L	S	O	T	U	F	Y	B	S	L
E	R	C	L	B	T	T	G	T	J	D	F	B	T	Z	G	Q	Q	Z	R	H
F	Z	R	H	Q	O	C	L	C	S	C	I	S	Y	H	P	O	E	G	S	Z

Challenges are opportunities in disguise

PHARMACOKINETICS
BIOETHICS
IMMUNOTHERAPY
GEOPHYSICS
BIOMAGNETISM
AGROECOLOGY
LIMNOLOGY
EPIGENETICS
PHYSIOLOGY
METALLURGY

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D G I S P S A F P Z Z N L D W Q X A Z P
G L T G H H B Q B C F M Z E D P C V X H
Y Y J S Z L O L R W Y S U R Y L T J H Y
L G O W M T U K R F P C J I I G M B T T
Y G O L O I B O E G O I I I U H H E A O
U L H L L J G J S L M T J C W E Y P H P
S L Y U O S T S N W Y S Y R R M M E Y A
O M G L O I C B C U C U H P R S O S G T
X H V E S O S I C I B O L Q M H N A O H
W G W H G C K Y T G M C F W B W O K L O
E K K M L E I E H S V A E W P C R P O L
E N M W L V N N S P I P N N N M G I E O
G K L I G E L D E F O T E Y Y P A N G G
D Q T W G B R Z G G V H A U D E C A O Y
F I S O H C J I G X O V T T Y O J E R I
W B T O H M N Q Y U Z Y H A S R R A T X
C P S F Y H U Y R J V X R X P O B E S H
O R O W I Z J N T K P N X C Q Q I I A U
U L M W R A K T N V A N G E P Z X B W L
E V T M M H H K L J Z F D K K U W O X A

Simplicity is the ultimate sophistication

OPTOGENETICS
ASTROGEOLOGY
ACOUSTICS
PATHOPHYSIOLOGY
AERODYNEMICS
PHYTOPATHOLOGY
CRYOGENETICS
AGRONOMY
BIOSTATISTICS
GEOBIOLOGY

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Y	H	C	L	N	U	V	T	U	V	C	P	R	W	O	L	B	R	A	B	I
R	T	O	R	M	Y	G	O	L	O	H	P	A	D	E	T	P	D	I	O	V
E	M	X	D	R	M	N	A	N	O	R	O	B	O	T	I	C	S	E	H	P
U	F	Y	R	T	E	M	O	T	Y	C	J	J	S	H	E	W	C	D	C	Y
L	X	A	Z	K	T	H	B	K	S	U	H	P	G	E	E	J	U	W	N	Q
R	U	D	M	V	P	D	S	E	C	O	E	M	H	M	I	F	J	T	V	J
P	M	L	S	M	T	I	C	G	I	C	M	J	W	A	W	Z	E	J	N	V
D	S	Q	T	E	O	K	I	M	T	U	E	Q	N	T	R	A	L	O	N	Q
K	T	W	L	Y	L	E	M	R	E	T	X	G	S	O	Y	W	R	G	M	V
F	M	G	A	S	T	R	O	E	N	T	E	R	O	L	O	G	Y	W	R	C
U	S	D	N	O	T	S	E	M	E	W	A	Y	G	O	L	O	T	S	I	H
B	G	P	V	H	C	G	T	W	G	H	J	B	C	G	G	C	C	S	T	L
R	O	B	A	O	E	T	O	X	O	V	F	M	O	Y	N	Y	N	I	H	N
X	Q	S	P	N	N	U	R	C	T	I	G	V	V	L	Q	H	A	H	Y	X
H	V	Y	F	A	D	E	P	M	Y	W	E	D	U	C	O	U	Z	R	D	C
R	B	N	H	I	A	X	O	J	C	Z	O	O	D	Q	J	M	L	Y	G	W
D	B	C	N	K	H	H	R	N	B	V	J	I	I	F	U	N	I	P	W	E
T	M	A	J	X	L	J	U	X	S	S	T	U	I	R	S	N	D	C	B	L
A	Z	P	M	G	U	Y	E	T	I	J	Z	E	G	B	P	R	V	B	S	F
K	V	V	A	G	Y	A	N	O	P	T	H	K	Q	V	Q	X	Q	L	P	I
I	M	D	U	H	G	V	J	B	K	V	W	P	V	S	N	I	T	T	Y	M

Your life is a reflection of your choices: choose wisely

EDAPHOLOGY
HISTOLOGY
SPECTROSCOPY
CYTOGENETICS
NANOROBOTICS
GASTROENTEROLOGY
HEMATOLOGY
CYTOMETRY
METABOLOMICS
NEUROPROTEOMICS

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O Y G O L O T I S A R A P F I R U T H
O S G Q K R V V S U C I G Y S N G N U
B U C O Y B X U G F C A A X Q E W R E
H D N I L G I P R M A X W C B U Z T R
M P G F T O O O J E K A H E I R N Y G
N E H V P E I L A A N K Q Y O O J W O
H H J F C C G B O C X K Z W S G C Y N
Q Z V I T A D R O H O Z K X E E M M O
V L T Z F Z R K E N T U U E C N L N M
D U G T X C V C C N O A S Q U E F W I
L I V P Z H J R X Y E R P T R T Q M C
T G P V P A A O Z V B O H O I I U U S
O G N T G M I Q X N O T I C T C S Y R
T O X I C O L O G Y G C G B Y S S L S
K Z Z C Y P X A A Y F U Z I L K I Z Z
N W L R M F H A Y C J T N G P U D H Q
V H I W X W O D P T V H W T D Y U Z A
I P P G N I S N E S E T O M E R Z L Q
I X S P O Y F X P O K H W G E P H T H

Focus on the journey, not the destination

REMOTE SENSING
BIOENERGETICS
ERGONOMICS
PARASITOLOGY
BIOACOUSTICS
CHRONOBIOLOGY
HISTOPATHOLOGY
TOXICOLOGY
BIOSECURITY
NEUROGENETICS

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D E U X Q F N E U R O S U R G E R Y Y D W
N W H Z N C K H A V C V P Y J N C Q M J X
T E P Y G O L O H C Y S P O R U E N T D Q
M R P P N W K Y U K M B P B L U U A G D R
V U Z P H H B B L Y V W U A B M G A R S Z
K T T N H Y K L S V Q B K K E R Y G R Z B
O C V Y R Y T A A C T T Q M O G W V U O G
M E S T K R N O A M I O Y C O G A L K R H
E T J T H C R Z R G R N H L O P X O H P S
K I J T Y N X H T E C E O P X A L R T F A
C H Y T R O W I E W M I H P Q X W U R O I
K C P N T S W K G I S E Z T O P H F M E F
K R I H E C T L S Y Y A D H O R S K I V B
R A U V M Y S T H L F A W I Y E D O Y F L
M O N P O M R P R F I G D A A P G Y I H V
A T H A R Y O D O I I W F A E T B F H Y W
H Y D K O R J R Y Y T I S R E V I D O I B
S C F G U P B B V C Y K G B M R W O W P Z
E Y Q E L X G U B I C I K O J I X I N J B
J V N P F Z G T M X W B H X G Y M K S L N
E F H K U X F L X M O R Z K C N Q K W V K

You are not defined by your past; you are prepared by it

GEOTHERMAL
BIODIVERSITY
HYDROPONICS
PHYTOREMERIATON
AGROCHEMISTRY
FLUOROMETRY
NEUROPSYCHOLOGY
NEUROPHYSIOLOGY
NEUROSURGERY
CYTOARCHITECTURE

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M F J V Z D Z N H D W L M Z B B P L G U D
Y F U Q P I C Y M O T A N A O R U E N X T
H M R Y V A B W N K A Z L E K Z U E B Y D
Z T O R C X S U X S T S S E F W D R D O T
F H V N O P R Z Y Q J T Z O Y E T N E B C
K Z Y N O M Y N D X Q C R I G P U L C A I
E I S F V R H A W K A S Y L O R Y H O H M
S P M S H Z T U F T A U N P L G N N M E Q
V J T F V B P S Y W K Z E E O I M E C W G
B A R N I Z K K A I R G C L C C N O V Y R
F H N U W K D D D O L N O F I G S N I H C
F D T W N N Y Q V S E T W E X R P O F W U
D B O P X X Z O H L Y A R T O V I M D U B
O F C G E N O M I C S F H J T Z R J R N K
C V Z U J D E S O T B J B C O L I U H G E
J I K H K J H R I O B F X S R M T C I A K
O E P P A E T A H H G U Y V U A G U N H T
H H E P I S T E M O L O G Y E H V K M D I
Z Q B M A Q N K U D O F W W N H O Y K B C
K P C I E R M T L A N G K C E D H X W O W
P W M Q T H B A U R V D H S P B X G U N P

The only time you should ever look back is to see how far you've come

ASTROCYTOLOGY
ARCHAEOASTRONOMY
EPISTEMOLOGY
SILENCE
NEUROTOXICOLOGY
GENOMICS
SPIRIT
ENDOSCOPY
NEUROANATOMY
DEPTH

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A	K	O	H	G	B	K	Z	V	Q	U	H	Z	H	B	E
P	F	R	T	C	A	C	R	S	H	Z	Q	Z	M	A	J
V	Y	L	U	L	J	T	A	E	A	V	P	Z	X	K	B
N	O	I	T	A	R	O	L	P	X	E	O	L	U	D	B
E	W	P	G	N	O	S	A	E	R	G	S	D	S	N	C
P	A	O	O	Y	X	X	D	F	V	D	H	J	X	T	Y
B	B	L	X	P	J	D	E	L	E	E	K	N	S	M	O
D	O	X	E	K	N	C	G	S	G	L	W	Q	W	P	A
E	D	U	T	I	T	R	O	F	O	W	K	Q	K	I	J
A	T	X	M	I	U	P	L	Y	J	O	K	Z	Z	K	C
Z	S	X	O	T	R	E	H	U	S	N	I	M	Y	A	W
O	O	N	I	U	S	B	C	R	O	K	H	W	E	R	E
E	V	W	P	R	U	X	R	G	Q	S	Q	G	F	K	Q
O	G	H	C	G	T	V	A	N	W	Q	D	U	S	W	Q
M	Y	Q	C	H	Z	U	E	H	F	Y	G	H	Y	Z	M
D	Q	E	C	N	E	T	S	I	X	E	I	U	Q	T	J

Success is stumbling from failure to failure with no loss of enthusiasm

KNOWLEDGE
MIND
PURPOSE
PERFECTION
EXPLORATION
SOUL
REASON
EXISTENCE
FORTITUDE
SEARCH

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M	Y	W	U	R	Z	F	J	W	P	R	H	N	W	V	I
S	Y	M	F	B	V	H	E	A	D	S	O	O	U	U	H
M	F	V	S	L	I	Y	F	O	I	Q	W	C	X	F	D
O	I	M	R	E	A	L	I	Z	A	T	I	O	N	S	X
O	A	C	E	T	N	X	L	F	R	Q	D	Z	B	I	T
A	D	Q	D	H	N	S	S	L	T	R	A	F	P	L	U
L	M	T	L	S	C	E	A	J	U	F	J	J	B	T	E
F	G	J	U	Q	K	L	M	T	H	O	U	G	H	T	I
X	F	K	O	S	M	R	A	P	I	W	K	H	I	G	B
Y	N	Y	H	C	Z	N	F	M	O	O	R	V	Y	G	X
S	P	G	S	H	O	K	I	F	K	L	N	T	K	P	D
J	N	B	T	V	W	S	F	O	A	E	E	I	N	H	T
U	F	C	C	N	U	C	T	H	C	D	T	V	G	B	M
V	U	M	Z	J	W	J	V	K	L	S	E	V	E	G	X
Q	T	Z	W	N	S	S	N	B	K	F	D	K	F	D	P
X	E	F	M	W	H	B	Y	R	G	G	R	V	G	X	D

Each day is a new beginning; take a deep breath and start again

DEVELOPMENT
REALIZATION
NECK
ELBOWS
THOUGHT
LIFE
SHOULDERS
SENSATION
HEAD
ARMS

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R	N	K	F	V	Z	E	K	N	T	C	V	V
K	A	U	A	X	L	J	G	Y	Q	O	P	K
C	F	B	I	D	O	L	L	S	H	U	U	N
A	E	V	D	Z	G	T	M	D	M	S	H	E
B	U	T	T	O	C	K	S	C	X	X	S	E
E	S	G	O	H	M	R	H	C	P	T	T	S
L	P	V	F	C	E	E	A	Y	L	T	N	R
S	G	E	L	G	H	T	N	T	N	H	U	J
H	P	Y	N	V	Y	E	D	E	V	P	R	I
Q	E	I	V	H	E	U	S	T	J	Q	D	K
L	F	X	H	H	L	M	N	T	I	Y	B	V
S	R	Q	I	I	U	C	I	V	W	L	Q	Z
T	B	Q	H	P	K	L	T	A	N	M	P	U

The more you praise and celebrate your life, the more there is to celebrate

DOLLS
CHEST
HIP
KNEES
HANDS
BACK
BUTTOCKS
FINGERS
ABDOMEN
LEGS

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O	B	Y	A	L	G	C	F	X	V	B	R	S
A	W	S	T	W	P	B	M	E	X	L	Z	H
H	R	E	A	C	H	I	N	B	E	P	P	L
G	F	N	E	P	O	I	U	V	X	T	O	S
Y	J	M	Y	W	X	Q	S	L	E	E	H	H
U	P	Z	E	Y	O	D	R	A	Y	E	H	C
N	Q	X	B	M	I	N	N	W	E	T	W	R
F	B	I	R	W	J	K	O	S	S	H	U	A
W	U	F	O	A	L	E	H	L	K	P	B	X
L	U	H	W	E	L	R	T	Y	H	B	Q	L
D	E	Z	S	I	U	P	G	T	G	J	Z	Q
R	M	F	P	Q	O	D	I	A	O	W	W	D
S	E	S	O	N	A	G	Z	S	J	K	T	L

The roots of education are bitter, but the fruit is swee

ANKLES
JAW
TEETH
EYEBROWS

FEET
CHIN
NOSE

HEELS
LIPS
EYES

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C	Z	Y	C	X	L	P	G	F	P	D	Q	R	A
X	T	J	T	X	I	R	S	H	K	L	O	I	J
M	H	C	X	P	V	V	E	B	Z	A	Q	S	U
X	S	P	P	E	E	A	I	A	X	I	T	P	G
I	T	E	X	T	R	Q	R	S	H	C	J	M	C
I	E	E	H	T	Z	G	E	S	X	T	E	M	C
A	B	A	G	S	N	T	T	N	G	E	F	G	H
K	I	N	N	R	A	O	R	I	B	N	R	I	X
R	H	O	Y	Q	M	L	A	E	T	U	U	J	A
R	B	F	X	A	Y	U	E	V	F	L	I	L	F
H	F	S	C	Y	R	R	E	Y	K	E	I	J	K
H	F	H	G	H	B	S	R	A	E	D	H	A	Y
I	J	N	O	R	G	Z	C	R	T	O	S	X	M
R	K	M	K	G	B	K	P	N	U	N	D	N	J

Your vibe attracts your tribe

EYELASHES
FUR
HEART
LIVER
EARS
VEINS
LUNGS
HAIR
ARTERIES
STOMACH

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K	N	P	E	S	L	U	P	Q	D	M	B	T	X
F	K	J	E	Z	D	P	S	E	N	O	B	U	Z
N	M	H	L	I	I	I	W	L	E	V	G	V	L
I	K	N	L	G	A	H	Z	L	E	C	O	C	G
I	P	B	O	H	R	O	H	W	P	W	Q	U	H
B	B	Y	O	I	S	S	K	M	I	W	O	H	Q
J	R	K	B	T	T	I	J	J	D	O	D	B	Q
H	I	W	N	A	D	S	U	S	E	J	E	C	V
E	F	I	K	N	H	S	E	E	R	L	R	V	K
P	O	G	E	K	A	L	M	G	M	N	M	N	C
J	S	Y	M	D	C	U	D	O	I	M	I	I	B
Q	S	Y	A	S	S	E	T	A	S	D	S	Z	R
N	H	J	U	R	G	H	R	A	K	A	P	U	Y
L	Y	M	T	L	J	B	V	J	N	B	S	W	D

The only way to do great work is to love what you do

KIDNEYS
MUSCLES
PULSE
DERMIS
BOWELS
BONES
DIGESTION
BRAIN
JOINTS
EPIDERMIS

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R	Y	K	E	X	Z	Z	A	Z	O	W	H	R	A
Z	I	H	E	P	I	G	U	N	E	S	W	W	H
D	E	R	U	V	I	E	R	E	J	I	R	E	K
F	A	F	S	M	S	P	D	I	D	G	G	N	D
B	R	M	S	O	E	V	H	P	G	A	B	F	F
U	B	H	I	S	X	R	R	Y	L	I	Y	A	X
J	E	Y	T	I	N	U	U	I	S	R	S	Q	W
D	T	V	Z	C	A	P	T	S	J	I	D	N	W
C	R	U	R	Y	L	R	U	M	E	F	S	R	F
F	E	X	P	R	A	K	W	V	R	Z	E	Z	C
I	V	D	Z	C	H	Q	H	X	G	G	N	W	S
F	Y	U	I	V	P	S	I	V	L	E	P	D	I
T	N	O	U	U	W	Q	S	K	U	L	L	F	E
D	V	M	E	U	S	B	I	R	T	B	P	S	N

Everything you've ever wanted is on the other side of fear

TISSUE
PELVIS
RIBS
CARTILAGE
EPIPHYSIS
SKULL
PHALANXES
FEMUR
HUMERUS
VERTEBRAE

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I	A	Q	Y	Z	S	J	W	B	D	J	W	C	T	H	I	A
G	W	E	L	T	U	W	T	O	P	F	L	U	C	C	G	H
S	V	O	A	I	M	L	K	E	W	H	Y	A	J	L	T	R
S	O	T	R	G	A	B	Z	U	O	M	T	G	T	O	E	E
E	P	G	Y	R	L	E	K	P	W	F	C	U	W	H	O	R
J	F	H	N	O	A	A	S	F	E	M	X	E	U	R	I	W
G	Z	D	X	G	H	M	N	A	E	L	K	S	X	G	Z	O
I	C	R	O	K	T	Y	E	D	E	G	I	N	A	M	T	N
Y	J	J	G	N	O	M	K	N	S	R	S	O	N	F	H	K
T	N	E	E	L	P	S	K	U	O	G	C	D	Q	O	G	J
Z	F	T	L	W	Y	O	J	H	H	B	A	N	H	H	R	F
Q	N	F	I	C	H	C	O	Q	J	K	M	E	A	G	A	S
N	D	O	J	E	U	E	H	B	C	O	S	T	L	P	W	G
V	R	O	X	D	I	O	R	Y	H	T	W	S	R	M	I	B
X	E	D	Q	K	L	H	A	Y	X	L	T	U	O	B	D	F
E	S	I	S	Y	H	P	O	P	Y	H	X	F	C	Q	R	L
X	A	I	G	N	I	U	L	A	Z	B	B	Y	W	P	W	M

Let your dreams be bigger than your fears and your actions be louder than your words

TENDONS
GLANDS
LARYNX
THYROID
HYPOTHALAMUS
HYPOPHYSIS
BONE MARROW
PANCREAS
SCAMS
SPLEEN

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H	C	W	A	I	I	Q	V	D	E	P	L	G	H	R
M	I	E	A	R	S	D	B	O	X	T	K	V	F	F
D	T	S	R	S	E	N	I	R	C	O	D	N	E	W
S	A	O	Y	E	H	E	F	L	X	R	L	U	E	M
N	H	P	W	Y	B	T	N	K	O	I	B	M	H	I
S	P	H	I	D	B	E	U	C	Y	J	M	R	B	U
Z	M	A	N	V	I	C	L	O	O	W	P	Y	K	Q
J	Y	G	D	O	T	A	X	L	M	L	V	H	N	B
E	L	U	P	L	N	I	P	G	U	P	O	M	N	I
H	L	S	I	I	D	T	B	H	H	M	L	N	F	X
M	J	I	P	N	C	Y	K	O	R	M	G	I	B	Y
Q	D	S	E	H	G	G	B	Q	C	A	E	G	D	H
R	Y	P	U	O	L	O	K	X	R	C	G	Z	E	M
F	P	M	W	C	F	N	L	K	M	V	R	M	O	T
A	P	C	N	R	X	F	S	N	Z	F	O	T	W	H

Simplicity is the ultimate sophistication

MOUTH
DIAPHRAGM
CEREBELLUM
ENDOCRINE
ESOPHAGUS
COLON
SPINAL CORD
WINDPIPE
APPENDIX
LYMPHATIC

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G	I	G	L	C	A	V	L	W	R	Y	Z	I	P	H	D	D
G	I	Z	L	M	U	E	N	O	T	I	R	E	P	N	S	H
M	B	X	K	L	L	D	C	N	S	B	K	K	X	T	N	N
E	Q	T	E	W	Z	E	D	H	D	L	W	I	A	Z	M	I
Z	V	L	V	Y	N	X	P	F	W	X	I	B	F	I	S	A
Y	G	I	I	H	F	L	H	O	R	G	X	A	N	G	Z	L
D	X	P	T	S	E	N	R	N	V	A	L	A	N	N	Y	U
I	V	U	S	C	U	P	W	E	P	T	E	G	E	V	A	W
L	N	P	E	A	U	M	R	Q	B	L	P	L	L	Q	R	I
O	G	D	G	N	B	D	C	E	T	Y	K	A	I	W	M	L
G	E	J	I	B	G	E	O	T	T	L	J	T	L	R	P	B
I	T	I	D	I	X	D	R	R	I	I	J	O	K	A	I	A
Y	T	C	U	G	L	G	N	L	P	Z	N	J	W	W	T	Z
M	U	S	O	I	T	B	E	R	V	E	H	A	V	F	G	E
S	M	P	P	W	N	L	A	E	X	C	R	E	T	O	R	Y
D	K	D	J	L	J	D	M	B	U	Y	E	F	W	C	Y	H
V	E	N	J	L	W	C	P	G	F	J	S	C	I	P	R	I

The greatest glory in living lies not in never falling, but in rising every time we fall

DIGESTIVE
CORNEA
NAILS
PERITONEUM
EXCRETORY
RETINA
ARMPIT
REPRODUCTIVE
PUPIL
PALATE

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F	O	Y	W	M	B	A	A	V	R	U	T	E	R	U	S	W	B
K	Z	S	Y	N	O	V	I	A	L	F	L	U	I	D	G	E	N
T	O	N	X	R	Z	H	D	K	U	L	K	P	A	D	M	O	E
P	D	V	X	Y	A	N	T	C	O	P	N	O	R	A	T	I	Q
P	W	Q	G	I	C	V	F	Y	L	N	V	W	E	X	N	F	F
U	S	F	P	M	N	G	I	V	A	A	B	U	Q	F	Z	T	F
L	P	I	W	E	S	H	N	L	K	Q	V	D	P	P	V	R	C
P	W	E	P	L	G	Z	F	R	A	L	Q	I	N	O	K	K	X
Z	B	H	R	T	G	T	H	K	W	S	E	W	C	U	D	J	X
R	R	U	S	I	D	C	R	M	G	N	C	M	E	L	Z	S	R
F	I	C	B	N	C	Y	W	A	E	I	Y	M	C	F	E	Z	I
V	I	Q	Q	G	N	A	S	U	Y	X	R	P	J	R	X	Z	X
I	D	I	O	P	Q	C	R	J	Q	E	A	J	T	P	G	T	Q
S	Y	Z	B	O	I	O	M	D	P	R	M	K	L	H	G	D	S
D	T	X	O	T	N	P	T	S	I	C	M	U	X	P	J	T	B
N	H	L	F	S	P	P	C	A	N	U	A	G	F	K	B	E	F
I	C	X	A	S	R	F	E	T	I	F	M	T	B	A	P	K	G
X	G	D	K	L	C	G	J	D	P	F	Z	S	H	L	E	J	H

Don't count the days; make the days count

PERICARDIUM
CLAVICLE
SYNOVIAL FLUID
SPERM
MELTING POT
PULP
MAMMARY
NEURONS
SALIVARY
UTERUS

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H	Z	M	Z	N	V	X	J	O	K	A	K	V	R	T	K
L	F	K	E	I	N	M	L	E	I	T	C	Z	J	U	E
O	V	M	E	U	J	B	H	P	W	N	X	B	B	Z	T
V	A	V	S	U	B	W	L	Z	M	E	E	L	Q	B	K
O	U	H	K	W	O	A	S	N	N	H	V	U	N	A	D
I	D	U	X	R	D	M	U	H	A	P	S	B	U	Z	X
A	J	K	R	K	U	S	O	R	Q	U	I	X	E	S	L
M	V	Q	L	V	P	A	E	Y	E	R	R	H	M	E	K
B	Y	S	O	A	H	L	R	N	G	J	I	N	E	G	K
I	F	J	M	Q	C	P	T	N	I	W	A	S	S	K	Y
K	L	M	T	S	D	J	I	Q	N	R	G	F	J	G	D
K	C	C	S	K	E	T	V	S	A	U	U	M	J	M	Z
H	S	E	G	V	A	D	P	V	W	E	U	C	D	O	T
D	U	B	L	O	O	D	Y	R	R	L	G	W	L	G	U
V	A	Y	L	L	M	E	Z	O	M	K	M	M	X	Z	A
R	I	F	R	O	N	T	A	L	B	O	N	E	Y	D	I

Your future is created by what you do today, not tomorrow

OVUM
VITREOUS
CELL
BLOOD
SCLERA
FRONTAL BONE
PLASMA
IRIS
FLOATING RIB
URINE

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S	Y	Y	B	K	A	H	U	A	P	P	D	L	R	N	P	M	H	G
E	L	C	R	U	Z	L	I	U	B	F	X	Q	W	S	K	A	H	A
P	V	S	Q	Y	F	W	O	L	P	L	T	S	K	C	Q	G	G	A
V	E	K	Q	F	F	Z	P	R	R	O	G	Q	Z	E	A	J	D	N
V	Z	R	S	D	Q	G	G	C	E	R	O	V	U	X	P	T	W	Y
K	I	L	S	Y	X	R	L	F	U	T	F	D	P	V	G	R	M	K
O	J	R	C	P	J	W	M	U	I	P	S	Y	C	T	S	G	M	S
I	N	S	U	L	I	N	T	W	B	Q	U	E	L	L	J	Y	H	Z
V	M	E	N	S	T	R	U	A	L	C	Y	C	L	E	C	U	K	Z
H	O	M	E	O	S	T	A	S	I	S	A	E	I	O	I	P	T	S
R	M	S	I	L	O	B	A	T	E	M	C	W	G	M	H	W	H	M
W	W	A	K	B	S	P	P	S	I	R	B	L	T	O	R	C	O	V
V	N	A	O	H	U	M	G	W	E	O	K	R	B	T	L	E	R	V
W	L	P	O	V	D	E	I	H	W	M	N	O	C	K	J	N	M	G
I	V	Z	U	P	V	O	T	D	M	W	Y	C	C	G	W	S	O	K
T	J	C	Q	K	N	O	S	T	A	Z	F	Z	F	O	L	B	N	W
D	U	X	F	O	M	N	F	N	V	V	R	D	N	S	N	V	E	W
P	B	J	E	E	P	Z	F	J	R	K	T	I	X	E	I	N	S	D
B	R	D	L	K	P	A	G	H	S	K	J	G	W	M	O	K	N	O

Be yourself; everyone else is already taken

ENZYMES
VIRUS
HORMONES
MOTHER CELLS
METABOLISM
HOMEOSTASIS
MENSTRUAL CYCLE
PERSPIRATION
INSULIN
CHOLESTEROL

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H	R	V	L	I	R	B	I	W	J	R	W	V	E	Y	V
U	T	E	U	A	R	J	B	T	N	L	F	P	E	H	E
U	P	F	W	W	Z	R	G	M	H	F	G	N	N	S	L
L	X	I	T	O	X	G	E	L	E	T	S	I	I	E	U
N	X	H	L	K	L	L	V	W	A	Z	N	N	M	S	B
F	V	O	T	U	A	F	H	O	I	M	I	O	S	M	K
S	C	M	C	T	T	N	Y	J	O	Z	H	T	A	I	O
U	J	O	O	I	Z	S	E	S	Q	Q	P	O	J	R	N
F	S	N	E	P	D	A	H	L	I	A	R	R	D	Q	K
E	I	G	F	N	D	G	Y	G	V	A	O	E	R	Z	A
N	W	H	O	A	L	S	X	R	Q	R	D	S	D	Q	Y
H	J	A	D	R	E	N	A	L	I	N	N	M	J	U	J
A	I	S	Z	C	W	I	D	X	S	S	E	X	D	M	I
C	A	R	N	A	T	I	O	N	G	X	X	G	Z	J	G
H	Z	T	S	P	U	X	I	C	T	T	P	R	V	E	O
R	U	U	Z	C	Q	W	F	I	L	P	B	Q	V	Y	W

The only thing standing between you and your goal is the story you keep telling yourself as to why you can't achieve it

GLUCOSE
ENDORPHINS
TULIP
DAHLIA
MELATONIN
ADRENALIN
JASMINE
SEROTONIN
DAISY FLOWER
CARNATION

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O	S	H	T	N	I	C	A	Y	H	K	M	M	Y	O	V	U	F
M	C	Y	F	B	O	E	W	N	Y	V	M	Q	V	Q	N	O	P
O	L	C	L	A	U	V	P	Z	D	N	E	V	P	T	I	X	W
B	W	Y	H	J	C	O	K	C	R	Q	Y	B	K	A	D	U	E
Z	E	Q	L	R	N	Z	V	O	A	E	J	X	Y	M	B	D	I
O	X	Q	O	V	Y	K	G	V	N	L	E	C	M	N	Y	S	Z
Q	R	A	D	M	A	S	A	D	G	C	E	U	Y	P	A	V	G
U	D	U	O	Q	W	K	A	Z	E	P	F	N	H	X	M	S	M
C	N	X	F	Q	C	F	A	N	A	H	H	K	D	A	N	F	Q
Q	P	K	J	W	F	I	B	D	T	L	E	S	S	U	Z	L	R
I	Y	Y	U	O	D	X	R	V	W	H	E	S	M	Y	L	K	X
M	A	F	D	E	L	K	J	B	S	O	E	A	N	D	Y	A	I
J	P	I	J	O	H	A	H	M	P	B	Q	M	M	R	C	N	J
U	L	P	S	B	N	V	L	G	O	R	F	R	U	W	P	E	B
V	I	F	J	G	H	K	X	S	P	E	O	N	Y	M	D	B	V
A	D	P	M	A	P	N	N	A	P	C	M	K	I	M	B	R	I
H	W	T	P	Y	V	M	W	H	Y	I	N	N	X	B	D	E	A
R	L	A	X	F	P	O	I	G	D	M	T	X	O	B	F	V	Y

The best way to predict the future is to create i

HYDRANGEA
PEONY
CHRYSANTHEMUM
MINT
AZALEA
POPPY
VERBENA
CALENDULA
DAFFODIL
HYACINTH

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N	B	L	G	I	A	I	U	Q	Y	K	C	P	M	L
K	B	X	D	T	N	I	M	R	E	P	P	E	P	I
L	A	O	L	L	I	C	E	L	F	O	W	I	C	K
Y	R	N	C	V	F	V	I	P	B	J	Q	E	V	F
C	J	I	T	U	L	M	O	Q	O	E	C	E	U	A
C	E	Z	D	H	O	A	K	L	M	S	R	R	P	U
W	N	S	A	M	U	K	O	Y	Y	U	Y	T	M	H
C	H	C	A	B	T	R	H	J	C	C	M	R	B	N
Y	U	H	I	J	C	T	I	G	A	C	N	I	H	N
D	C	V	K	K	L	F	V	U	O	U	U	F	U	C
H	D	S	Y	I	L	G	D	Q	M	L	F	A	X	V
I	V	Q	X	J	A	I	N	O	G	E	B	U	U	B
K	W	E	J	V	K	C	I	L	A	N	T	R	O	W
C	I	T	V	M	P	X	G	P	S	T	R	Y	R	B
N	R	E	F	Z	Z	F	E	J	L	P	A	N	N	O

Your life does not get better by chance; it gets better by change.

THYME
PEPPERMINT
SUCCULENT
ANTHURIUM

CILANTRO
FIR TREE
FERN

CHAMOMILE
BEGONIA
CHRYSOPEIA

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R	C	G	B	Z	A	K	L	Y	V	I	Z	P	F
K	J	N	R	L	S	M	V	G	M	Q	A	N	L
A	D	M	O	L	V	T	W	H	F	B	O	F	A
L	O	G	M	G	Z	M	F	P	C	I	Y	Y	N
A	G	K	E	E	F	D	Z	Z	L	Z	M	H	T
N	S	I	L	R	C	A	M	E	L	L	I	A	A
C	A	P	I	X	A	Y	D	G	Z	Q	M	K	N
H	Q	X	A	V	Z	N	H	P	Y	J	O	D	A
O	H	F	D	R	A	H	I	Q	F	V	S	U	G
E	D	A	V	D	A	U	Y	U	P	S	A	W	J
R	R	E	G	N	I	G	P	Z	M	J	F	K	C
Q	V	T	V	C	D	Q	U	F	P	B	R	O	S
X	B	Q	W	X	E	G	Q	S	Z	A	D	S	K
J	H	L	R	R	O	G	H	S	L	R	O	N	P

Don't watch the clock; do what it does. Keep going.

BROMELIAD
ASPARAGUS
GINGER
MIMOSA
CAMELLIA
GERANIUM
KALANCHOE
DANDELION
IVY
LANTANA

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L	S	S	R	V	D	D	R	K	O	F	H	P	V	O
H	F	E	E	S	M	O	O	R	B	W	K	E	Y	Y
X	U	S	W	N	U	V	Q	V	I	C	N	U	G	T
N	L	C	O	J	E	H	M	S	W	F	C	T	C	D
E	F	U	L	T	I	X	T	P	O	C	E	L	P	D
I	O	Q	F	H	T	E	X	N	A	J	S	Z	Y	R
E	B	Q	L	Y	R	O	U	I	A	X	O	Q	L	W
H	T	Q	L	I	X	L	N	B	I	R	R	O	Y	B
D	A	T	A	O	D	I	F	K	E	F	E	T	V	F
Q	Q	L	W	A	T	C	Z	D	R	S	B	X	N	Z
W	L	T	B	N	Y	O	N	U	Z	B	U	T	K	I
P	Q	Z	I	N	S	A	C	D	U	K	T	E	F	V
G	K	U	W	R	E	L	D	E	R	P	S	W	U	H
K	Q	L	M	L	O	A	I	N	N	I	Z	X	E	N
H	E	S	O	N	X	Q	S	T	A	E	T	A	B	T

The only person you are destined to become is the person you decide to be.

OLEANDER
ELDER
XERANTHUS
WALLFLOWER
QUINTINIA
TUBEROSE
YUCCA
BROOM
WISTERIA
ZINNIA

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P	W	F	M	G	V	N	A	R	W	B	G	F	W	W	D	X
A	N	P	S	T	O	B	O	S	V	P	O	S	T	D	F	R
E	R	E	N	C	H	E	S	H	B	L	S	F	L	I	Q	Q
O	S	T	E	O	S	P	E	R	M	U	M	M	A	B	B	N
E	H	U	I	B	R	X	Q	I	C	T	M	B	V	E	J	E
G	F	N	T	B	R	R	B	S	Y	Y	O	P	A	B	J	R
W	T	I	A	J	B	M	I	V	X	U	D	W	T	U	H	Z
S	L	A	P	W	Y	B	K	L	U	K	M	M	E	D	Z	G
L	U	S	M	H	I	U	B	M	P	L	D	Q	R	E	N	A
C	Q	L	I	H	L	T	G	A	Z	A	N	I	A	K	S	C
Q	Z	E	U	G	F	O	X	C	K	E	P	L	I	J	H	L
W	V	I	B	A	A	O	X	W	M	Q	M	S	L	B	H	U
T	Q	K	Q	W	K	X	C	S	Q	B	H	X	A	H	D	H
B	X	O	Y	Q	N	D	M	Z	N	D	W	T	S	S	C	I
E	C	I	T	A	T	S	C	F	K	S	E	I	O	H	R	K
V	L	Z	E	M	L	Y	A	Z	Q	B	B	U	R	N	E	R
C	J	V	I	C	H	X	O	I	E	I	P	W	Q	Z	T	J

Life is what happens when you're busy making other plans

STATICE
HIBISCUS
OSTEOSPERMUM
ROSALIA
PHLOX
IMPATIENS
PETUNIA
GAZANIA
LAVATERA
BURNER

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X	C	V	A	Y	I	S	C	P	U	U	B	G	U	L	G	I
O	E	X	H	X	D	U	H	X	W	E	R	B	R	Z	L	B
A	W	O	R	R	A	Y	Q	B	S	J	O	S	Y	U	K	A
A	O	Z	Y	O	J	L	T	L	B	H	C	F	I	B	F	N
C	D	Y	Y	Z	A	E	F	A	E	D	C	V	A	N	A	Q
I	F	W	X	E	Z	L	H	A	D	V	O	R	S	S	I	H
B	J	F	M	E	S	D	K	R	K	B	L	G	T	M	M	A
S	L	T	M	D	R	R	V	R	P	E	I	R	T	R	L	X
W	A	P	W	W	N	O	C	Z	Y	B	A	E	D	Q	N	R
O	I	U	C	F	Y	F	C	K	I	W	D	Q	A	R	J	E
X	C	Y	W	C	C	A	I	H	B	N	I	D	X	U	T	L
G	W	A	H	L	E	N	B	E	R	G	I	A	G	M	B	O
M	Y	H	F	R	M	A	R	Q	R	Y	W	A	R	Q	N	Z
Y	X	Q	B	B	M	R	I	I	B	I	S	C	U	S	P	W
E	R	W	Q	J	Y	C	X	M	E	Y	H	U	A	R	U	I
N	U	D	I	C	V	N	Y	G	A	U	F	M	M	Y	N	V
X	T	C	P	H	J	H	N	K	W	L	E	M	S	U	L	H

Success is not in what you have, but who you are

URSINIA
YARROW
BROCCOLI
IBISCUS
WAHLENBERGIA
ZINIA
BARLEY
XEROCHRYSUM
OATMEAL
STRAWBERRY

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O	R	N	P	T	H	T	E	C	E	Y	I	V
W	A	O	N	I	U	Q	U	B	K	G	H	K
P	A	R	S	L	E	Y	A	R	O	F	T	D
T	M	S	K	E	B	L	U	O	N	N	G	H
U	L	V	A	B	M	M	Y	M	A	I	O	P
O	R	N	L	B	Y	A	Q	I	G	N	P	P
O	O	E	E	Q	I	Q	R	L	E	A	D	O
C	Q	E	P	V	U	E	U	Y	R	C	J	K
S	C	F	P	V	L	F	I	M	O	D	D	W
J	J	R	K	A	B	Z	G	K	K	P	U	R
U	S	L	V	E	R	Z	O	A	G	O	S	F
L	H	E	R	O	I	G	E	V	X	L	N	C
P	L	N	A	U	N	Y	M	L	X	N	A	E

It always seems impossible until it's done

KALE
OREGANO
ROSEMARY
WASABI

BALM
PARSLEY
GRAPE

TURNIP
QUINOA
VALERIAN

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U	P	V	Q	X	B	Q	Y	G	R	N	L	C	S	O
S	O	Y	Z	J	E	T	Y	P	K	Z	O	Q	Y	V
F	W	Y	S	O	M	Q	R	S	J	R	K	R	I	X
I	G	C	Q	T	R	G	B	E	U	B	L	P	C	A
X	N	I	C	C	C	U	R	A	N	C	G	O	W	U
T	D	P	X	Q	T	V	E	A	I	Y	I	L	D	Z
V	H	I	D	E	K	D	H	R	P	F	I	F	T	H
W	W	X	V	R	V	S	D	S	E	F	Y	X	F	Q
C	B	Z	G	I	F	A	O	Q	R	J	B	J	O	J
W	T	R	X	P	U	P	O	Y	U	C	G	H	Y	M
M	V	U	L	X	H	M	G	H	Z	Y	V	L	X	E
J	F	L	A	I	L	O	N	G	A	M	L	J	X	F
O	V	E	L	T	S	O	N	O	C	O	X	B	C	R
R	C	A	R	R	O	T	J	Y	H	T	N	O	Z	U
Z	N	T	E	U	P	H	O	R	B	I	A	O	P	E

The only limit to our realization of tomorrow will be our doubts of today

XOCONOSTLE
HOLLY
GYPSOPHILA
FIFTH
GOOD HERB
EUPHORBIA
JUNIPER
CARROT
FICUS
MAGNOLIA

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D	B	N	E	N	Z	M	Q	G	Z	T	R	B	F	W	K	L	N
J	S	V	E	C	N	A	M	R	O	F	R	E	P	B	O	X	U
H	P	J	R	F	C	C	N	F	R	E	H	D	O	A	T	V	A
H	A	P	B	T	Q	O	J	T	B	B	Z	L	H	R	S	Z	D
N	F	X	D	B	S	M	A	C	E	U	I	Q	R	O	X	T	K
Y	Q	R	Y	G	O	P	R	D	U	D	H	F	Z	V	S	S	C
L	W	Z	E	F	F	E	C	T	I	V	E	N	E	S	S	O	S
C	F	D	O	D	R	T	J	T	L	D	O	S	U	Z	O	R	V
M	H	I	W	W	S	E	I	Y	X	I	U	K	C	U	O	N	O
P	H	I	A	K	E	N	G	T	T	E	O	N	Y	H	F	R	M
P	G	I	Y	J	U	C	C	A	N	Y	R	X	P	Z	I	V	Q
S	L	X	M	B	F	E	Z	X	S	J	Z	O	H	T	T	A	U
P	A	Y	T	I	V	I	T	C	U	D	O	R	P	X	A	Z	G
Z	S	G	Q	R	M	Z	A	C	M	D	R	M	P	H	G	M	H
M	Y	V	O	I	J	M	W	R	L	D	I	S	A	V	I	N	G
K	R	Y	T	Y	A	G	W	Q	U	V	V	W	K	Y	T	L	O
A	P	P	X	H	I	U	Y	Y	O	E	L	O	U	H	C	I	E
B	O	H	N	C	X	R	Z	V	H	A	X	C	B	P	B	K	W

What we think, we become

SAP
ZANTEDESCHIA
EFFECTIVENESS
SAVING
ULMUS
PRODUCTIVITY
PERFORMANCE
XEROPHILE
OPTIMIZATION
COMPETENCE

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Y	T	I	L	I	B	A	N	I	A	T	S	U	S	L	R	V	X	R
S	Q	W	C	G	J	C	O	S	P	B	I	N	W	T	X	L	Z	J
H	N	O	I	T	A	N	I	D	R	O	O	C	V	N	B	J	T	S
A	O	N	P	G	P	V	T	B	O	N	B	Y	Y	V	B	P	Y	D
W	M	O	C	X	S	I	A	V	A	P	E	O	R	V	I	A	I	V
P	E	I	N	F	B	N	Z	F	C	N	N	T	B	M	B	E	R	U
H	L	T	N	W	A	O	I	F	T	X	R	E	S	U	L	T	S	A
W	Z	A	J	Y	G	M	N	I	I	Q	Q	T	W	L	Z	D	K	K
O	Q	M	N	O	I	T	A	S	V	R	R	G	J	K	I	F	K	Z
D	W	O	X	N	L	A	G	T	I	A	B	T	Q	S	M	J	Q	H
Q	I	T	I	Q	I	S	R	K	T	E	R	R	Q	H	K	A	Y	O
Z	U	U	F	K	T	N	O	E	Y	V	Y	K	N	Q	F	X	B	G
B	W	A	A	S	Y	G	G	T	R	P	C	C	O	D	S	P	W	V
W	E	R	L	R	W	Y	C	I	O	K	T	Z	U	V	L	U	C	W
T	R	E	N	I	R	I	M	Q	R	G	B	I	T	K	E	N	M	E
J	R	F	U	F	T	C	A	K	N	J	P	A	E	P	S	C	S	Q
U	E	Z	E	L	W	Y	U	W	T	D	A	W	X	O	T	Q	C	C
P	X	Y	V	B	Y	G	X	E	K	S	H	X	Q	H	Z	D	A	F
I	U	O	L	L	B	I	M	A	D	C	Q	K	G	X	P	H	T	G

Happiness is not something ready-made. It comes from your own actions

AGILITY
RESULTS
COORDINATION
SUSTAINABILITY
ORGANIZATION
QUALITY
PLANNING
PROACTIVITY
AUTOMATION
STRATEGY

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E	W	B	C	A	B	X	C	X	V	G	O	E	H	C	D	R
Y	X	W	W	G	M	C	N	I	D	N	P	F	Q	D	E	P
G	N	P	N	R	M	W	T	V	U	E	O	Q	K	D	B	D
O	Q	W	L	O	X	E	C	N	E	L	L	E	C	X	E	P
L	D	S	V	O	I	A	O	Y	E	T	T	B	E	Q	F	U
O	G	V	B	H	I	T	J	E	L	M	P	E	S	D	A	K
D	A	W	E	M	I	T	C	P	X	R	E	Z	E	B	N	D
O	I	D	E	E	P	S	A	U	F	H	T	G	S	C	U	E
H	I	S	F	G	H	Y	B	T	D	N	Q	C	A	E	S	D
T	H	B	C	E	A	Z	P	T	I	E	A	I	E	N	D	N
E	C	N	A	I	L	P	M	O	C	O	R	Z	R	A	A	X
M	A	H	S	I	P	V	L	G	E	V	N	D	C	N	P	M
X	Z	M	N	C	M	L	Z	Y	N	J	I	V	N	T	C	Z
O	D	F	G	Z	R	F	I	D	O	V	X	I	I	F	X	C
X	J	I	Z	W	Y	E	Z	N	I	G	S	M	M	A	U	O
Q	S	F	C	T	H	F	V	K	E	O	C	H	F	A	F	V
T	C	C	K	L	J	Z	Z	P	D	O	O	R	E	M	W	X

Be the change that you wish to see in the world

EXCELLENCE
METHODOLOGY
TIME
SPEED

DISCIPLINE
EXPLOITATION
REDUCTION

COMPLIANCE
MANAGEMENT
INCREASE

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E K V E E U R T L E Y V D B Q L Y D S
V A Y H C K Z B L A F M R A A T P N L
E M L Y P N H V G K L R G C F Q M H X
S M C M E J I B Y J C B B I X U O J G
O Y G N U Y X D P F O O H K W O F S L
Q J W O J F V S K I C Y T J T I K U A
L L D I O H Q P H B W J L B W D Q C P
U N E T F R H G H J V O R S K Z O C U
C Y C A R C U A E R U B E A T S T E D
P R T C R Q T J P L O G I S T I C S T
C Z C I B N C P L U O F S S G R I S W
I K N F L R I A C O M P L E X I T Y E
Z D X I B I A N A A I O S S T M X K Q
I V S L G P B U G Q N I X S C T C W M
A Q W P U D F I O G R A T M C U Q U G
O A O M I K F M X H P G C E Z G P I P
V A Q I R U Y G R E N Y S N N H L K C
L N X S R G T G D P L Z M T K Q C I G
F I R M Q Y R X O F H F G L I Q C N P

The only person you are destined to become is the person you decide to be

JOB
SIMPLIFICATION
COMPLEXITY
LOGISTICS
FLEXIBILITY
SUCCESS
ASSESSMENT
LEARNING
BUREAUCRACY
SYNERGY

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C	D	D	Q	J	X	I	L	C	X	U	B	F	W	Q	P	M	I
K	U	I	X	O	C	S	Y	P	Q	F	N	U	S	O	A	J	B
D	M	S	V	Z	L	N	P	R	U	V	Y	G	E	Q	F	Q	V
Z	N	G	T	E	P	Y	P	O	M	S	K	S	I	R	L	N	N
O	E	C	U	O	R	E	Y	J	E	F	Y	R	T	Z	A	O	N
F	K	E	V	T	M	S	V	E	L	Z	N	B	I	S	I	H	G
L	G	G	Y	C	N	E	I	C	I	F	F	E	N	T	N	L	D
I	I	K	X	Y	D	U	R	T	Y	T	I	R	U	C	E	S	S
B	C	N	S	G	M	I	G	S	Y	M	I	L	T	X	L	K	K
S	F	N	A	G	I	J	E	I	G	U	O	W	R	C	E	Y	K
C	Z	J	Z	B	B	U	C	X	M	S	N	O	O	L	J	G	I
B	Y	R	N	Z	S	M	A	N	E	Q	Z	F	P	P	N	E	G
F	C	G	S	S	F	E	Q	R	L	L	F	X	P	Z	O	M	J
P	X	G	I	E	U	R	F	N	T	P	O	A	O	E	T	Z	V
U	R	O	B	I	R	Z	G	C	V	K	M	U	N	V	Z	N	G
E	N	O	I	T	A	M	R	O	F	N	I	R	T	L	Z	E	K
D	D	O	Z	L	K	C	Q	Y	Q	Z	K	Q	C	Z	I	P	I
D	V	L	Q	Y	O	F	M	O	Y	L	W	M	W	G	H	P	V

Success is not final, failure is not fatal: It is the courage to continue that counts

EFFICIENCY
ISSUES
INFORMATION
SECURITY
CUSTOMER
OPPORTUNITIES
RISKS
RESOLUTION
PROJECTS
DIVERSITY

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L	X	W	L	H	Q	Q	O	T	Z	K	S	Q	Q	S	O	P	E
A	A	Z	W	G	B	X	K	G	S	Y	C	E	K	E	L	B	Q
B	I	N	I	S	S	B	F	L	D	W	A	C	R	C	A	Z	S
O	C	O	O	G	Q	T	G	J	Y	Z	I	V	G	I	P	F	T
L	S	I	W	I	E	N	I	H	K	K	Z	X	G	V	Q	H	F
G	K	D	E	Y	T	L	O	G	I	S	T	I	C	R	M	D	J
E	L	T	Z	T	B	A	G	I	T	A	Y	D	W	E	I	I	D
P	C	I	V	N	A	B	R	X	T	W	S	K	Y	S	L	F	D
D	E	J	M	I	J	G	R	E	Y	C	G	F	T	J	G	X	H
L	K	R	I	A	V	N	E	B	P	J	U	R	H	U	O	Z	M
O	K	U	M	T	B	C	D	R	B	O	I	D	F	E	B	O	R
A	Y	N	D	R	C	Q	E	W	G	B	Y	I	O	K	D	L	J
D	S	L	A	E	T	V	W	Z	U	G	U	D	Z	R	G	Y	A
X	N	Q	E	C	Q	H	C	T	Q	K	A	U	C	C	P	T	A
V	B	Z	M	N	Y	T	I	L	I	B	A	I	R	A	V	P	B
K	D	S	R	U	A	O	G	G	I	S	K	G	S	G	C	E	D
Q	N	D	L	I	N	T	E	R	N	A	T	I	O	N	A	L	V
Q	X	F	S	U	S	E	M	Y	N	C	C	A	V	L	W	C	L

Life is what happens when you're busy making other plans

VARIABILITY
AGGREGATE
GLOBAL
PRODUCTION
UNCERTAINTY
INTERNATIONAL
LOGISTIC
DISTRIBUTION
SERVICES
OPERATIONAL

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Q	R	H	L	A	Q	D	A	Q	Z	G	Q	Q	B	U
X	S	H	I	H	C	T	G	A	B	R	D	K	L	H
Y	G	E	X	O	M	P	S	B	E	W	O	C	P	H
K	M	Q	L	P	S	G	F	D	C	M	E	T	A	Z
C	A	K	W	B	G	H	D	F	I	G	Z	M	S	K
S	P	Z	Z	A	A	C	E	M	R	G	B	B	T	U
D	I	N	D	Q	X	T	Z	S	W	U	I	X	A	P
T	Z	G	T	T	T	A	E	M	R	P	I	X	V	V
U	Z	Q	O	S	Q	I	Z	G	Y	S	R	T	X	H
P	A	J	O	A	X	H	E	N	E	K	C	I	H	C
F	K	U	H	L	W	R	L	M	B	V	R	Y	J	I
Z	P	F	D	A	R	O	S	I	V	Z	F	Y	O	A
P	K	R	H	D	J	E	U	A	C	X	R	R	H	Q
M	X	P	V	S	N	K	T	T	B	D	Y	A	U	R
H	G	U	Y	E	U	L	Y	O	H	U	U	E	J	Z

It always seems impossible until it's done

RICE
SALAD
HAMBURGER
FRUIT
PASTA
SOUP
CHICKEN
MEAT
PIZZA
VEGETABLES

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N	E	H	C	W	B	M	N	I	O	R	F
E	G	B	B	U	Z	F	Z	F	G	W	Y
L	G	K	F	S	L	S	E	B	O	A	X
I	E	B	U	C	Z	O	K	M	F	H	U
A	C	S	U	E	P	C	R	J	P	E	H
G	H	Q	E	R	N	A	U	F	O	T	C
I	A	Q	D	E	R	T	T	G	R	R	Y
P	K	T	S	A	H	I	K	T	N	L	A
O	B	M	A	L	E	C	T	U	Y	D	B
E	N	Z	S	D	N	R	D	O	D	B	O
I	P	E	B	V	Q	M	B	T	M	U	L
B	M	F	K	N	M	G	E	Z	B	H	A

The only limit to our realization of tomorrow will be our doubts of today

CEREAL
PIG
PATTY
CHEESE

TOFU
TACOS
SUSHI

LAMB
BURRITO
BREAD

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C	H	C	I	M	G	S	D	U	G	M	X	Y	C	E	Y
G	O	A	Y	S	V	P	T	G	T	R	U	J	J	B	F
F	R	U	R	R	Y	T	X	S	U	Y	U	J	D	H	S
H	Z	L	S	W	F	O	E	L	N	P	P	T	R	X	U
A	N	I	E	C	V	F	Q	E	A	O	G	S	H	Y	X
R	Z	F	A	N	O	O	D	L	E	S	Y	T	E	X	N
N	H	L	F	U	S	U	X	X	H	X	A	W	D	L	Y
S	F	O	T	G	S	G	S	R	H	R	C	G	S	C	J
X	I	W	O	X	N	F	I	Z	E	P	U	O	N	N	Q
F	G	E	G	Y	H	M	S	T	Y	X	M	T	W	A	N
A	Q	R	V	E	P	D	S	N	A	G	U	G	A	O	R
F	R	K	I	E	W	B	I	T	J	G	K	R	R	N	T
B	O	B	J	I	O	O	A	Y	E	E	A	K	P	T	Q
P	X	E	S	L	L	A	B	T	A	E	M	N	U	X	S
N	J	N	H	A	F	A	W	V	L	J	S	U	K	K	D
K	Z	F	U	R	Y	B	T	G	D	O	S	U	L	Y	V

What we think, we become

EGG
PRAWNS
NOODLES
CAULIFLOWER
TUNA
SHRIMP
LASAGNA
LOBSTER
MEATBALLS
COUSCOUS

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J	E	Q	T	L	J	W	F	X	Z	S	J	F
B	O	K	Z	I	F	X	E	V	I	H	M	R
X	H	T	F	G	G	E	Q	J	T	T	S	N
C	C	H	A	T	T	S	A	R	L	B	E	I
K	E	H	S	M	T	L	N	E	V	V	O	J
J	L	W	I	P	O	Q	T	O	V	V	T	J
L	E	J	I	A	V	T	S	O	I	Q	A	I
H	R	E	B	M	U	C	U	C	F	N	T	H
W	Y	W	M	C	I	L	R	A	G	R	O	E
U	J	I	E	S	T	O	R	R	A	C	P	G
Q	C	S	I	S	M	W	K	Y	T	V	A	C
N	J	H	J	Y	S	A	C	J	C	A	V	U
R	D	I	H	E	M	A	Y	X	B	D	K	X

Happiness is not something ready-made. It comes from your own actions

JEWISH
YAMS
TOMATO
CELERY

CARROTS
ONIONS
CUCUMBER

POTATOES
GARLIC
LETTUCE

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E	C	Z	H	Q	Z	P	J	O	P	Z	W	L	K	N	M	O
S	X	S	T	N	S	I	T	F	N	P	F	I	Q	F	M	L
H	T	Q	E	G	P	A	D	E	Z	N	Y	T	M	K	E	J
L	W	R	U	P	W	B	N	F	B	G	E	R	N	D	L	X
I	P	W	A	S	E	G	N	A	R	O	T	O	Y	A	O	C
A	X	E	X	W	C	C	J	A	N	W	N	J	J	Q	N	L
F	C	O	A	P	B	O	P	E	K	A	N	D	M	Y	A	E
I	M	G	G	R	K	E	Y	A	R	T	B	D	C	R	J	T
B	P	N	V	Y	S	C	R	C	E	E	S	T	P	D	T	Q
B	I	A	I	F	N	I	A	R	J	R	X	I	H	W	Q	Y
A	K	M	O	N	J	W	T	P	I	M	N	U	A	E	O	V
A	M	L	L	H	C	T	E	J	P	E	G	R	J	T	Y	R
I	M	W	I	C	L	D	J	D	A	L	S	J	Z	I	O	D
Y	F	N	F	C	U	L	U	P	W	O	E	W	F	U	G	X
H	R	W	K	W	M	W	P	J	O	N	Z	S	X	Q	P	U
D	X	R	K	P	S	L	Z	E	K	K	U	V	S	R	T	S
Y	H	B	E	X	E	X	F	U	J	S	O	M	G	L	Q	Z

Be the change that you wish to see in the world

STRAWBERRIES
GRAPES
PINEAPPLE
ORANGES
APPLES
PEARS
WATERMELON
BANANAS
MANGO
MELON

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SOLUTIONS

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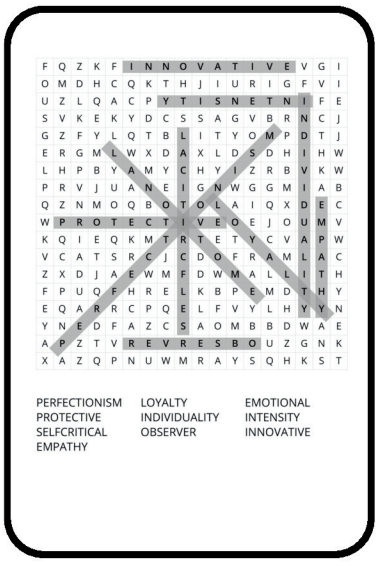
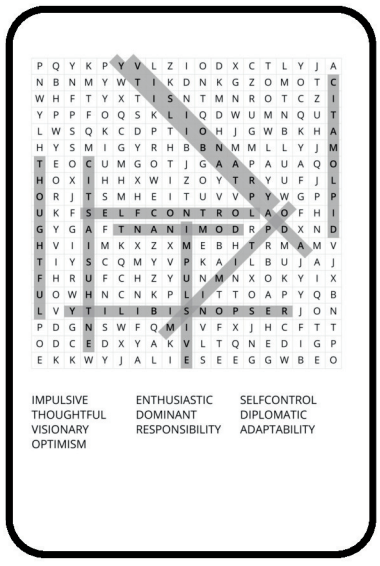


PERFECTIONISM
PROTECTIVE
SELFCRITICAL
EMPATHY

LOYALTY
INDIVIDUALITY
OBSERVER

EMOTIONAL
INTENSITY
INNOVATIVE

1

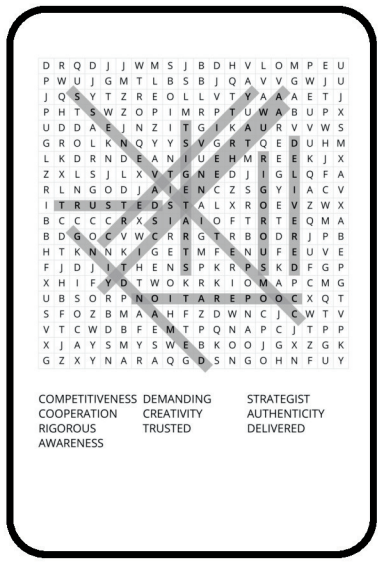


IMPULSIVE
THOUGHTFUL
VISIONARY
OPTIMISM

ENTHUSIASTIC
DOMINANT
RESPONSIBILITY

SELFCONTROL
DIPLOMATIC
ADAPTABILITY

2

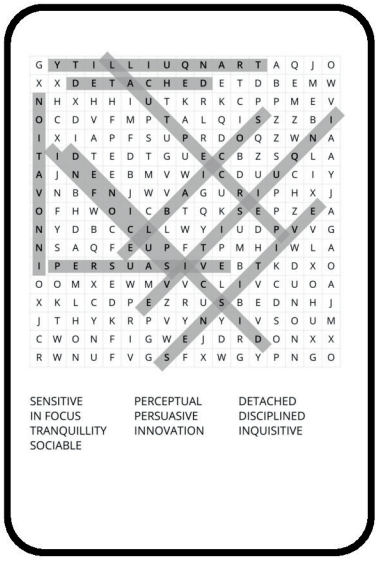


COMPETITIVENESS
COOPERATION
RIGOROUS
AWARENESS

DEMANDING
CREATIVITY
TRUSTED

STRATEGIST
AUTHENTICITY
DELIVERED

3

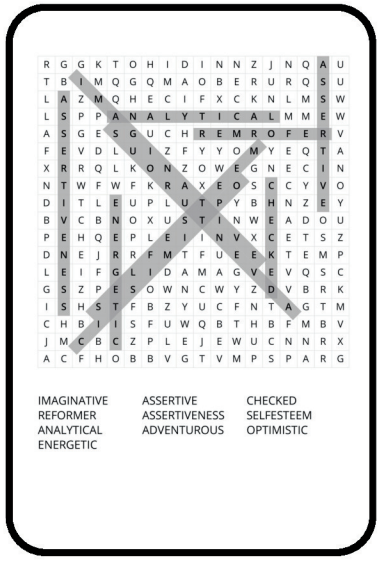


SENSITIVE
IN FOCUS
TRANQUILLITY
SOCIABLE

PERCEPTUAL
PERSUASIVE
INNOVATION

DETACHED
DISCIPLINED
INQUISITIVE

4

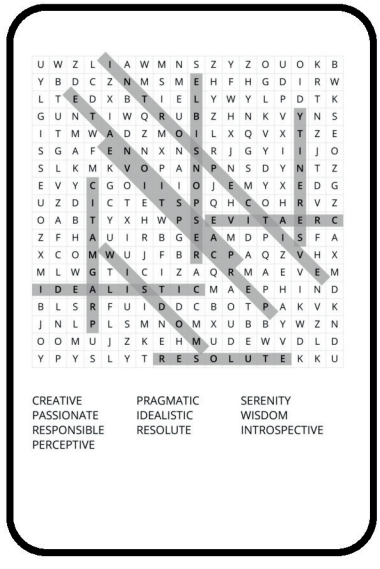


IMAGINATIVE
REFORMER
ANALYTICAL
ENERGETIC

ASSERTIVE
ASSERTIVENESS
ADVENTUROUS

CHECKED
SELFESTEEM
OPTIMISTIC

5

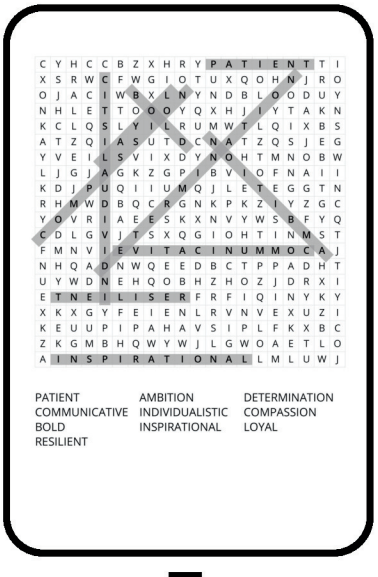


CREATIVE
PASSIONATE
RESPONSIBLE
PERCEPTIVE

PRAGMATIC
IDEALISTIC
RESOLUTE

SERENITY
WISDOM
INTROSPECTIVE

6

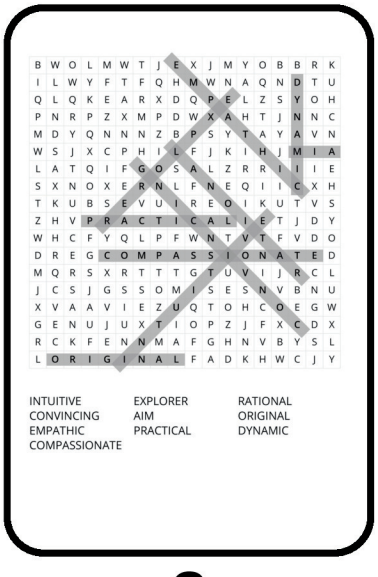


PATIENT
COMMUNICATIVE
BOLD
RESILIENT

AMBITION
INDIVIDUALISTIC
INSPIRATIONAL

DETERMINATION
COMPASSION
LOYAL

7

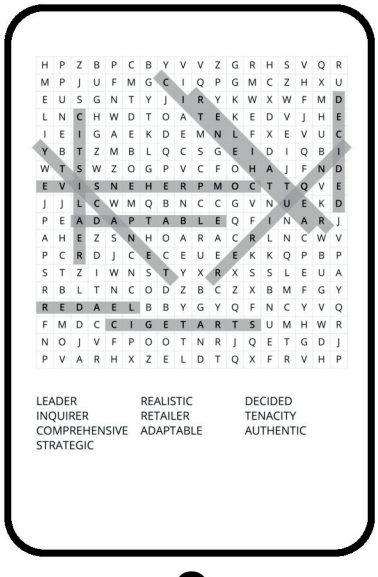


INTUITIVE
CONVINCING
EMPATHIC
COMPASSIONATE

EXPLORER
AIM
PRACTICAL

RATIONAL
ORIGINAL
DYNAMIC

8



LEADER
INQUIRER
COMPREHENSIVE
STRATEGIC

REALISTIC
RETAILER
ADAPTABLE

DECIDED
TENACITY
AUTHENTIC

9

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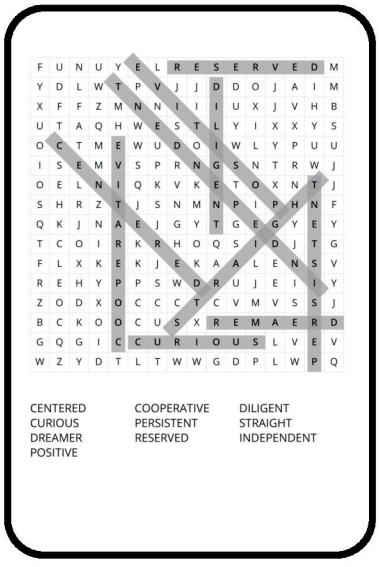
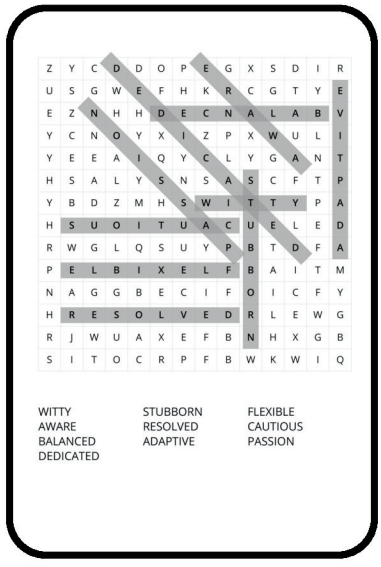


CENTERED
CURIOUS
DREAMER
POSITIVE

COOPERATIVE
PERSISTENT
RESERVED

DILIGENT
STRAIGHT
INDEPENDENT

10

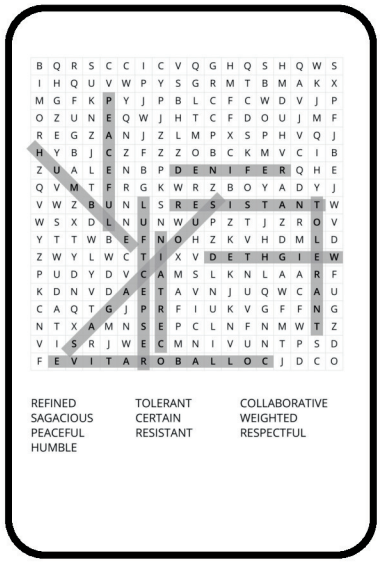


WITTY
AWARE
BALANCED
DEDICATED

STUBBORN
RESOLVED
ADAPTIVE

FLEXIBLE
CAUTIOUS
PASSION

11

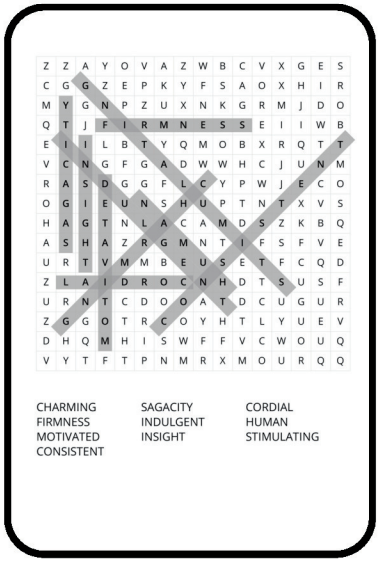


REFINED
SAGACIOUS
PEACEFUL
HUMBLE

TOLERANT
CERTAIN
RESISTANT

COLLABORATIVE
WEIGHTED
RESPECTFUL

12

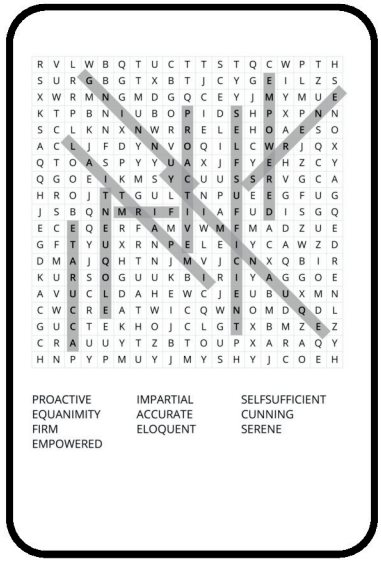


CHARMING
FIRMNESS
MOTIVATED
CONSISTENT

SAGACITY
INDULGENT
INSIGHT

CORDIAL
HUMAN
STIMULATING

13

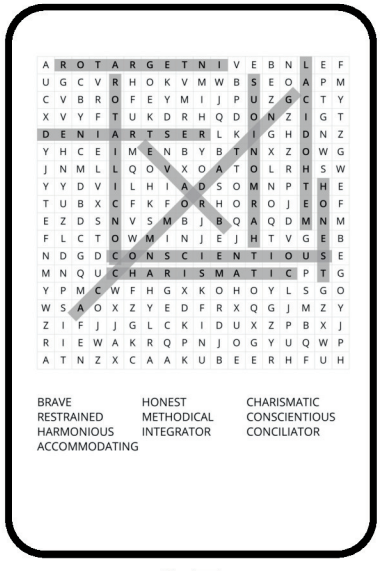


PROACTIVE
EQUANIMITY
FIRM
EMPOWERED

IMPARTIAL
ACCURATE
ELOQUENT

SELFSUFFICIENT
CUNNING
SERENE

14



BRAVE
RESTRAINED
HARMONIOUS
ACCOMMODATING

HONEST
METHODICAL
INTEGRATOR

CHARISMATIC
CONSCIENTIOUS
CONCILIATOR

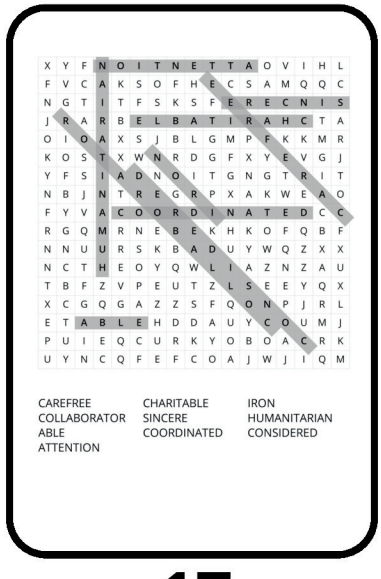
15

PERSPICUOUS
DIPLOMACY
DISCERNMENT
VERSATILE

EQUITABLE
ENTREPRENEUR
SAGE

VITAL
SEDATE
PROGRESSIVE

16

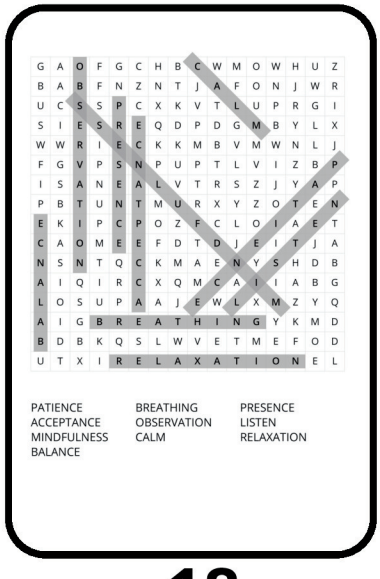


CAREFREE
COLLABORATOR
ABLE
ATTENTION

CHARITABLE
SINCERE
COORDINATED

IRON
HUMANITARIAN
CONSIDERED

17



PATIENCE
ACCEPTANCE
MINDFULNESS
BALANCE

BREATHING
OBSERVATION
CALM

PRESENCE
LISTEN
RELAXATION

18

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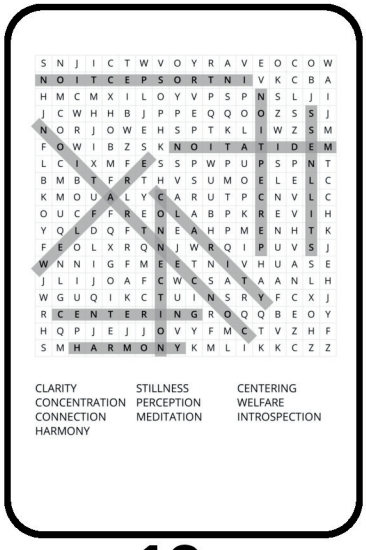
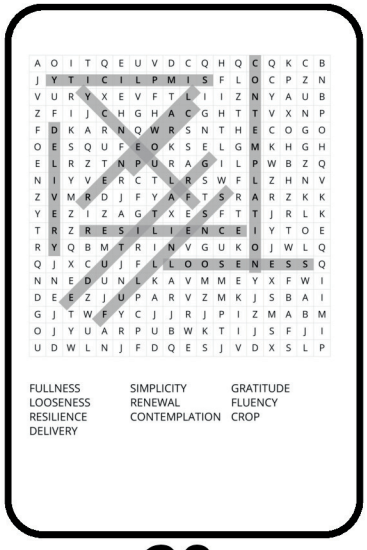


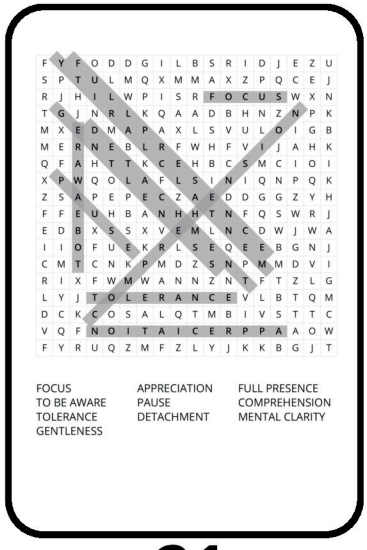
CLARITY
CONCENTRATION
CONNECTION
HARMONY
STILLNESS
PERCEPTION
MEDITATION
CENTERING
WELFARE
INTROSPECTION

19



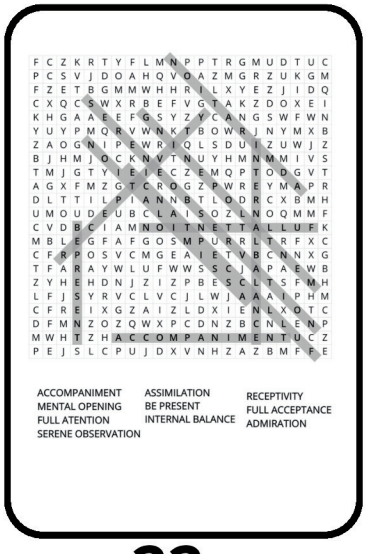
FULLNESS
LOOSENESS
RESILIENCE
DELIVERY
SIMPLICITY
RENEWAL
CONTEMPLATION
GRATITUDE
FLUENCY
CROP

20



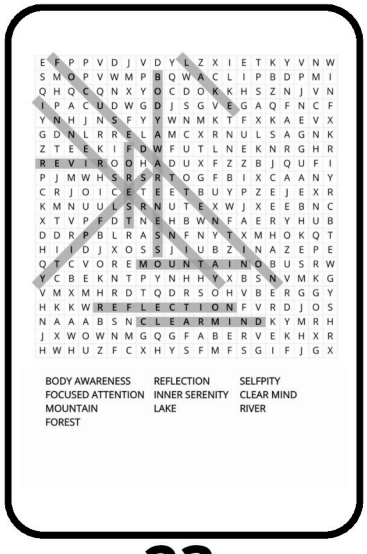
FOCUS
TO BE AWARE
TOLERANCE
GENTLENESS
APPRECIATION
PAUSE
DETACHMENT
FULL PRESENCE
COMPREHENSION
MENTAL CLARITY

21



ACCOMPANIMENT
MENTAL OPENING
FULL ATENTION
SERENE OBSERVATION
ASSIMILATION
BE PRESENT
INTERNAL BALANCE
RECEPTIVITY
FULL ACCEPTANCE
ADMIRATION

22

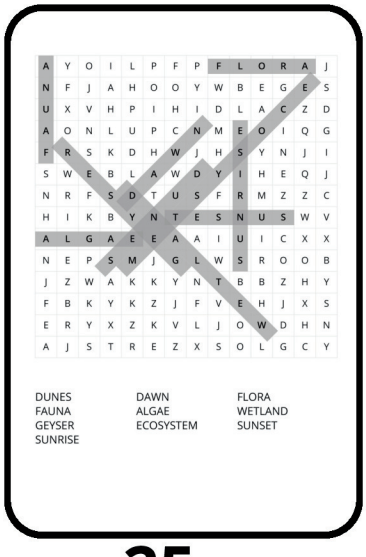


BODY AWARENESS
FOCUSED ATTENTION
MOUNTAIN
FOREST
REFLECTION
INNER SERENITY
LAKE
SELFPITY
CLEAR MIND
RIVER

23

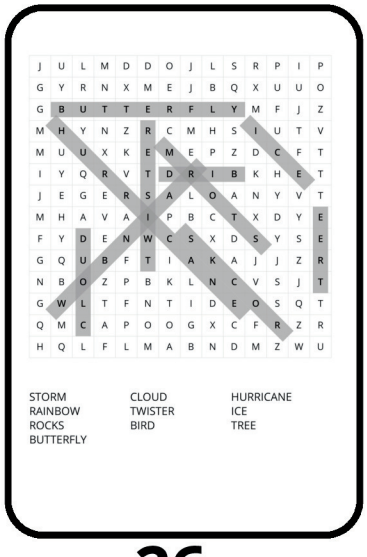
BEACH
JUNGLE
MEADOW
CANYON
WATERFALL
VALLEY
REEF
DESERT
VOLCANO
GLACIER

24



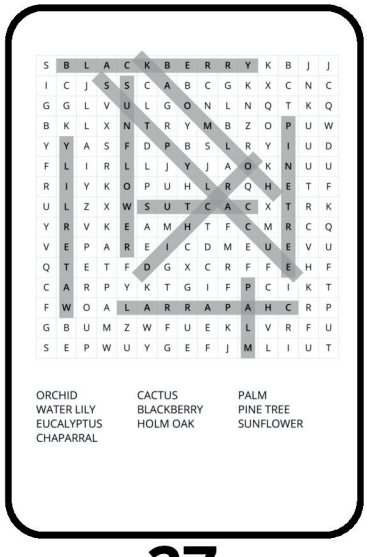
DUNES
FAUNA
GEYSER
SUNRISE
DAWN
ALGAE
ECOSYSTEM
FLORA
WETLAND
SUNSET

25



STORM
RAINBOW
ROCKS
BUTTERFLY
CLOUD
TWISTER
BIRD
HURRICANE
ICE
TREE

26



ORCHID
WATER LILY
EUCALYPTUS
CHAPARRAL
CACTUS
BLACKBERRY
HOLM OAK
PALM
PINE TREE
SUNFLOWER

27

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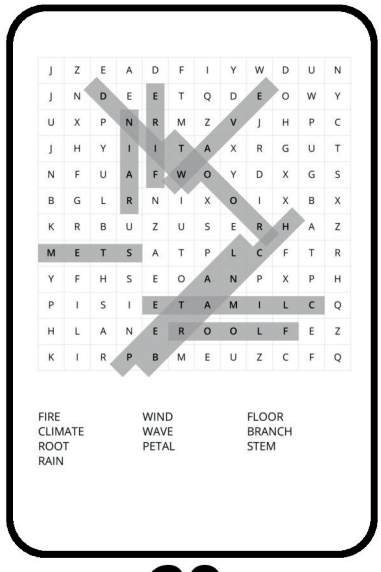
MOSS
BAMBOO
SHEET
LAND

SNAIL
LILY
WATER

GRASS
OUTBREAK
AIR

28

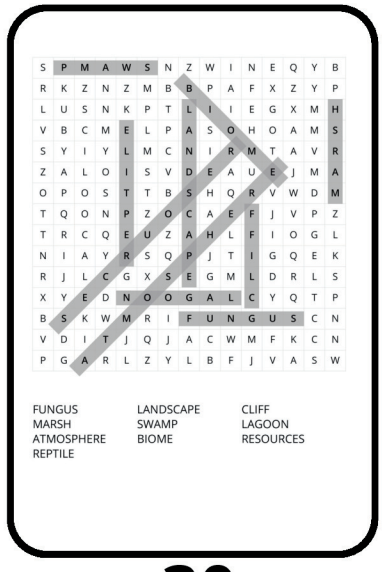


FIRE
CLIMATE
ROOT
RAIN

WIND
WAVE
PETAL

FLOOR
BRANCH
STEM

29

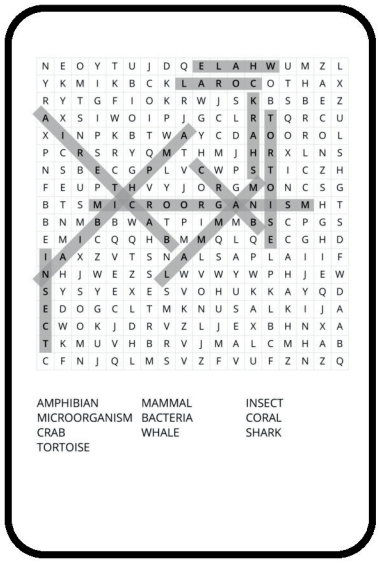


FUNGUS
MARSH
ATMOSPHERE
REPTILE

LANDSCAPE
SWAMP
BIOME

CLIFF
LAGOON
RESOURCES

30

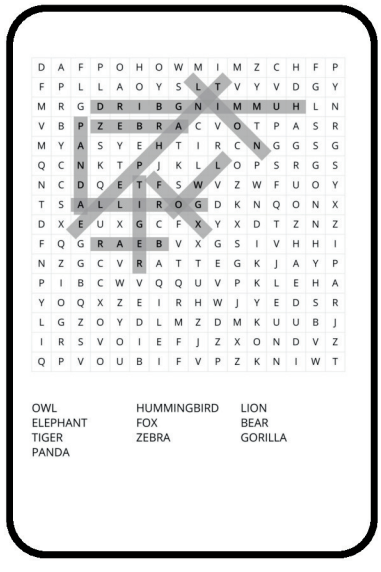


AMPHIBIAN
MICROORGANISM
CRAB
TORTOISE

MAMMAL
BACTERIA
WHALE

INSECT
CORAL
SHARK

31

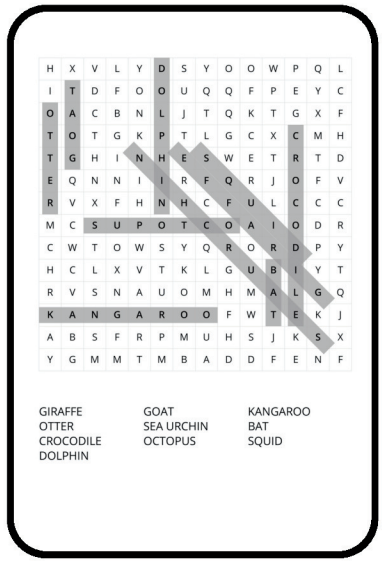


OWL
ELEPHANT
TIGER
PANDA

HUMMINGBIRD
FOX
ZEBRA

LION
BEAR
GORILLA

32

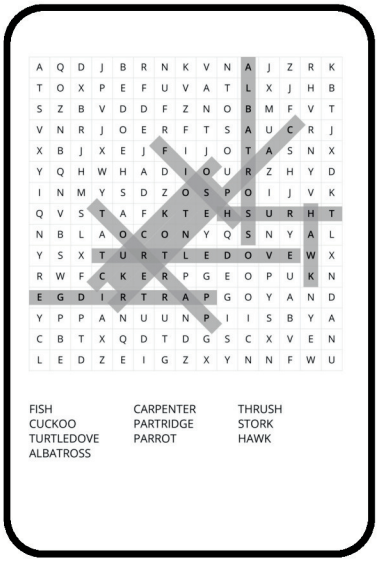


GIRAFFE
OTTER
CROCODILE
DOLPHIN

GOAT
SEA URCHIN
OCTOPUS

KANGAROO
BAT
SQUID

33

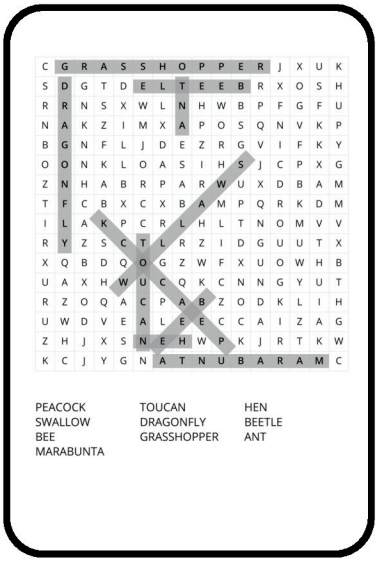


FISH
CUCKOO
TURTLEDOVE
ALBATROSS

CARPENTER
PARTRIDGE
PARROT

THRUSH
STORK
HAWK

34



PEACOCK
SWALLOW
BEE
MARABUNTA

TOUCAN
DRAGONFLY
GRASSHOPPER

HEN
BEETLE
ANT

35

SPHINX
CRICKET
FLEA
LOUSE

MOTH
MOSQUITO
WASP

SPIDER
FLY
BUMBLEBEE

36

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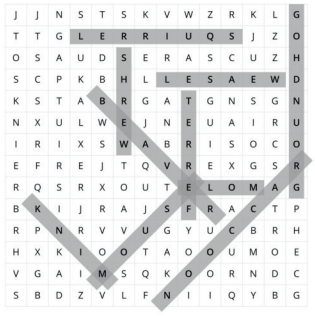
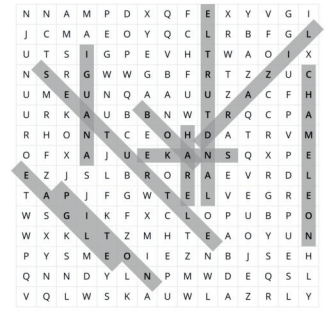
CENTIPEDE
RABBIT
RHINOCEROS
KOALA
DEER
WOLF
JAGUAR
WILD PIG
HIPPO
PLATYPUS

37



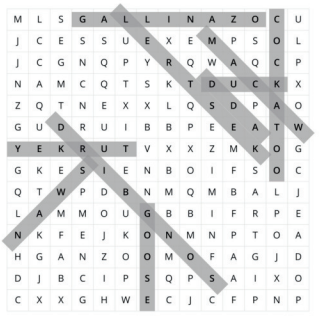
BEAVER
GROUNDHOG
MINK
SHREW
FERRET
SQUIRREL
RACCOON
MOUSE
WEASEL
MOLE

38



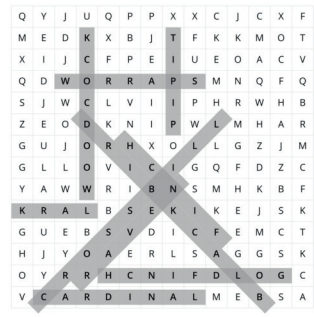
HARE
IGUANA
SNAKE
EAGLE
SEA TURTLE
LIZARD
BOA
LAND TURTLE
CHAMELEON
PITON

39



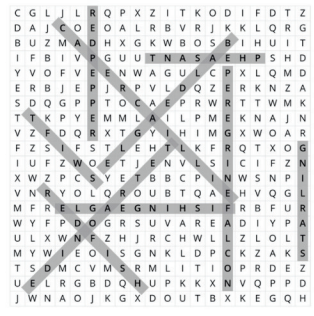
SONGBIRD
GALLINAZO
GOOSE
KESTREL
COCKATOO
ADD
DUCK
MACAW
SWAN
TURKEY

40



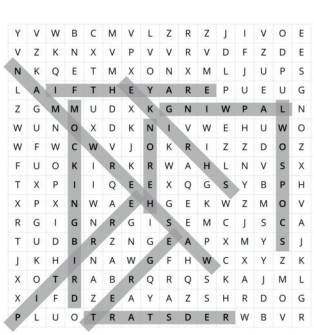
RAVEN
CARDINAL
CROSSBILL
WOODCOCK
SPARROW
BLACKBIRD
PIPIT
GOLDFINCH
FINCH
LARK

41



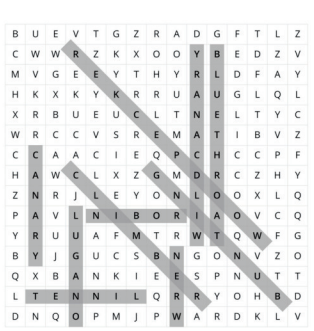
PHEASANT
REDPEPPER
BALD EAGLE
SWIFT
CAPERCAILLIE
REDFISH
PEREGRINE
FALCON
TETRAONIDE
FISHING EAGLE
STARLING

42



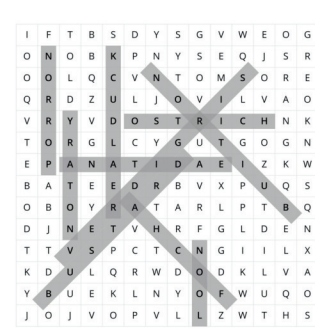
EGRET
SCOPS OWL
REDSTART
PITIRRE
HERON
LAPWING
IF THEY ARE
SHRIKE
WASHERWOMAN
MOCKINGBIRD

43



CANARY
LUGANO
WOODPECKER
BUNTING
WILD CANARY
CLIMBER
WREN
LINNET
ROBIN
BLUETHROAT

44



VERDIGRIS
PORRÓN
REAL DUCK
BUSTARD
NOTARY
LOON
ANATIDAE
BUITRON
FOCHA
OSTRICH

45

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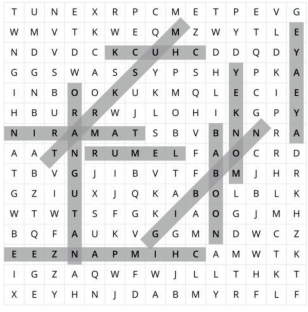
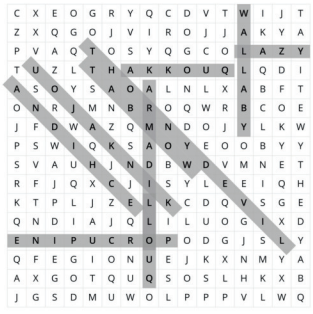


MUSKRAT
CHUCK
LEMUR
AYE AYE
ORANGUTAN
BABOON
GIBBON
CHIMPANZEE
TAMARIN
MONKEY

46

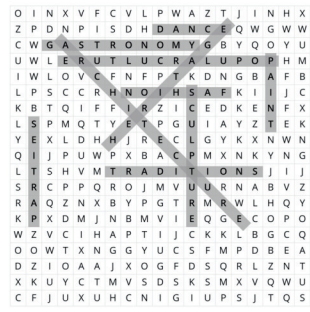


KINKAJOU
PORCUPINE
QUOLL
WOMBAT
LAZY
QUOKKA
THORNY DEVIL
ARMADILLO
WALLABY
ECHIDNA

47

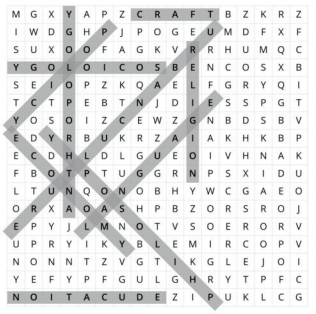
KOOKABURRA
MUSIC
THEATER
FOLKLORE
GALAH
LITERATURE
HISTORY
ART
CINEMA
TRADITION

48



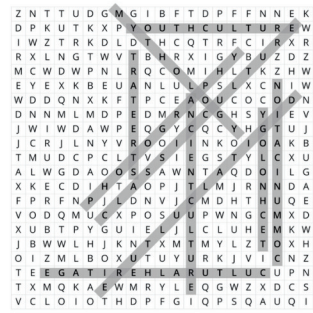
GASTRONOMY
TRADITIONS
SCULPTURE
FASHION
HERITAGE
ARCHITECTURE
DANCE
PARTIES
PAINT
POPULAR CULTURE

49



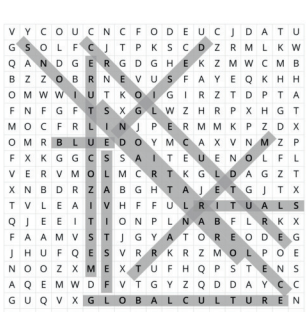
RELIGION
ANTHROPOLOGY
POLICY
CRAFT
LANGUAGE
SOCIOLOGY
EDUCATION
PHILOSOPHY
ECONOMY
URBAN CULTURE

50



MYTHOLOGY
STREET ART
CULTURAL HERITAGE
CLASSIC CULTURE
DIGITAL CULTURE
COMMUNICATION
ANCIENT CULTURE
TECHNOLOGY
YOUTH CULTURE
PHOTOGRAPHY

51

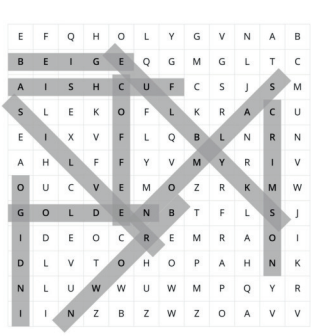


MODERN ART
ORAL TRADITIONS
FESTIVALS
BLUE
DESIGN
MESTIZO CULTURE
CELEBRATIONS
GLOBAL CULTURE
CREOLE CULTURE
RITUALS

52

RED
WHITE
PINK
TURQUOISE
GREEN
BLACK
GREY
YELLOW
PURPLE
ORANGE

53



SKY BLUE
BROWN
CRIMSON
SALMON
COFFEE
GOLDEN
INDIGO
BEIGE
SILVER
FUCHSIA

54

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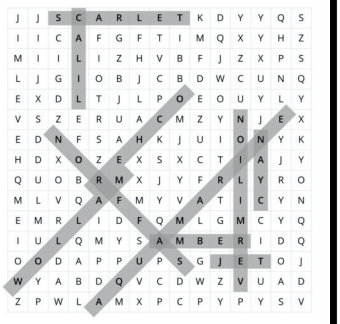
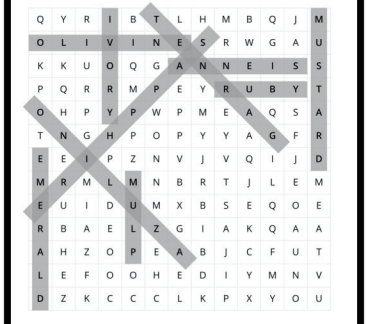


LILAC
VERMILION
CYAN
JET

AMBER
SAFFRON
OCHER

AQUAMARINE
MALLOW
SCARLET

55

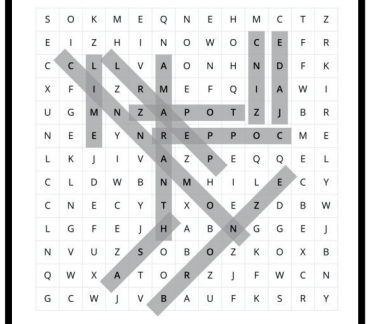


MUSTARD
RUBY
GARNET
SAPPHIRE

IVORY
SIENNA
PLUM

EMERALD
OLIVINE
AZULINO

56

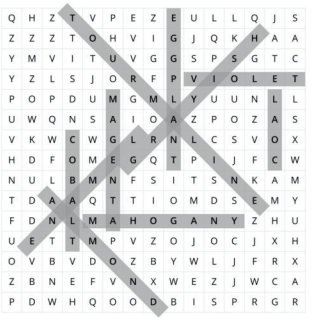


JADE
PEARL
ZINC
LIME

CINNAMON
COPPER
BRONZE

TOPAZ
AMARANTH
ASH

57

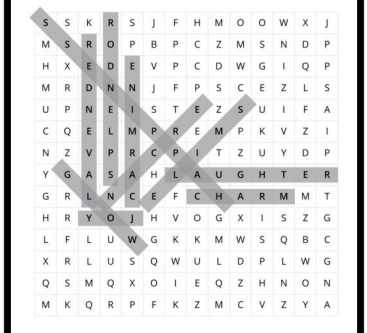


ENAMEL
EGGPLANT
TOURMALINE
ALMOND

COAL
VIOLET
COBALT

GRAYISH
MAGENTA
MAHOGANY

58

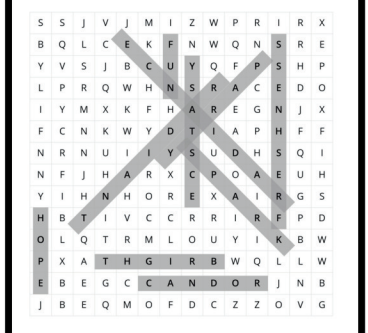


NACRE
HAPPINESS
GLOW
SMILE

LAVENDER
JOY
SPLENDOR

CARMINE
LAUGHTER
CHARM

59

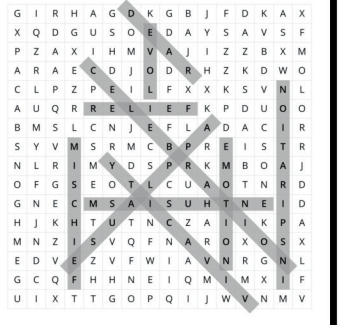


RADIANT
PARTY
BRIGHT
HOPE

SPARK
FUN
FRESHNESS

CANDOR
ECSTASY
RADIANCE

60

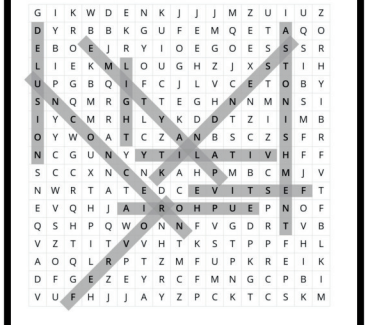


RELIEF
APPLAUSE
MISCHIEF
INSPIRATION

EMOTION
CELEBRATION
LOVE

DEAR
ENTHUSIASM
VIVACITY

61

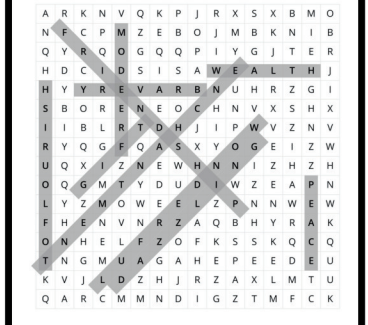


FERVOR
KINDNESS
UNCONCERN
PLAYTIME

FESTIVE
VITALITY
EUPHORIA

LIGHT
DELUSION
ASTONISHMENT

62



BRAVERY
FREEDOM
ENCHANTMENT
GIFT

FRIENDSHIP
WEALTH
WONDERFUL

DAZZLING
PEACE
TO FLOURISH

63

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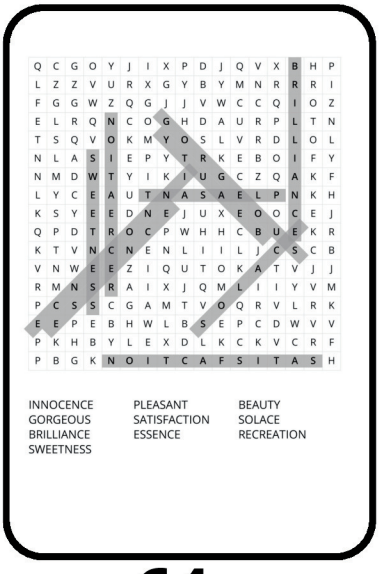
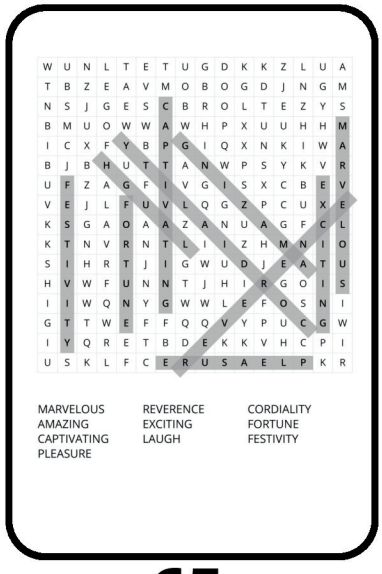


INNOCENCE
GORGEOUS
BRILLIANCE
SWEETNESS

PLEASANT
SATISFACTION
ESSENCE

BEAUTY
SOLACE
RECREATION

64

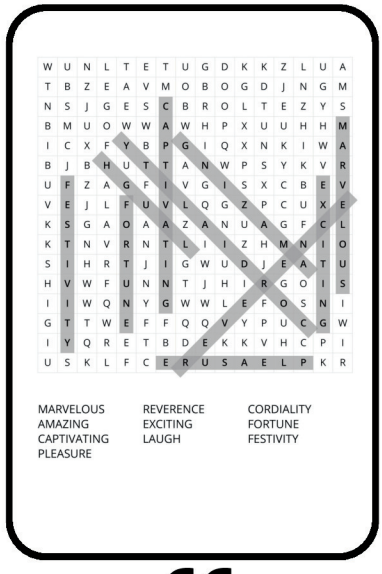


MARVELOUS
AMAZING
CAPTIVATING
PLEASURE

REVERENCE
EXCITING
LAUGH

CORDIALITY
FORTUNE
FESTIVITY

65

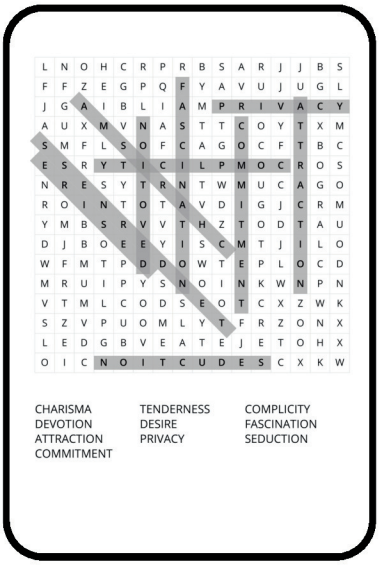


MARVELOUS
AMAZING
CAPTIVATING
PLEASURE

REVERENCE
EXCITING
LAUGH

CORDIALITY
FORTUNE
FESTIVITY

66

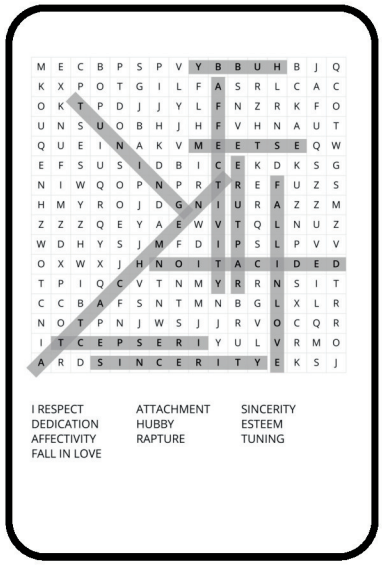


CHARISMA
DEVOTION
ATTRACTION
COMMITMENT

TENDERNESS
DESIRE
PRIVACY

COMPLICITY
FASCINATION
SEDUCTION

67

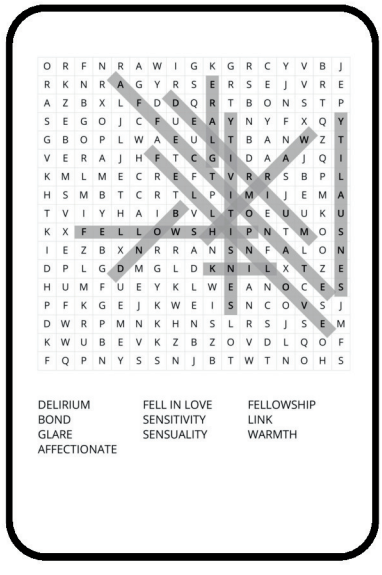


I RESPECT
DEDICATION
AFFECTIVITY
FALL IN LOVE

ATTACHMENT
HUBBY
RAPTURE

SINCERITY
ESTEEM
TUNING

68

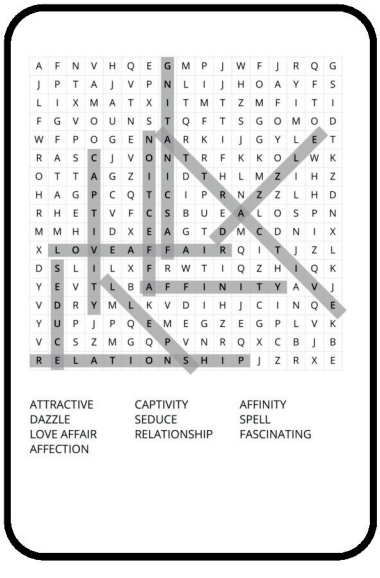


DELIRIUM
BOND
GLARE
AFFECTIONATE

FELL IN LOVE
SENSITIVITY
SENSUALITY

FELLOWSHIP
LINK
WARMTH

69

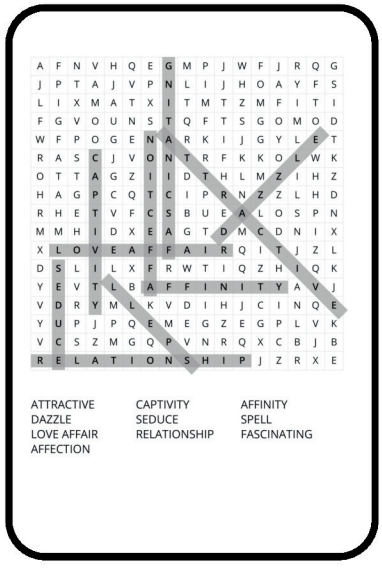


ATTRACTIVE
DAZZLE
LOVE AFFAIR
AFFECTION

CAPTIVITY
SEDUCE
RELATIONSHIP

AFFINITY
SPELL
FASCINATING

70

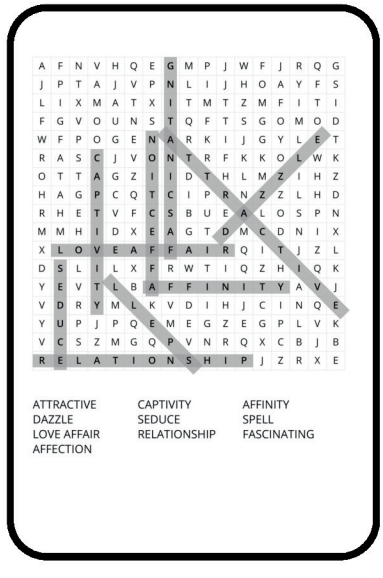


ATTRACTIVE
DAZZLE
LOVE AFFAIR
AFFECTION

CAPTIVITY
SEDUCE
RELATIONSHIP

AFFINITY
SPELL
FASCINATING

71



ATTRACTIVE
DAZZLE
LOVE AFFAIR
AFFECTION

CAPTIVITY
SEDUCE
RELATIONSHIP

AFFINITY
SPELL
FASCINATING

72

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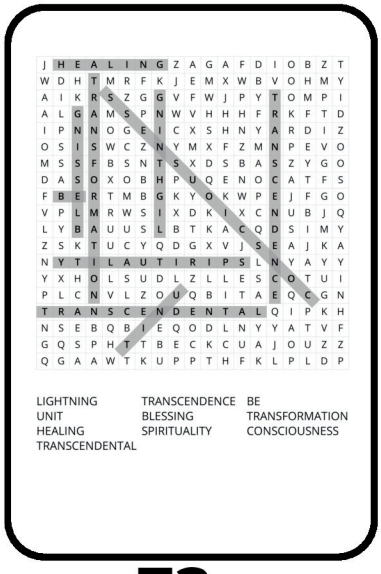
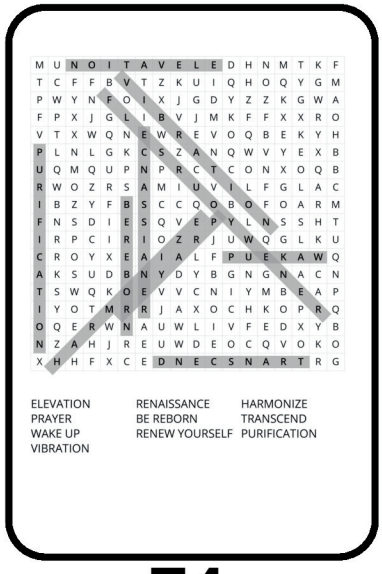


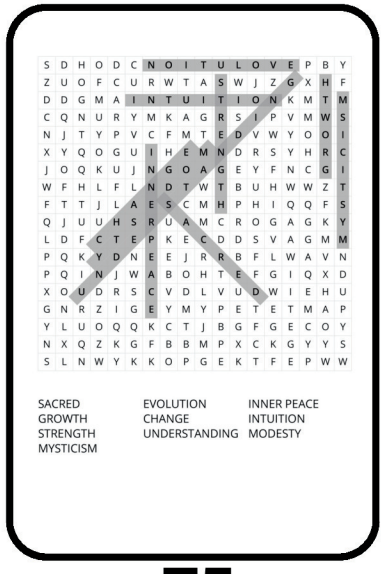
LIGHTNING
UNIT
HEALING
TRANSCENDENTAL
TRANSCENDENCE
BLESSING
SPIRITUALITY
BE
TRANSFORMATION
CONSCIOUSNESS

73



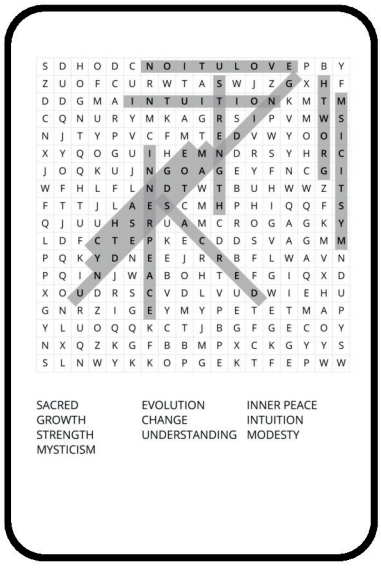
ELEVATION
PRAYER
WAKE UP
VIBRATION
RENAISSANCE
BE REBORN
RENEW YOURSELF
HARMONIZE
TRANSCEND
PURIFICATION

74



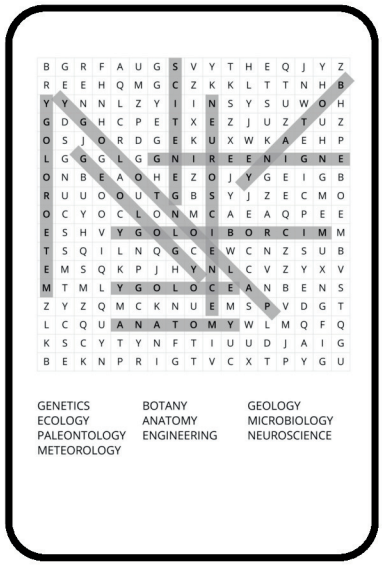
SACRED
GROWTH
STRENGTH
MYSTICISM
EVOLUTION
CHANGE
UNDERSTANDING
INNER PEACE
INTUITION
MODESTY

75



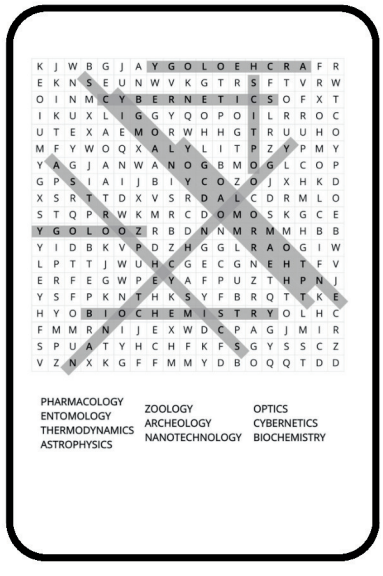
SACRED
GROWTH
STRENGTH
MYSTICISM
EVOLUTION
CHANGE
UNDERSTANDING
INNER PEACE
INTUITION
MODESTY

76



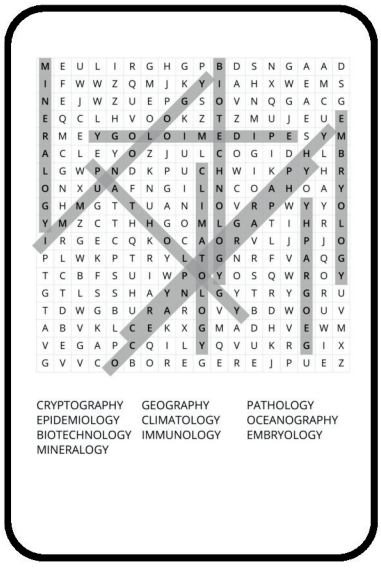
GENETICS
ECOLOGY
PALEONTOLOGY
METEOROLOGY
BOTANY
ANATOMY
ENGINEERING
GEOLOGY
MICROBIOLOGY
NEUROSCIENCE

77



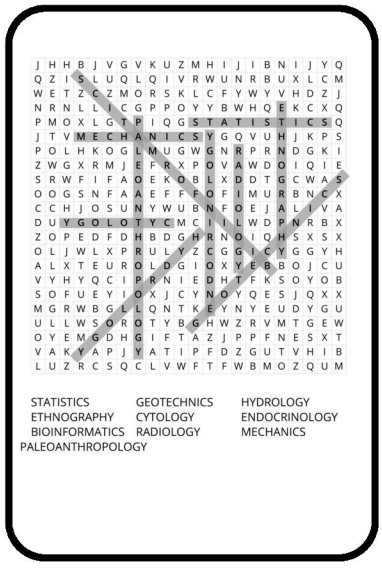
PHARMACOLOGY
ENTOMOLOGY
THERMODYNAMICS
ASTROPHYSICS
ZOOLOGY
ARCHEOLOGY
NANOTECHNOLOGY
OPTICS
CYBERNETICS
BIOCHEMISTRY

78



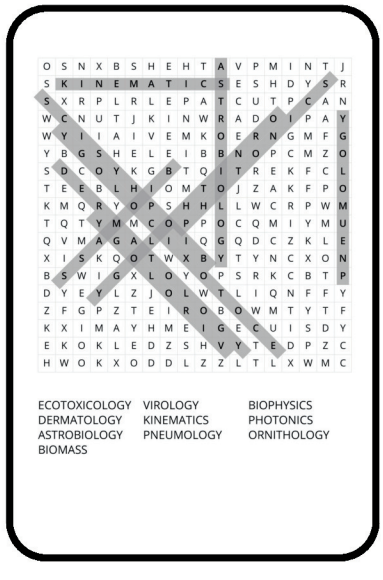
CRYPTOGRAPHY
EPIDEMIOLOGY
BIOTECHNOLOGY
MINERALOGY
GEOGRAPHY
CLIMATOLOGY
IMMUNOLOGY
PATHOLOGY
OCEANOGRAPHY
EMBRYOLOGY

79



STATISTICS
ETHNOGRAPHY
BIOINFORMATICS
PALEOANTHROPOLOGY
GEOTECHNICS
CYTOLOGY
RADIOLOGY
HYDROLOGY
ENDOCRINOLOGY
MECHANICS

80



ECOTOXICOLOGY
DERMATOLOGY
ASTROBIOLOGY
BIOMASS
VIROLOGY
KINEMATICS
PNEUMOLOGY
BIOPHYSICS
PHOTONICS
ORNITHOLOGY

81

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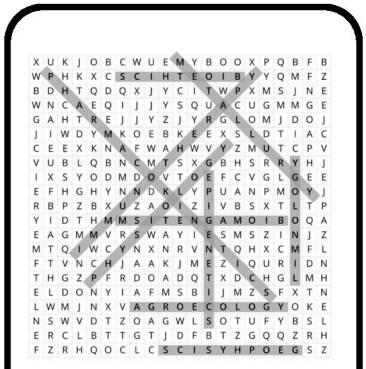
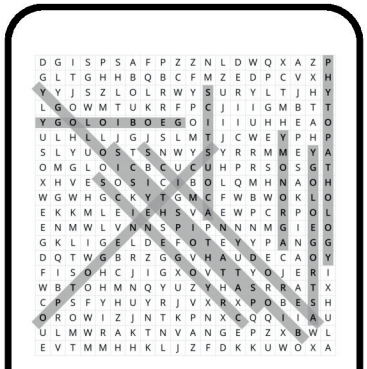


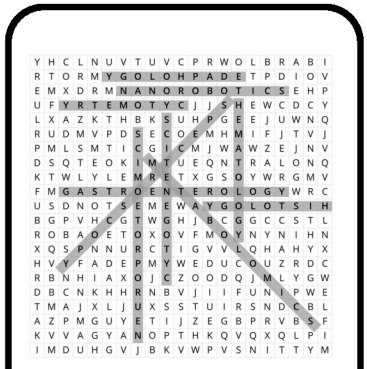
PHARMACOKINETICS
BIOETHICS
IMMUNOTHERAPY
GEOPHYSICS
BIOMAGNETISM
AGROECOLOGY
LIMNOLOGY
EPIGENETICS
PHYSIOLOGY
METALLURGY

82



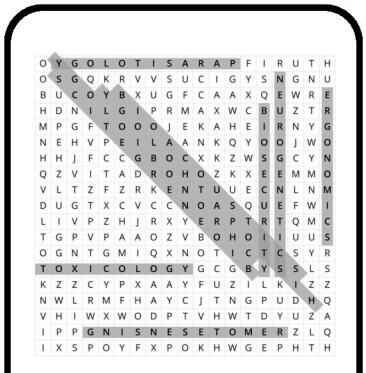
OPTOGENETICS
ASTROGEOLOGY
ACOUSTICS
PATHOPHYSIOLOGY
AERODYNAMICS
PHYTOPATHOLOGY
CRYOGENICS
AGRONOMY
BIOSTATISTICS
GEOBIOLOGY

83



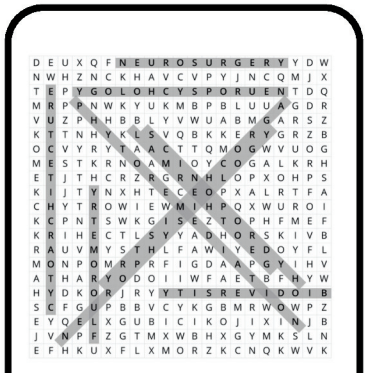
EDAPHOLOGY
CYTOGENETICS
HEMATOLOGY
NEUROPROTEOMICS
HISTOLOGY
NANOROBOTICS
CYTOMETRY
SPECTROSCOPY
GASTROENTEROLOGY
METABOLOMICS

84



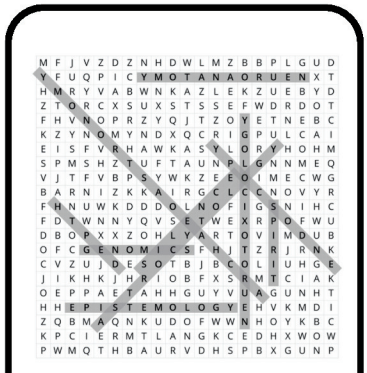
REMOTE SENSING
BIOENERGETICS
ERGONOMICS
PARASITOLOGY
BIOACOUSTICS
CHRONOBIOLOGY
HISTOPATHOLOGY
TOXICOLOGY
BIOSECURITY
NEUROGENETICS

85



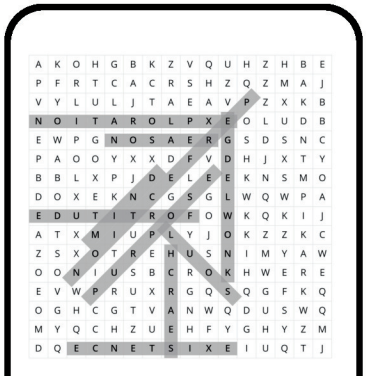
GEOTHERMAL
PHYTOREMERIATON
NEUROPSYCHOLOGY
CYTOARCHITECTURE
BIODIVERSITY
AGROCHEMISTRY
NEUROPHYSIOLOGY
HYDROPONICS
FLUOROMETRY
NEUROSURGERY

86



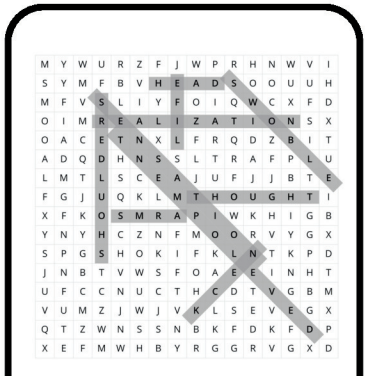
ASTROCYTOLOGY
ARCHAEOASTRONOMY
EPISTEMOLOGY
SILENCE
NEUROTOXICOLOGY
GENOMICS
SPIRIT
ENDOSCOPY
NEUROANATOMY
DEPTH

87



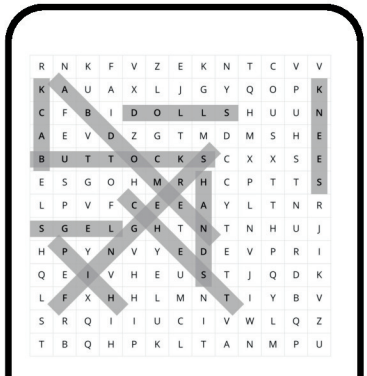
KNOWLEDGE
MIND
PURPOSE
PERFECTION
EXPLORATION
SOUL
REASON
EXISTENCE
FORTITUDE
SEARCH

88



DEVELOPMENT
REALIZATION
NECK
ELBOWS
THOUGHT
LIFE
SHOULDERS
SENSATION
HEAD
ARMS

89



DOLLS
CHEST
HIP
KNEES
HANDS
BACK
BUTTOCKS
FINGERS
ABDOMEN
LEGS

90

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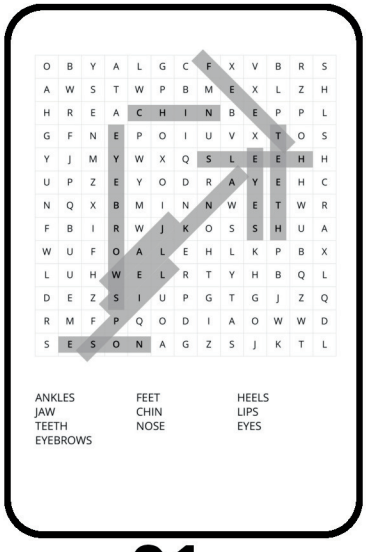
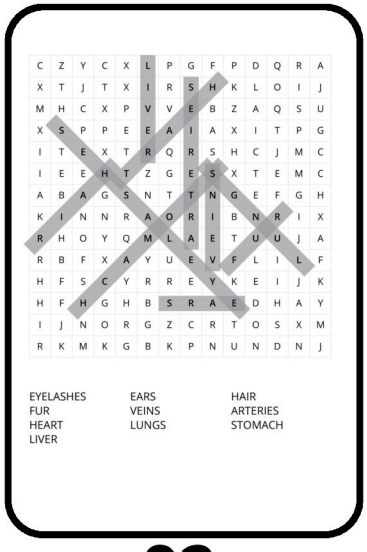


ANKLES
JAW
TEETH
EYEBROWS

FEET
CHIN
NOSE

HEELS
LIPS
EYES

91

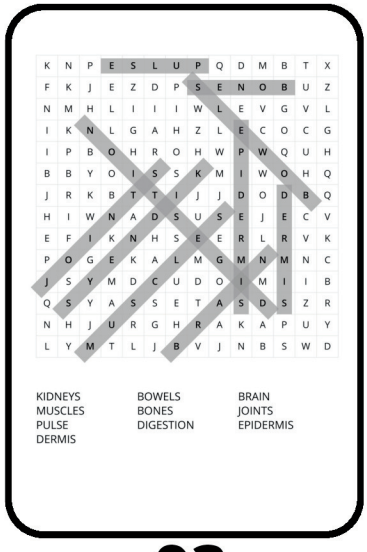


EYELASHES
FUR
HEART
LIVER

EARS
VEINS
LUNGS

HAIR
ARTERIES
STOMACH

92

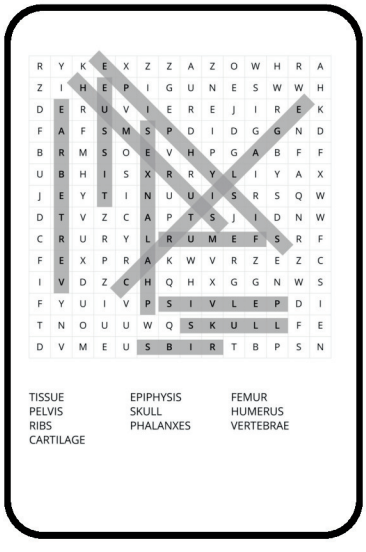


KIDNEYS
MUSCLES
PULSE
DERMIS

BOWELS
BONES
DIGESTION

BRAIN
JOINTS
EPIDERMIS

93

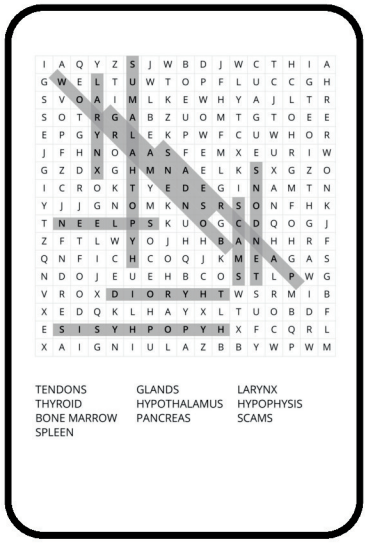


TISSUE
PELVIS
RIBS
CARTILAGE

EPIPHYSIS
SKULL
PHALANXES

FEMUR
HUMERUS
VERTEBRAE

94

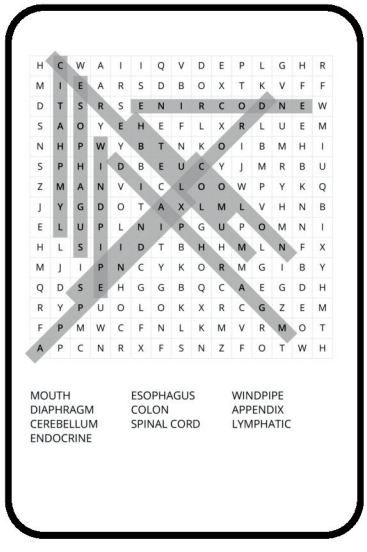


TENDONS
THYROID
BONE MARROW
SPLEEN

GLANDS
HYPOTHALAMUS
PANCREAS

LARYNX
HYPOPHYSIS
SCAMS

95

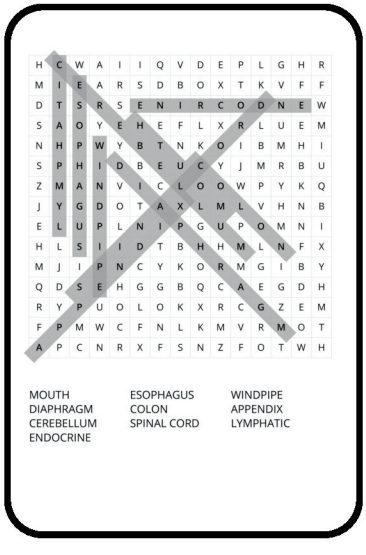


MOUTH
DIAPHRAGM
CEREBELLUM
ENDOCRINE

ESOPHAGUS
COLON
SPINAL CORD

WINDPIPE
APPENDIX
LYMPHATIC

96

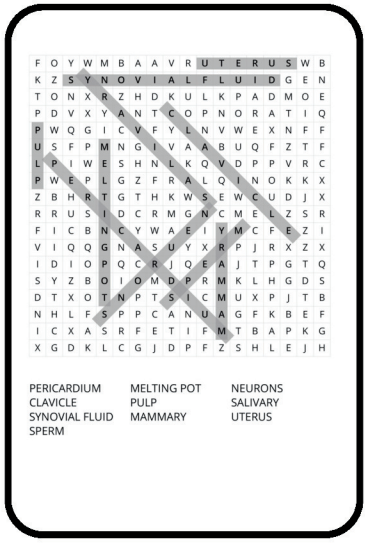


MOUTH
DIAPHRAGM
CEREBELLUM
ENDOCRINE

ESOPHAGUS
COLON
SPINAL CORD

WINDPIPE
APPENDIX
LYMPHATIC

97

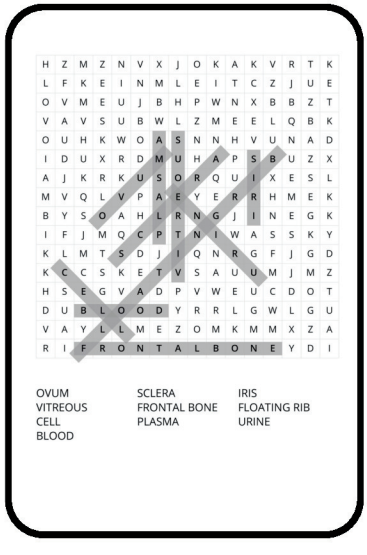


PERICARDIUM
CLAVICLE
SYNOVIAL FLUID
SPERM

MELTING POT
PULP
MAMMARY

NEURONS
SALIVARY
UTERUS

98



OVUM
VITREOUS
CELL
BLOOD

SCLERA
FRONTAL BONE
PLASMA

IRIS
FLOATING RIB
URINE

99

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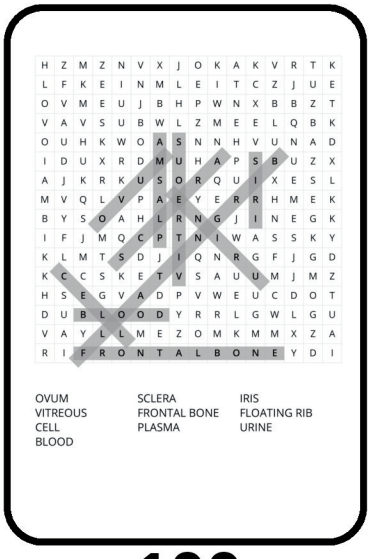
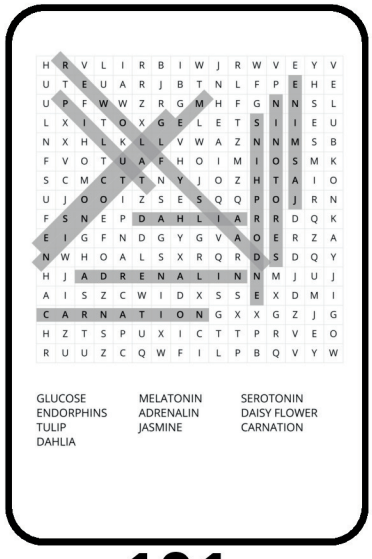


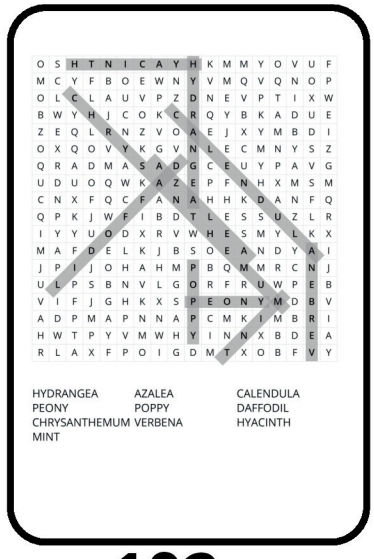
OVUM
VITREOUS
CELL
BLOOD
SCLERA
FRONTAL BONE
PLASMA
IRIS
FLOATING RIB
URINE

100



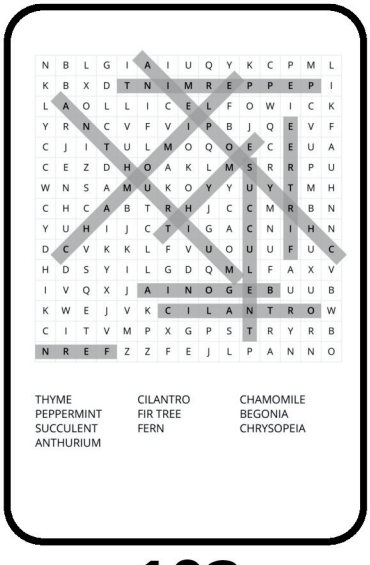
GLUCOSE
ENDORPHINS
TULIP
DAHLIA
MELATONIN
ADRENALIN
JASMINE
SEROTONIN
DAISY FLOWER
CARNATION

101



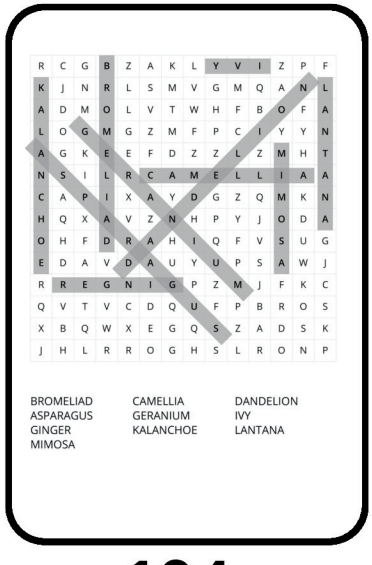
HYDRANGEA
PEONY
CHRYSANTHEMUM
MINT
AZALEA
POPPY
VERBENA
CALENDULA
DAFFODIL
HYACINTH

102



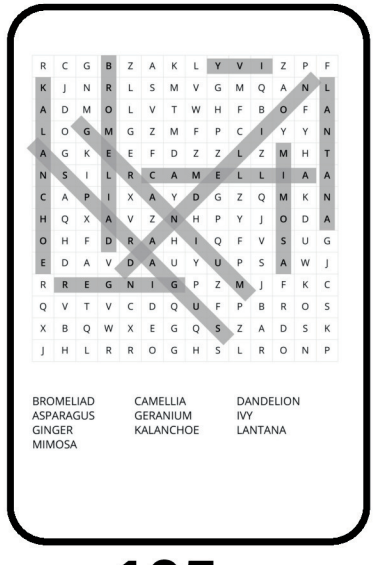
THYME
PEPPERMINT
SUCCULENT
ANTHURIUM
CILANTRO
FIR TREE
FERN
CHAMOMILE
BEGONIA
CHRYSOPEIA

103



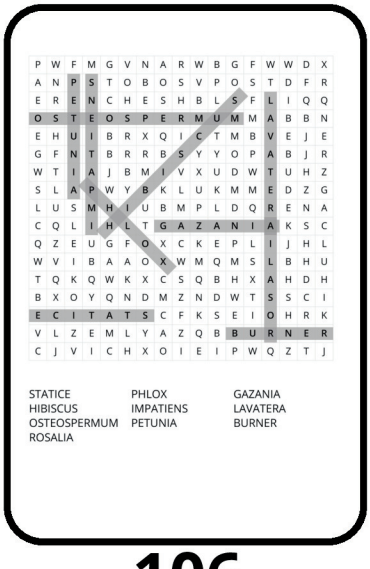
BROMELIAD
ASPARAGUS
GINGER
MIMOSA
CAMELLIA
GERANIUM
KALANCHOE
DANDELION
IVY
LANTANA

104



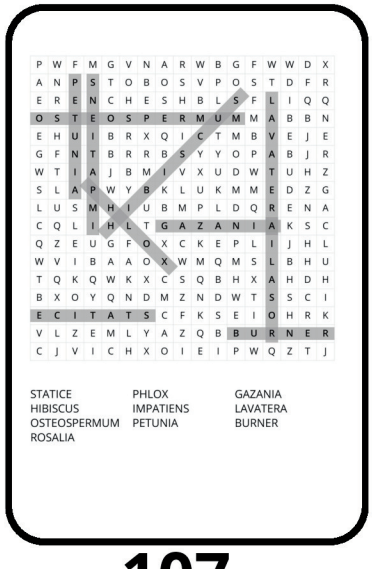
BROMELIAD
ASPARAGUS
GINGER
MIMOSA
CAMELLIA
GERANIUM
KALANCHOE
DANDELION
IVY
LANTANA

105



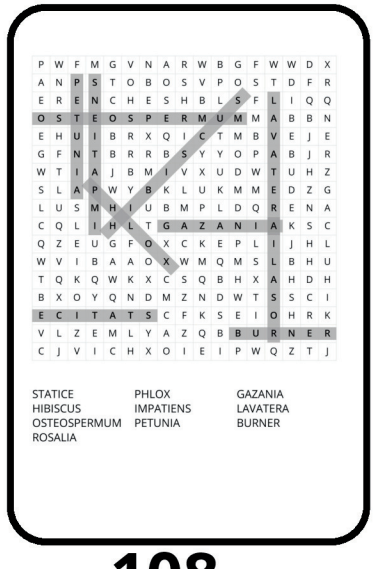
STATICE
HIBISCUS
OSTEOSPERMUM
ROSALIA
PHLOX
IMPATIENS
PETUNIA
GAZANIA
LAVATERA
BURNER

106



STATICE
HIBISCUS
OSTEOSPERMUM
ROSALIA
PHLOX
IMPATIENS
PETUNIA
GAZANIA
LAVATERA
BURNER

107



STATICE
HIBISCUS
OSTEOSPERMUM
ROSALIA
PHLOX
IMPATIENS
PETUNIA
GAZANIA
LAVATERA
BURNER

108

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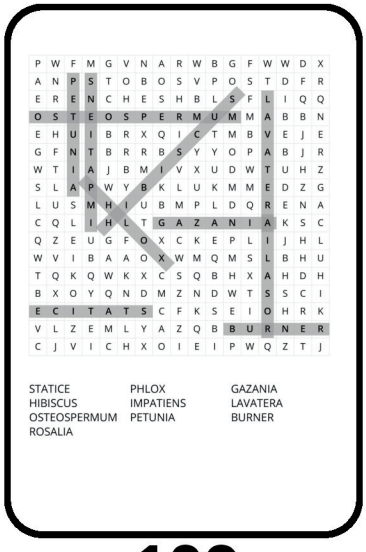
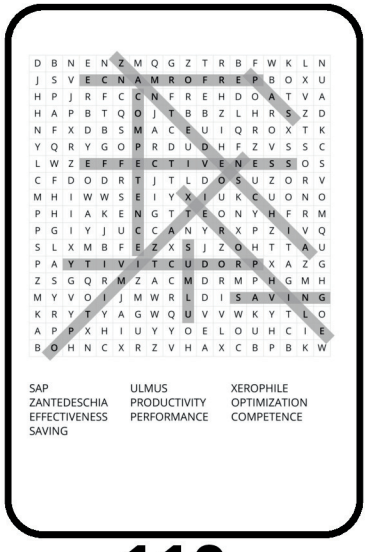


STATICE
HIBISCUS
OSTEOSPERMUM
ROSALIA
PHLOX
IMPATIENS
PETUNIA
GAZANIA
LAVATERA
BURNER

109

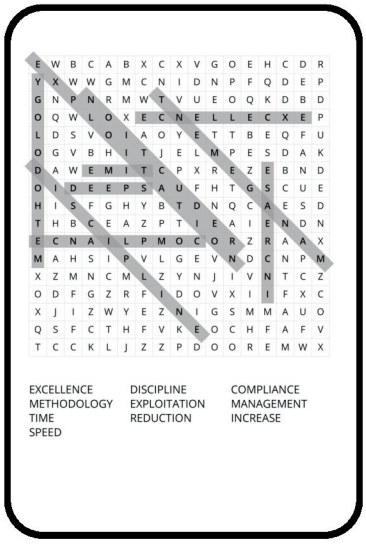


SAP
ZANTEDESCHIA
EFFECTIVENESS
SAVING
ULMUS
PRODUCTIVITY
PERFORMANCE
XEROPHILE
OPTIMIZATION
COMPETENCE

110

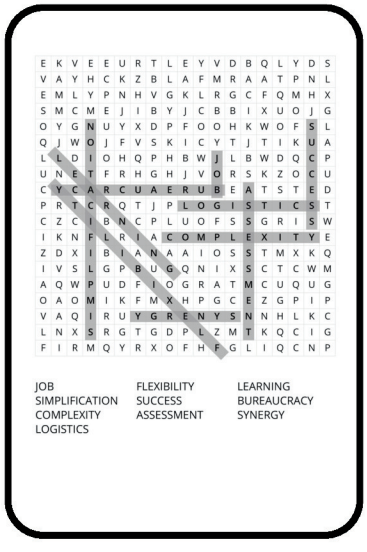
AGILITY
RESULTS
COORDINATION
SUSTAINABILITY
ORGANIZATION
QUALITY
PLANNING
PROACTIVITY
AUTOMATION
STRATEGY

111



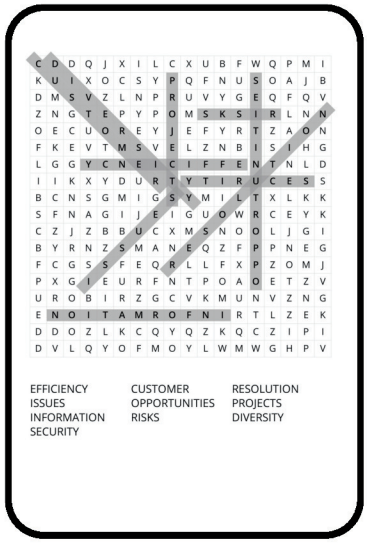
EXCELLENCE
METHODOLOGY
TIME
SPEED
DISCIPLINE
EXPLOITATION
REDUCTION
COMPLIANCE
MANAGEMENT
INCREASE

112



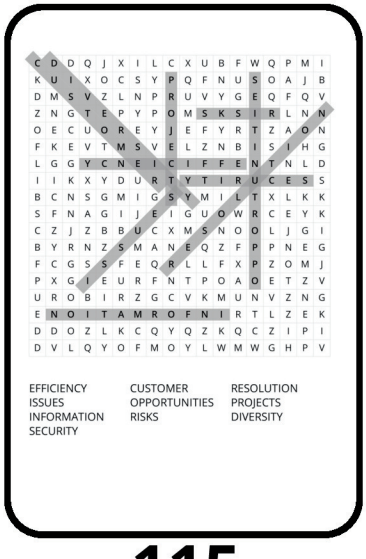
JOB
SIMPLIFICATION
COMPLEXITY
LOGISTICS
FLEXIBILITY
SUCCESS
ASSESSMENT
LEARNING
BUREAUCRACY
SYNERGY

113



EFFICIENCY
ISSUES
INFORMATION
SECURITY
CUSTOMER
OPPORTUNITIES
RISKS
RESOLUTION
PROJECTS
DIVERSITY

114



EFFICIENCY
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OPPORTUNITIES
RISKS
RESOLUTION
PROJECTS
DIVERSITY

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RICE
SALAD
HAMBURGER
FRUIT
PASTA
SOUP
CHICKEN
MEAT
PIZZA
VEGETABLES

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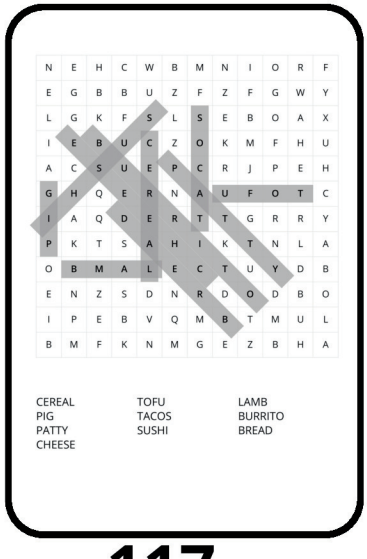

CEREAL
PIG
PATTY
CHEESE
TOFU
TACOS
SUSHI
LAMB
BURRITO
BREAD

117

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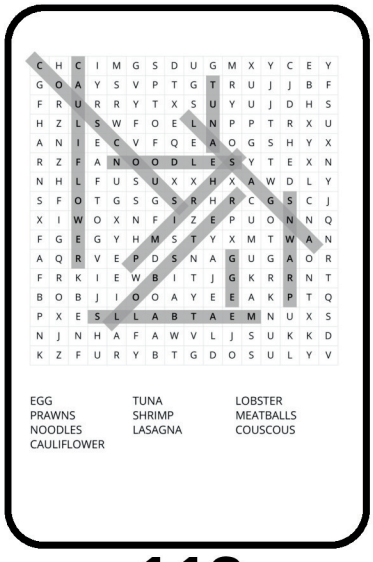
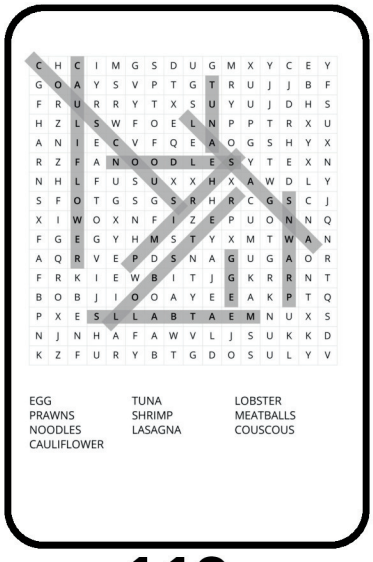


EGG
PRAWNS
NOODLES
CAULIFLOWER
TUNA
SHRIMP
LASAGNA
LOBSTER
MEATBALLS
COUSCOUS

118



EGG
PRAWNS
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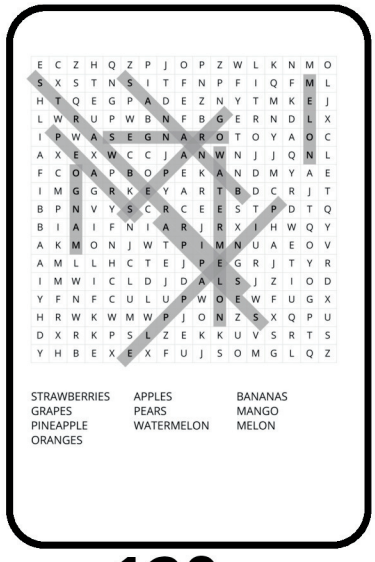
SHRIMP
LASAGNA
LOBSTER
MEATBALLS
COUSCOUS

119



STRAWBERRIES
GRAPES
PINEAPPLE
ORANGES
APPLES
PEARS
WATERMELON
BANANAS
MANGO
MELON

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NOTES

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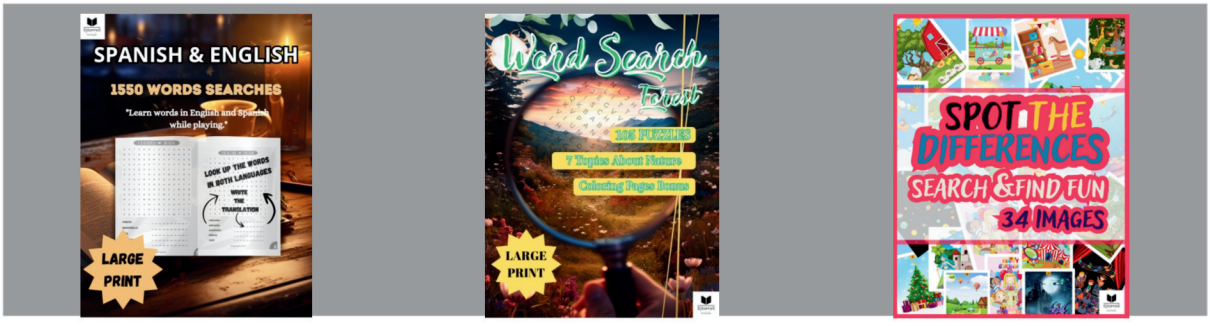
Recommended Books



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